Indian Gaming in the News About Nevada Treasures Another set of "treasures" **Developing History Leaders** (a)SHA Tunnel a 1930s engineering feat Farmers and Conservationists Working Together in the Colorado River Basin California Takes the Lead With New Climate Initiatives Rooftop Revolution: Changing Everything with Cost-Effective Local Solar **Protect Beautiful Lake Tahoe Bessie Minor Charitable Fund** Movies for your Collection Nevada Diabetes Association Updates Lab Tests Find Carcinogen in Coke and Pepsi California Takes the Lead With New Climate Initiatives Interior to signal preference on Klamath dams Cassidy "Chad" Williams

Iomc Monty Axe Williams

2nd Place Men's Southern Straight Cal State Powwow Long Beach California.

Janine Winnemucca

One week down and I literally survived the jungle.

You guys should hear the Howler Monkeys....they sound wicked and ruthless; like something is going to get you (stupid Hollywood). But once you see them, they are cute w/ their little curly tails and perfect black hands grasping for forage.

Felt like I was back on the rez the other night when my colleague wakes me and says, "Janine, I think the generator is on fire." LOL, minor glitch, but our Rio Bravo Rangers were quick to respond.

80's temp and chirping tonight.....the howling stopped, they must have moved to another part of the lagoon. Good night FBers!! OVER AND OUT.

INDIAN GAMING REVENUES RISE BY 1.3 PERCENT

Following a one-year slide, gaming revenues produced by the nation's Indian casino market grew 1.3 percent in 2010 to \$26.73 billion, the highest single-year figure ever produced by the segment of the American gambling industry. http://erj.reviewjournal.com/ct/uz3688753Biz12822942

American Indian tribes cautious on online gambling

LAS VEGAS — Leaders who run casinos for Indian tribes told regulators and companies on Tuesday that they won't support new laws involving online gambling unless it's clear how tribes nationwide will be affected. <u>Click here to read the full story...</u>

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http://www.lvrj.com/business/indian-tribes-concerned-about-state-efforts-on-online-poker-141720013.html

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# Lobbyist: Casinos want fair online gambling By OSKAR GARCIA The Associated Press

LAS VEGAS — A top lobbyist told more than 350 gambling regulators and operators Wednesday that commercial casinos want a fair shot for everyone when it comes to online gambling — not a leg up over state lotteries, American Indian tribes and others jockeying to be first in line.

Though many officials across various sectors of the gambling world think Americans will somehow be able to gamble online someday, nobody knows exactly when or how that will happen — or who will offer the games.

The uncertainty and variety of possible legislative maneuvering has underscored divisions, but CEO Frank Fahrenkopf of the American Gaming Association said Wednesday that the betting world doesn't need to be split.

"I try to tell our lottery friends this all the time ... that every form of legal gaming must be treated the same and fairly," Fahrenkopf said. "No one gets a leg up on anybody else. That's been our position all the way through."

But he conceded that he doesn't think state lotteries believe him.

"Their view is that the casino industry is trying to screw them," he said.

While there's no full consensus, commercial casinos led by Fahrenkopf's group have been pushing for a federal law to legalize online poker. State lotteries have been largely against a nationwide law, worried that Internet wagers run by competitors could take away from lottery sales and therefore revenues used to fund education and other initiatives. State laws would force commercial casino companies to compete in multiple jurisdictions as likely underdogs to more politically connected lottery organizations and tribes.

Tribes are widely split on what to do, but are overall looking to fiercely protect one of few means to producing wealth for their people.

Fahrenkopf said in an interview after his remarks that he thinks casino companies would be fine competing state by state.

"We're not there yet," he said."

Fahrenkopf's unusually animated comments came at the start of the Gaming Laboratories International Rountable in Las Vegas, where tribal and state regulators from Canada, Curacao, Puerto Rico and 32 U.S. states, including California, Arizona, Texas, Iowa and New York were in attendance.

Fahrenkopf said the only way to be fair to all is to pass a federal bill that in part shuts down some 2,000 websites that currently offer illegal online gambling to Americans.

"Tribes are never going to agree that they've got to go to a state government to get approval to run something, so you have to have the federal government involved to be the agency to work with tribes on licensing and regulation," he said. "So you need a federal presence."

He said that while arguments can be made for legalizing all casino games online, including blackjack and slots, trying for more than poker would make any bill lose key support in Congress.

Fahrnekopf said his group is holding out for a proposal that can best please everyone, but it'll be tough to pass a law before the November elections given campaigning and posturing between Republicans and Democrats in Washington.

### **About Nevada Treasures**

We are looking for YOUR ideas for Nevada's Treasures. We all have them – those favorite restaurants and shops that we want the world to know about. That funky little coffee house that has karaoke on Fridays, or that certain bend in the river where the trout are the fattest and the trees are the shadiest. We know you have a favorite art gallery with a vibe you want to share with all your friends. We also know that every local knows THE place to order the juiciest hamburger, thickest milkshake, or most authentic fare.

Treasures will be identified for each of Nevada's six territories: Reno-Tahoe, Cowboy Country, Pony Express, Nevada Silver Trails, Las Vegas, and Indian Territory. Go ahead and nominate multiple treasures in multiple territories – the more the merrier!

Nominate your treasure here, and let your fellow Nevadans vote on it. Nominations are open through March 16, then the real fun begins. Vote and get your friends to vote through March 25 for the first round of eliminations. The top 20 treasures in each territory will then go on to round two, and voting will continue through April 8. We'll whittle the nominations down through three more rounds of voting, which will end May 13 with the winners announced May 15.

We believe in a democratic process, the treasure with the most votes in each territory wins. But hey, we never said you can't vote more than once. Vote early and vote often, as they say. You don't even have to be 18!

Do we need to sweeten the pot? Ok, so we'll put together discount travel packages featuring each of the winning treasures. That's right, we'll make it even easier for every Nevadan to visit the places they decide are the winning Treasures.

So check the website often to see how your favorite treasure is faring, and vote, vote!

Have fun!Sherry L. Rupert, Chairwoman, Nevada Indian Territory,State of Nevada Indian Commission, 5366 Snyder Ave., Carson City, NV 89701Phone: (775) 687-8333Fax: (775) 687-8330E-Mail: <a href="mailto:srupert@nic.nv.gov">srupert@nic.nv.gov</a>Website: <a href="mailto:www.nic.nv.gov">www.nic.nv.gov</a>

PS Here is the link to <u>nominate</u> your Nevada Treasure within Indian Territory: <u>http://</u> <u>travelnevada.com/discover/</u>. Click on "Indian Territory," then on "Vote Here" and then, if you don't see your Nevada Treasure listed, click on "Nominate a Treasure Now."

Remember, voting does not begin until March 19<sup>th</sup>, but make sure your Nevada Treasure has been nominated.

Another set of "treasures": http://www.losttreasure.com/content/archives/state-treasures-nevada

# **Developing History Leaders @SHA**

The field of public history is experiencing rapid and major change, and a new generation of leaders will soon be stepping up to set the course for the future of America's history organizations.

Do you want to:

- Play a greater role in your institution and the field?
- Improve yourself as a leader?
- Help shape the future of public history?

For over 50 years, the Seminar for Historical Administration has provided an intensive residential professional development experience for history professionals.

Applications for the SHA Class of 2012 are due May 21.

We are seeking leaders at all levels – executive directors, curators, educators, archivists, historians, interpreters, marketing and development professionals, and others – who want to improve their knowledge and skills, who want to become better leaders in their own institutions, and who are ready to be part of the larger network of history leaders around the country.

At the Seminar for Historical Administration (SHA) you will have an opportunity to examine and discuss issues facing the practice of public history with some of the most experienced and knowledgeable leaders in the field.

What SHA Graduates are saying:

"In midcareer, it often seems a mystery how the leaders of the field got from where we are to where they are - how they developed their scope of knowledge about administration, purpose, and the issues of public history. SHA demystifies this process concentrating years' worth of mentorship into a rich, intensive three weeks. Nowhere else will the midcareer professional find

the breadth and strong grounding in leadership basics in such an efficient package." - Michelle Moon, Class of 2007, Assistant Director of Education for Adult Programs, Peabody Essex Museum

For more information visit the SHA Website!

Dates: Class of 2012 October 27 - November 17 Indianapolis, Indiana

Apply Today! Please email Bob Beatty at <u>beatty@aaslh.org</u> with your intent to apply for SHA. For more information visit the <u>SHA Website</u>

Questions? Contact Bob Beatty, VP for Programs 615-320-3203 beatty@aaslh.org

1717 Church Street, Nashville, TN 37203-29911615-320-32031 Fax: 615-327-9013 E-Mail: <u>membership@AASLH.org</u>1©2009 AASLH

Tunnel a 1930s engineering featMaura Ammenheuser, Press-EnterpriseThe 242-mile Colorado River aqueduct delivers water from the river's Lake Havasu to<br/>Lake Mathews in Riverside County, supplying water to millions of Southern<br/>Californians.

A portion of it runs beneath Mount San Jacinto. Tunneling the pipeline through the mountain during the Great Depression was a historic event, in terms of drama as well as engineering.

**Farmers and Conservationists Working Together in the Colorado River Basin** Jennifer Pitt, National Geographic

Irrigation of crops – our food – is one of the most important uses of the water from rivers in the Colorado River Basin. From the hay and alfalfa grown for cattle high in the headwaters of Wyoming and Colorado, to sprawling lettuce fields in Southern Arizona, agriculture uses more than 80 percent of the basin's water.

Irrigated agriculture is a vital part of the culture, economy, and landscape of rural communities throughout the region. But with increasing population pressure, the looming threats of deeper, longer droughts, and aging infrastructure, irrigated agriculture faces an uncertain future.

Now, as Colorado River Basin stakeholders contemplate possible solutions to long-term shortfalls in the balance between water supply and demand, a group of agricultural and conservation organizations have joined efforts in a ground-breaking new coalition. The Western Agriculture and Conservation Coalition's goal is to advocate for balanced management of resources, including water, in the rural West.

Rooftop Revolution: Changing Everything with Cost-Effective Local Solar | Energy Self Reliant States

energyselfreliantstates.org

With the cost of solar power plunging and retail electric prices rising, 100 million Americans in the nation's largest cities will be able to "go solar" for a lower price than grid electricity in the next ten years. Seizing this opportunity requires rethinking electricity policy and planning even w...

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## **Protect Beautiful Lake Tahoe**

In the coming months the Forest Service will release a new management **plan for Lake Tahoe that will be a road map** for how we confront issues such as damaging erosion, invasive species, fire management, and sustainable recreation in the future.

This will be our chance to **permanently safeguard the things that make Tahoe great** -beautiful forests and mountains, clean air and water, abundant wildlife, and a thriving recreation and tourism industry.

The final Lake Tahoe Basin management plan will also set an important precedent by determining how other unique places in the Sierra Nevada are managed.

Sign up today and you'll be helping to protect Lake Tahoe and communities and wild places throughout the Sierra Nevada!

There are a lot of fun and rewarding opportunities for you to get involved in, from social events and outings to advising on the draft plan and writing a letter to the editor of your local paper. There is something for everyone.

<u>Getting involved is easy! Just tell us what you are interested in and we will plug you into opportunities in your area.</u>

Lake Tahoe is a one of a kind place and together we can safeguard it for future generations to enjoy. **Will you join us?** 

Thanks for all you do for Lake Tahoe, Lake Tahoe Basin Campaign, Sierra Club

## **Bessie Minor Charitable Fund**

**Our Mission:** Contribute to an informed and active citizenry by supporting programs that promote literacy and educational enrichment within communities served by Swift Communications.

Examples include programs that promote:

- Literacy, reading and writing skills
- Programs in the arts, languages and sciences

### Now Accepting Submissions

Applications for 2012 will be accepted starting on January 1, 2012. The deadline for receipt of applications will be April 1, 2012.

Bessie Minor Charitable Fund, 807 Shore Pine Court, Fort Collins, CO 80525-4848 Alternatively, applications may be e-mailed to <u>grants@bessieminor.org</u>. Questions concerning the application form or grant eligibility should be directed via e-mail to the Fund at <u>grants@bessieminor.org</u>.

The deadline for submitting an application is April 1 (postmark or receipt of an e-mailed application). All applicants will be notified by e-mail either that your application has been declined or approved by May 1. In some cases, a telephone conference may be scheduled as part of the review process.

The Fund will consider applications for grants requesting a minimum of \$500 and a maximum of \$2,500.

For those of you wishing to expand your collection or include in a Library Grant Proposal, you may wish to consider the following: Website: http://salemfilmfest.com/2012/wp-content/uploads/2012/02/sff12-program-web-1.pdf

Contact: Mary Beth Bainbridge (978-745-9500 x3173; Mary Beth Bainbridge@pem.org)

# WE STILL LIVE HERE: ÂS NUTAYUNEÂN Directed by Anne Makepeace 56 min - USA

In 1994 Jessie Little Doe Baird, an intrepid, thirty-something Wampanoag social worker began having recurring dreams: familiar-looking people from another time addressing her in an incomprehensible language. Jessie was perplexed and a little annoyed—why couldn't they speak English? Later, she realized they were speaking Wampanoag, a language no one had used for more than a century. These events sent her and members of the Aquinnah and Mashpee Wampanoag communities on an odyssey that would uncover hundreds of documents written in their language, lead Jessie to a Masters in Linguistics at MIT, and result in something that had never been done before—bringing a language alive again in an American Indian community after many generations with no Native speakers.

# BURY THE HATCHETDirected by Aaron Walker86 min - USA

A look at the unique and endangered culture of New Orleans told through a portrait of three Mardi Gras Indian Chiefs. Descendants of runaway slaves given harbor by the Native Americans in the bayous of Louisiana, these practitioners of a hundreds-years old tradition sew elaborate costumes resembling those of the Indians, parading through the streets on Mardi Gras while singing traditional songs. We experience the vulnerability of the black community in New Orleans—from the destruction of middle class African-American neighborhoods to make way for an interstate highway, to the violence that once defined their culture, and finally the devastation following Hurricane Katrina. The Chiefs pass on their traditions, teach the craft of sewing and song, and serve as leaders in their communities.

# SKYDANCER Directed by Katja Esson 75 min - USA via Germany

An inside look at the breathtaking and dangerous world of Mohawk sky walkers. For six generations these specialized ironworkers have raised America's cityscapes from The Brooklyn

Bridge to the World Trade Center to the new Yankee Stadium, building highways over boroughs, and weaving carpets of steel across rivers. They are famous for being able to walk—and work—on steel beams just a foot wide at spectacular heights. We follow two legendary sky walkers, now in their forties, during a pivotal year. From the fragile hierarchy atop high steel to life on the Reservation, the film gives a fresh perspective on Native Americans as working Americans. Jerry McDonald Thundercloud and Sky Fox struggle with the same issues as other blue-collar men, but with the challenges and gifts of being Mohawk, and the special stresses of working on the high steel.

### SMOKIN' FISH Directed by Luke Griswold-Tergis & Cory Mann 81 min - USA

Cory Mann is a quirky Tlingit businessman hustling to make a dollar in Juneau Alaska. He gets hungry for smoked salmon, nostalgic for his childhood, and decides to spend a summer smoking fish at his family's traditional fish camp. The unusual story of his life and the untold history of his people interweave with the process of preparing traditional food as he struggles to pay his bills, keep the IRS off his back, and keep his business afloat. By turns tragic, bizarre, or just plain ridiculous, SMOKIN' FISH tells the story of one man's attempts to navigate the messy zone of collision between the modern world and an ancient culture.

### **Nevada Diabetes Association**

March is National Kidney Month. Learning how to reduce your risk of Chronic Kidney Disease that can lead to End Stage Renal Failure. CKD is a serious complication that can result from diabetes. New drugs to combat this condition are in the pipeline to improve outcomes.

<u>Concert Pharmaceuticals Initiates Phase 2 Clinical Trial Evaluating CTP-499 for the</u> <u>Treatment of Dia</u>betes eon.businesswire.com The ABC's of Diabetes

### Make your reservations EARLY for our Reno May 5 and Las Vegas May 19 Program

You won't to miss our ABC's of Diabetes Free Education program where you can get all your questions answered. Our outstanding panel of physicians include, Daniel Caruso, M.D. Naresh Singh, M.D., Johnathan Spivick, M.D., and Kenneth Grant, M.D.,

Topics that will be covered are the relationships between diabetes, heart, disease and stoke, the effects of smoking, the connection between diabetes, depression, dementia and Alzheimer's and Diabetes Peripheral Neuropathy. The American Heart and American Lung Associations will be on hand to provide additional information.

Lunch is included and there will be drawings for some outstanding gifts. This program is free and open to the public. Reservation are a must. To make your early reservations call 775-856-3839 or 1-800-379-3839 or email <u>ndaca@diabetesnv.org</u> Diabetes In The News

**Fourth-Grader's Diabetic Alert Dog Will Be Life-Changer** PLUM, Pa. -- A fourth-grade elementary school student from Plum is about to get a new four-legged friend that will be a life-

changer in helping her manage her diabetes. Read more

#### FDA adding diabetes, memory loss warnings to statins

(Reuters) - U.S. health regulators will add warnings to the labels of widely used cholesterol lowering drugs, such as Lipitor, saying they may raise levels of blood sugar and could cause memory loss. <u>Read more</u>

**Melatonin and Diabetes**: We've seen a great deal of research that indicates a strong link between sleep disorders and Type 2 diabetes. Now there's evidence that this link may be genetic. A new study reveals scientists have found a relationship between a gene associated with the "sleep hormone" melatonin, and the risk of developing Type 2 diabetes. Read more

# **CAMP REGISTRATION IS OPEN**

### Camps fill up quickly so be sure to register early.

April 2-6 -LV- Camp Vegas (currently we have a waiting List) May 5, Sacramento Lions day camp-June 8-10 - Portola - Camp Kaiser- for members of Sacramento Kaiser system. August 5-11 Portola - Camp Buck-Sept 28-30 - Portola Teen camp-Northern IC trip- oct 26 LVIC trip- oct 26

Stay turned for addition camp and Injection connection dates. Keep up to date on all our camp programs. Visit our website and our <u>Facebook page</u>. It's going to be a great camp season.

Contact Us NDA and CDA, 1005 Terminal Way, Suite 170, Reno, NV. 89502 Phone: 775-856-3839 or 800-379-3839 Fax 775.348-7591 <u>ndaca@diabetesnv.org</u>

NDACA In Las Vegas, PO Box 750688, Las Vegas, NV 89136 Phone: 702-364-5604 or 1-800-379-3839 cochal@diabetesnv.org

### Lab Tests Find Carcinogen in Coke and Pepsi

By Center for Science in the Public Interest 07 March 12

ew chemical analyses have found that Coca-Cola, Pepsi-Cola, Diet Coke, and Diet Pepsi contain high levels of 4-methylimidazole (4-MI), a known animal carcinogen. The carcinogen forms when ammonia or ammonia and sulfites are used to manufacture the "caramel coloring" that gives those sodas their distinctive brown colors, according to the Center for Science in the Public Interest, the nonprofit watchdog group that commissioned the tests. CSPI first petitioned the FDA to ban ammonia-sulfite caramel coloring in February 2011.

CSPI today reiterated its call to the Food and Drug Administration to revoke its authorization for caramel colorings that contain 4-MI, and in the interim to change the name of the additive to

"ammonia-sulfite process caramel coloring" or "chemically modified caramel coloring" for labeling purposes.

"Coke and Pepsi, with the acquiescence of the FDA, are needlessly exposing millions of Americans to a chemical that causes cancer," said CSPI executive director Michael F. Jacobson. "The coloring is completely cosmetic, adding nothing to the flavor of the product. If companies can make brown food coloring that is carcinogen-free, the industry should use that. And industry seems to be moving in that direction. Otherwise, the FDA needs to protect consumers from this risk by banning the coloring."

CSPI collected samples of Coca-Cola, Pepsi-Cola, Diet Coke, Diet Pepsi, Dr Pepper, Diet Dr Pepper, and Whole Foods 365 Cola from Washington, D.C.-area stores. Pepsi's products had 145 to 153 micrograms (mcg) of 4-MI in two 12-ounce cans. Regular Coca-Cola had 142 mcg per 12 ounces in one sample and 146 mcg in another. Diet Coke had 103 mcg per 12 ounces in one sample and 113 mcg in another.

To put those levels into context, the state of California has a 29-microgram benchmark for 4-MI. Levels above that in a serving of food or beverage may be required to bear a warning notice. Based on California's risk model, CSPI estimates that the 4-MI in the Coke and Pepsi products tested is causing about 15,000 cancers in the U.S. population.

While federal law bans food additives that cause any number of cancers, the FDA has an exception for contaminants of food additives, for which it tolerates a lifetime risk of one cancer in one million people. Three of four samples of Dr Pepper or Diet Dr Pepper that CSPI tested had low levels of 4-MI, with about 10 mcg per 12 ounces. But even those levels pose a cancer risk of seven in one million-seven times greater than what FDA allows. The lower levels in those three samples indicate that it is possible to lower, if not eliminate, the amount of 4-MI.

Pepsi told CSPI that it has switched to a coloring in California that contains much less 4-MI and plans to do the same in the rest of the country.

"When most people see 'caramel coloring' on food labels, they likely interpret that quite literally and assume the ingredient is similar to what you might get by gently melting sugar in a saucepan," Jacobson said. "The reality is quite different. Colorings made with the ammonia or ammonia-sulfite process contain carcinogens and don't belong in the food supply. In any event, they shouldn't be obscured by such an innocuous-sounding name as 'caramel coloring.'"

As troubling as the new test results are, CSPI says soda drinkers should be much more concerned about the high-fructose corn syrup or other sugars used in soft drinks. Soda drinkers are much more likely than non-soda drinkers to develop weight gain, obesity, diabetes, and other health problems.

A response: +8 # James 38 2012-03-08 00:07 You want to be healthy?

Don't drink any sodas or sugar based drinks that have a little juice in them.

Don't consume beverages or foods that contain High Fructose Corn Syrup, artificial colors or flavors.

Don't use any artificial sweeteners. If you want a low calorie sweetener, use Stevia or Xylitol or a mixture of them. They are natural and harmless.

Don't eat white flour, especially bleached white flour, white rice, white sugar. Eat whole grain rice (brown rice) and whole grains in general.

Don't eat any hydrogenated or partially hydrogenated oils. Don't eat cottonseed oil and avoid palm oil.

Don't eat processed meat products or bacon that have nitrite or nitrate preservatives. Avoid foods that have any preservatives.

Avoid GMO foods. Corn which grows its own pesticides is toxic.

Don't take ant-acids or tylenol (ibuprofin). If you need an aspirin, take a half a tablet. Eat less and drink less alcohol, and you will not need these.

This is just a starter toward a healthy diet. However, just by following these guidelines you will be much more likely to be healthy.

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California Takes the Lead With New Climate Initiatives; Long ahead of the rest of the U.S. on environmental policy, California is taking bold steps to tackle climate change — from committing to dramatic reductions in emissions, to establishing a cap-and-trade system, to mandating an increase in zero-emission vehicles. The bottom line, say state officials, is to foster an economy where sustainability is profitable.

### By Mark Hertsgaard, Yale Environment 360

California, long America's environmental trendsetter, is about to push the envelope once again. On May 1, the state will hear from some of the nation's largest insurance companies about the financial risks climate change poses, not only to the companies but also to their customers and investors.

## Interior to signal preference on Klamath dams

Tim Heardon, Capital Press

Though U.S. Interior Secretary Ken Salazar won't be making a formal determination on the Klamath dam removal project, the government will still tip its hand later this spring.

## **Cassidy Williams**

Services for Cassidy "CHAD" Williams~ Wednesday night visitation in Yerington, from 6-8 @ the Funeral home. Funeral will be Thursday March 15, 2012 11 am @ the Tribal Gym in Schurz. Burial @ Schurz Cemetary by our mom, with Meal @ Tribal gym to follow. Food donations will be greatly appreciated.