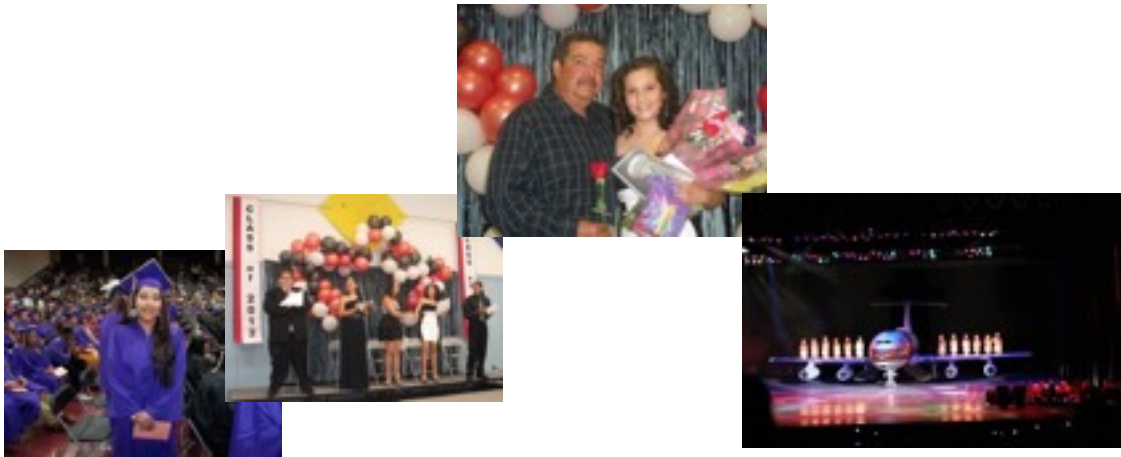


Journal2609 from sdc 6.8.12

*Sarah Winnemucca at Olli
Indigenous Women Network
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Columbus's discovery of America brought new foods*



CONGRATULATIONS TO ALL 2012 GRADUATES

FROM HEADSTART TO THOSE WITH ALL THE FUNNY LETTERS

“You have been given a flashlight. Shine it into the corners.” -- Gwen Ifill

Hope some of you got to listen to the NPR/Talk of the Town discussion on tribal membership, enrollment, etc yesterday.

Iomc Monty Axe Williams

Another reminder for hand drum singers, my program is working with Yerington Paiute Tribe to do a Youth conference. We are looking for drummers to come share their songs in a round dance session on the 12th evening from 7pm to 10pm. Sorry this is a volunteer

thing. Please help out the young people. So far we have 60 signed up so far.. It will be at the tribal administration. Hope to see you all there.

University of Nevada, Reno | Extended Studies www.oli.unr.edu

Sarah Winnemucca

Wednesday, July 11 1-2:30 p.m.

Presenter: Sheryl Hayes-Zorn, acting director, Nevada Historical Society

We will learn about important Native American Sarah Winnemucca as we watch two videos from the Exploring Nevada series. These videos are companion pieces on the story of Sarah Winnemucca and the creation of her statue for the state of Nevada in the Hall of Statues in Washington D.C.

Sheryl Hayes-Zorn will discuss the importance of Sarah Winnemucca in Nevada's early history and follow up with a question and answer period.

Indigenous Women Network

Signature Programs

The Women's Gathering - The Strength of IWN since 1985 when the first gathering was held at Yelm, Washington, the Women's Gathering has been the strength of IWN giving direction to our organization. The Gathering is held at the community level and brings together between 100-200 Indigenous Women from across the Americas. Marking IWN twenty second year anniversary, we have scheduled the next gathering in 2008 to be held in Austin, Texas at Alma de Mujer. The gathering will be an opportunity to celebrate and evaluate 22 years of Indigenous women's leadership, honor our founders, identify the continuing needs of our constituency, and receive critical guidance from our communities for our work in years to come.

Indigenous Woman - The Face of IWN is the only magazine in existence that is written by, for and about Indigenous women. The magazine increases Native and non-Native understanding of issues affecting Indigenous peoples, and provides a basis for cultural and political exchange. A major focus of IWN over the next year will be to streamline the production and expand the reach of the magazine.

Alma de Mujer - Home of IWN since 1996 when the property was donated to the Indigenous Women's Network. Alma has provided IWN with office and program space and has operated as a non profit meeting and retreat centre where Indigenous people from the Austin community and progressive organizations could gather to re-energize and continue their work promoting social change. Programs offered at Alma include an Indigenous Youth Cultural Arts Program and a Sustainable Communities Program. This year we will be adding an Artist in Residence program. IWN is committed to maintaining the environmental integrity of the land and taking the utmost care and having respect for the part of our Mother Earth that has been entrusted to us. The focus on Alma this year will be twofold: a) development of a business plan to ensure the financial sustainability and b) a land management plan to ensure that the land will be taken care of in a way that honors our Mother earth and that is in keeping with our vision, mission and the wishes of our Founding Mothers.

The Emerging Activist Leadership Program - IWN Flagship Program since 1998 provides an internship opportunity that takes place over the course of a year to five Indigenous women

leaders. The program will prepare these five Indigenous women to lead the organization in the future by mentoring them to become leaders in the movement for a greater empowerment of Indigenous women, and for the preservation of Indigenous values and culture throughout the world.

- [Alma de Mujer Center for Social Change](#) (9 items)
- [Emerging Activist Leadership Program](#) (1 items)
- [Indigenous Woman Magazine](#) (1 items)
- [Triennial Indigenous Womens Gathering](#) (2 items)

[David Samuel Orr Fund for the Earth](#) dsoffte.org/

In addition to providing grants to groups working to achieve protection from polluting resource companies and wayward government policies, we support tribal ...

[about david - David Samuel Orr Fund for the Earth](#)

Russian Hackers Spill LinkedIn Passwords

The Moscow Times

07 June 2012

About 6.5 million passwords were released by Russian hackers this week.

Russian hackers leaked 6.5 million passwords from business networking site LinkedIn this week, prompting the site to deactivate accounts to protect users.

The passwords were posted to a Russian forum on Monday [Insidepro.com](#), a website specializing in recovering passwords from a format used to store encoded password values in a database, RIA-Novosti reported.

LinkedIn confirmed the password leak with comments in an official [blog post](#) late Wednesday, but didn't say how the hackers got access to them.

The passwords were posted in a simple cryptographic code called SHA-1 hash, indicating the networking site had been using outdated security precautions, CNNMoney reported. The format is considered to offer weak security protection if not supplemented with additional protections, and half of the passwords have already been decoded and posted online.

Users of one hacker forum reported finding passwords including "linkedout," "recruiter," "googlerecruiter," "toprecruiter," "superrecruiter," "humanresources" and "hiring," CNNMoney said.

The extent of the damage was not immediately clear, and it was unknown whether or not the hackers knew the user accounts associated with the passwords.



LinkedIn says it is investigating the breach. The company said affected accounts would be deactivated, and users would receive emails with instructions on how to restore the accounts.

Read more: <http://www.themoscowtimes.com/news/article/russian-hackers-spill-linkedin-passwords/460044.html#ixzz1x7fT4Zta>

LANGUAGE WARRIORS DINNER

**SPRING SESSION STUDENTS
SPECIAL RECOGNITION OF TEACHERS RALPH BURNS,
DARLENE GRAHAM, AND KEITH WYATT.**

MONDAY-JUNE 11, 2012

6:00—8:00 PM

FACILITY BUILDING @ 34 RESERVATION ROAD

POTLUCK; PLEASE BRING A DISH TO SHARE!

COME ENJOY LOCAL ENTERTAINMENT!

**RENO/SPARKS INDIAN COLONY LANGUAGE PROGRAM
(775) 329-8396, KELLIE HARRY, LANGUAGE COORDINATOR**

**THE WHITE HOUSE
FOR IMMEDIATE RELEASE**

**Office of the Press Secretary
June 7, 2012**

FACT SHEET: Helping Americans Manage Student Loan Debt with Improvements to Repayment Options

WASHINGTON, DC – In today’s economy, higher education is not a luxury – it’s an imperative that leads to better jobs and a strong middle class. The President believes in creating an economy built to last that gives every hard working student a fair shot at developing the skills they need to find a good job by attending college, university, community college, or job training programs. To help put the cost of higher education within reach for more Americans, the President has taken action to cap monthly payments on student loans for responsible graduates who make their payments on time. Today, the President issued a Presidential Memorandum to the Secretaries of Education and the Treasury to streamline the process and improve information available to responsible borrowers about student loan repayment options.

The President has helped make higher education more affordable by extending Pell Grants to 3 million more students and signing a tax credit worth up to \$10,000 to help middle class families cover the cost of tuition. However, prospects of high debt may discourage some potential students from enrolling at all and gaining the skills they need to compete in the global economy.

Additionally, some graduates may choose to put off starting a new job-creating business or entering a teaching or another public service career because they feel held back by debt.

Over the past several years, the Administration has worked to improve repayment options available to responsible student loan borrowers. Since 2007, former students have been able to enroll in an “Income Based Repayment” (IBR) plan to cap their student loan payments at 15 percent of their current discretionary income if they make their payments on time. Legislation signed by President Obama in 2009 lowered this cap to 10% for borrowers beginning in 2014. In October, the President announced a “We Can’t Wait” executive action to make that lower cap available to more borrowers by the end of 2012, which will reduce monthly student loan payments for more than 1.6 million responsible student borrowers.

Despite these opportunities and policy improvements to help graduates make their monthly payments, too few responsible borrowers are aware of their repayment options. Even among borrowers who are aware of their options, too many have had difficulties navigating and completing the application process. For many, the most significant challenge in completing the application has been the income-verification process, which, until recently, required borrowers to provide a signed copy of their income tax return. Although the Department of Education has recently removed some of the hurdles to completing the process, too many borrowers are still struggling to access this important repayment option due to difficulty in applying. **For example, in Nevada just 7,988 out of 219,658 student loan borrowers currently use an income-based repayment program. Many more could be eligible for this program to help them manage their debt.**

That is why today’s Presidential Memorandum:

- **Streamlines the IBR Application Process:** The Department of Education, in collaboration with the Treasury Department and Internal Revenue Service, will create a streamlined online application process for IBR that allows student loan borrowers with federally held loans to import their IRS tax return income data directly into the IBR application. This process will allow income information to be seamlessly transmitted so that borrowers can complete the application at one sitting. Federal direct student loan borrowers will no longer be required to contact their loan servicer as the first step to apply.
- **Enhances Online and Mobile Resources for Loan Repayment Options and Debt Management:** The Department of Education will create integrated online and mobile resources for students and former students to use in learning about Federal student aid, including an explanation of the various options to cap monthly payments based on income. The Department will also develop and make available to borrowers an online tool to help students make better financial decisions, including understanding their loan debt and its impact on their everyday lives. This tool would incorporate key elements of best practices in financial literacy and link to students’ actual Federal loan data to help them understand their individual circumstances and options for repayment.

- Increases Awareness of IBR: The Department of Education will instruct Federal direct student loan servicers to make borrowers aware of the option to participate in IBR before a student leaves school and upon entering repayment. The Department of Education will make available for institutions of higher education a model exit counseling module that will enable students to understand their repayment options before leaving school and to choose a repayment plan for their student loans that best meets their needs.

The President will direct Secretary Duncan, and Commissioner Shulman to implement the first two improvements in the coming months (enhancing online and mobile content by mid-July, and streamlining the application with IRS data by the end of September). The model exit loan counseling tool will be available by this time next year.

Nevada Youth Legislators

Youth who will be in grades 9-12 this fall are eligible to apply to be Nevada Youth Legislators to complete two-year terms being vacated by 15 youth legislators graduating this June. [Information](#) and [applications](#) are available online. Applications must be received by June 19.

Hoops For Hope Basketball Camp and Parent Workshop

Chicago Bulls point guard C.J. Watson and his Quiet Storm Foundation will present the 10th Annual Hoops For Hope Basketball Camp and Parent Workshop for youth in grades 4-8 at the Doolittle Community Center July 19-21. The camp is designed to encourage youth to eat healthy foods, exercise daily, learn techniques and fundamentals of basketball, and develop life skills. Participation is free, but advance registration is required. For details, see the [flier](#).

New for 2012, the **NCET Entrepreneur Expo** introduces a new greatest-hits format for this years educational sessions covering our most requested topics.

10 > 11 am **How to Write a Business Plan**

11 am > Noon **Funding Your Business**, including Bootstrapping, Factoring, SBA loans, Traditional Loans, Angel/VC Financing, State Funding, Grants and Crowdfunding

Noon **1 pm** **Ask the Experts** Our panel of experts will provide advice on Legal, Accounting, Human Resources and Health Care issues.

1 **5 pm** **Marketing on a Shoestring**: Topics include Marketing Strategy, Branding, Case Studies, Social Media, Public Relations, Networking, Sales and Email

Speakers will be announced soon.

The NCET Entrepreneur Expo will be held at the Downtown Reno Ballroom on Friday, Sept 14 from 10 am until 5 pm. The Expo is open to the public and free to attend.

EPA Needs Docket Comments

It's pretty simple: our drinking water shouldn't be put at risk in the rush to extract natural gas from the ground.

The U.S. Environmental Protection Agency (EPA) has taken an important step to make sure fracking for natural gas doesn't pollute our drinking water. They've proposed guidelines to protect water from diesel and the toxic chemicals it contains. We need you to help us support this common-sense step and to [make sure the protections are as strong as possible](#).

The nasty [chemicals in diesel](#), like benzene, are especially dangerous when injected into the ground to extract gas and oil. Benzene is a carcinogen and the other chemicals can cause damage to our nervous systems. We shouldn't let diesel threaten our water; [take action to make sure it doesn't!](#)

A 2011 Congressional investigation found that thousands of wells were drilled with fluid containing diesel. It's time to put the Safe Drinking Water Act to work when frackers are using diesel— [weigh in on EPA's policy today!](#)

We know you support strong protections for drinking water. [Be a clean water leader and have your say today!](#) Don't delay—the comment period closes soon.

Thanks for taking action to protect our water. Lynn Thorp, National Campaigns Director

Protecting Our Water From Diesel

EPA needs to hear from the public about their draft policies for protecting drinking water from hydraulic fracturing gas and oil drilling which uses diesel. Diesel is especially risk for underground sources of drinking water because:

- These chemicals in diesel are linked to numerous adverse health effects including cancer, kidney and liver problems and nervous system damage.
- They are toxic at very low levels and are soluble in water, which is of particular concern when injecting them into the ground near underground sources of drinking water.

Clean Water Action is calling on EPA to:

- Ban the use of diesel in hydraulic fracturing
- If use of diesel in hydraulic fracturing is not banned, EPA's final Guidance should put in place the strictest possible requirements in order to protect underground sources of drinking water.
- Initiate formal rulemaking, in order to give the protections the full force of the law.
- Use a broad definition of "diesel" to best protect drinking water from BTEX compounds.

Taking action to control the use of diesel in hydraulic fracturing is an important step, but it's not enough:

- Hydraulic fracturing operations that do not use diesel should not be exempt from the Safe Drinking Water Act. Clean Water Action will continue to support legislation to remove this exemption.

Docket ID No EPA-HQ-OW-2011-1013

Environmental Protection Agency, Permitting Guidance for Oil and Gas Hydraulic Fracturing
1200 Pennsylvania Ave., NW, Washington, DC 20460. Washington, DC

Wanted: 12 home hosts for Algerian High School Students June 23 - July 8

The Northern Nevada International Center is once again collaborating with the U.S. State Department to bring 25 Algerian High School students and 3 teachers to Reno for the experience of a lifetime! Participants will join 6 local high school students in a discovery program to learn about leadership, civic activism, social media and cross-cultural understanding. We'll provide transportation, most meals and all the activities. You provide a bedroom, a few meals and an introduction to American culture for 1-2 students. We have homes for 18 students/teachers and we need just a few more. Students speak English and are eager for an American experience!

Interested? Contact Corazon Padilla at cpadilla@nnic.org or 775.784.7515 ext 223

FY13 QUARTERLY GRANT DEADLINES:

NEW! Beginning with FY13, **Jackpot Grants** will support arts education/learning projects previously funded through **BETA** Quarterly Grants that are designed and implemented by teaching artists, non-profit arts and non-arts organizations, schools or public institutions.

Online GO™ Submission Deadline:

May 15, August 15, November 15, 2012 & February 15, 2013 (11:59 p.m. PST).

Grant Application Packet Postmark Deadline: One week after online submission date.

[FY13 JACKPOT GRANTS](#)

FY13 ROLLING GRANT DEADLINES:

[FY13 ARTIST RESIDENCY EXPRESS GRANTS \(new\)](#)

Online GO™ Submission Deadline:

A minimum of 45 days prior to the planned residency.

[FY13 FOLKLIFE OPPORTUNITY GRANTS](#)

Online GO™ Submission Deadline:

A minimum of 45 days prior to the planned residency.

[FY13 NEVADA CIRCUIT RIDERS GRANTS](#)

[FY13 PROFESSIONAL DEVELOPMENT GRANTS](#)

Online GO™ Submission Deadline:

At least one month prior to the activity for which funds are requested, unless authorized by the Nevada Arts Council.

If you are contemplating an application to the Nevada Arts Council, these panels re instructive to attend:

FY13 Grant Review Panels and Board Meetings

Folklife Apprentice Panel June 6 - 10 a.m. to 1 p.m.
Conference call and Webinar

Arts Learning Grant Panel June 18 - 9:30 a.m. - 2:30 p.m.
Nevada Legislative Building, Rm 3137 401 S. Carson St. Carson City, NV
(Internet accessible) ([map it](#))

Project & PIE Tier 1: Level 1 Grants Panel June 19 - 10:30 a.m. - 5 p.m.
Same location as above

PIE: Tier 1:

Level 2 & 3 Grants Panel June 20 - 9:30 a.m. to completion
Same location as above

Literary Arts Fellowship Panel June 26 - 9:30 a.m. to completion
TMCC, 7000 Dandini Blvd. (Red MT Rm #214) Reno ([map it](#))

Performing Arts Fellowship Panel June 27 - 9:30 a.m. to completion
Same location as above

Visual Arts Fellowship Panel June 28 - 9:30 a.m. to completion
Same location as above

NAC Spring Board Meeting June 29 - 9:30 a.m. - 4:30 p.m.
Nevada Legislative Building, Rm 3137 401 S. Carson St. Carson City, NV

FY13 Artist Fellowship Panels

TMCC: Dandini Main Campus 7000 Dandini Boulevard Red Mountain Building
Rm: 252 ([map it](#)) Reno, NV

All at 9:30 a.m. to completion

June 26: Literary Arts Panel

June 27: Performing Arts Panel

June 28: Visual Arts Panel

From delanceyplace.com

- Columbus's discovery of America brought new foods - including tomatoes, potatoes, corn, squash, and sugar - that transformed the European diet:

"Before Columbus, the diet of Europeans had remained basically unchanged for tens of thousands of years, based mainly on oats, barley, and wheat. Within a quarter century of his first voyage, the European diet became richer, more varied, and more nutritious. As Roger Schlesinger wrote in his book, *In the Wake of Columbus*: 'As far as dietary habits are concerned, no other series of events in all world history brought as much significant change as did [the discovery of the Americas].

'The list of foods that made their way into Europe is extensive and includes maize, squash, pumpkin, avocado, papaya, cassava, vanilla, tomatoes, potatoes, sweet potatoes (yams), strawberries, and beans of almost every variety.

"The potato was one of the first American foods to be transported to Europe. Valued by the conquistadors, they made it a key item in the diet of their sailors. The potato then spread to England and Scotland, and to Ireland where it became the staple of the Irish diet.

"It was also the Spanish who discovered the tomato, first distributing it throughout their Caribbean possessions and then bringing it to Europe. In both Italy and Great Britain, the tomato was first thought to be poisonous, and it was not until the 1700s that the fruit became widely eaten. As was the case with sweet potatoes, which were regarded by some Europeans as having aphrodisiac-like qualities, the tomato was also viewed in some circles as having medicinal value. ...

Actually, some of these claims may not have been as farfetched as they seem, since many Old World ailments were caused by the lack of fresh fruits and vegetables. ...

"Tapioca, made from cassava root, eventually became a European delicacy, as did a drink made from the cocoa plant. By the time that Hernan Cortes and his men witnessed Aztecs drinking chocolate, South and Central American natives had been consuming the beverage for hundreds of years. ...

"As diet-transforming as all these newly introduced foods became, sugar, perhaps, had the greatest impact of all. As ever-increasing amounts of sugar were transported from New World plantations to Europe, the types of foods that were eaten, and just as significantly, the ways in which they were cooked, were changed forever. Before the early 1500s, sugar was sold in European apothecary shops where,

because of its scarcity, only the rich could afford it. But as sugar-laden ships arrived in Old World ports, prices tumbled and sugar became an important foodstuff for the masses.

At the time, honey was both expensive and in short supply, but even if that had not been the case, most people found sugar to be a much more desirable sweetener.

As a result, tea and coffee drinking gained a popularity that would never diminish.

"Even more important, the availability of sugar led to the proliferation of confections and jams that soon graced tables throughout Europe. ...

"Sugar's impact on the European diet went way beyond jams and confections and the sweetening of tea, coffee, and other beverages. Such leftover foods as rice and bread could now be given new life and a whole new taste when sprinkled with sugar and reheated. Fruits and vegetables could be inexpensively preserved when immersed in a sugary syrup. Sugar's popularity also led to the introduction of a host of new cooking utensils and accoutrements, including new types of saucepans, pie plates, cookie molds, sugar pots, sugar spoons, and tongs."

Author: Martin W. Sandler
Title: Atlantic Ocean
Publisher: Sterling

Atlantic Ocean: The Illustrated History of the Ocean That Changed the World
by Martin W. Sandler by Sterling
Date: Copyright 2008 by Martin W. Sandler
Pages: 92-100