

Journal #2778

from sdc

1.31.13

Idle No More - many interpretations

NNADV's Board Directors is Looking for New Members

Center for American Archeology presents the annual Flintknapping Workshop

Medicine is beginning to turn into an information-based science

NWHM Launches First Online Interactive: Progressive Era Women Exhibits

Grandmother spider is a wise old teacher and weaver of many stories. Her unique tapestry of life offers many paths to the center of oneself and creation. Her medicine speaks of connections and unity of spirit.



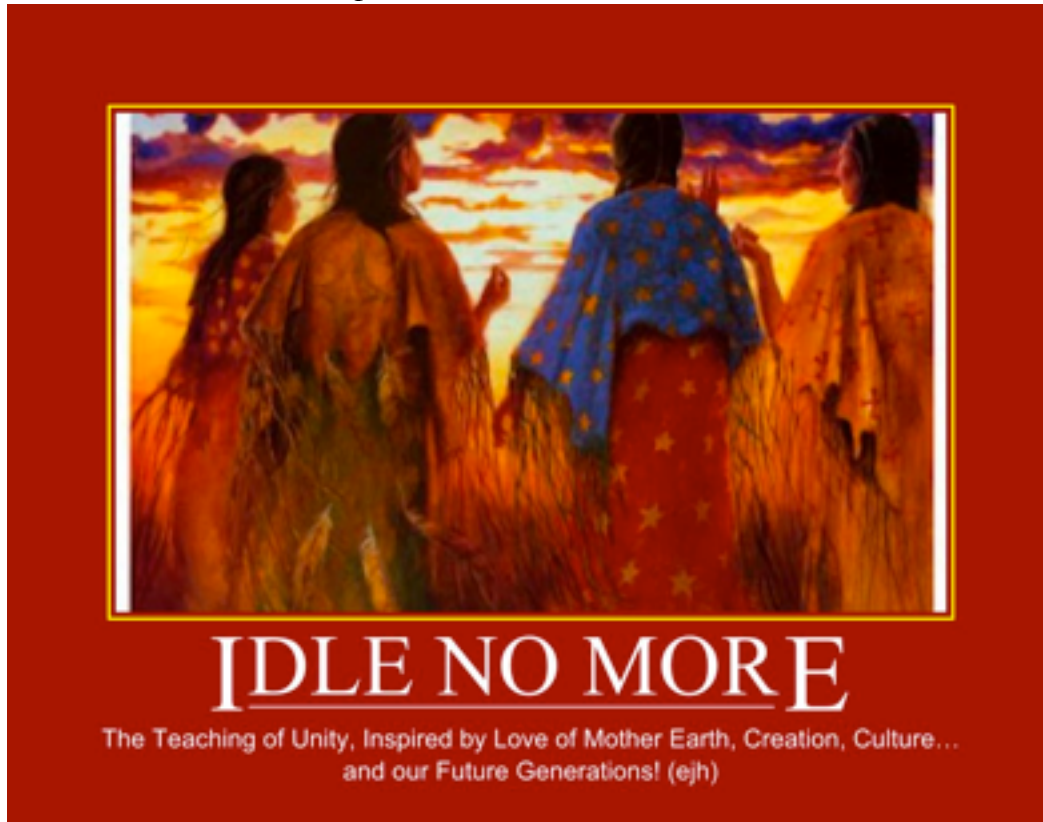
*We are water's creation,
live through water and
put on this land to borrow
what the earth provides us.*

Spider Medicine: Read
Native American Teaching
Here ==> [http://bit.ly/
Spider-Medicine-What-
Spider-Can-Teach-Us](http://bit.ly/Spider-Medicine-What-Spider-Can-Teach-Us)



Idle No more (it's a revolution) Conway K ft:Rocky Morin www.youtube.com
[Song available on iTunes all proceeds going to the idle no more movement. these videos were taking in Edmonton AB kanada by Nutly and Hannah C between dec 21...](#)

INM 'Idle No More' sacred messengers are four young Life Givers who planted the seed of a beautiful teaching of unity within others hearts. As with any traditional teaching, it's pure intentions is based on love. That is why the 'Idle No More' movement is so beautiful; it is motivated by the teachings of unity and peace, because of love for our culture, future generations and Mother Earth. When a person loses



sight of our teachings and becomes motivated by ego; they look for ways to create division or chaos, so much so that the teaching becomes lost to that person until they break free of self-defeating cycles. Yes, for a time ego driven people seem to have a loud voice, however, the wonderful news is that the traditional teaching such as the teachings of unity and love, which inspired the 'Idle No More Movement' is louder than them. This is simply because love and prayer are the most powerful forces in this world and that my relatives is what all our traditional teachings are all based upon. (ejh)

[DOWNLOAD: Idle No More: Songs for Life Vol. 2 | RPM.fm rpm.fm](#)

[Music](#)**[DOWNLOAD: Idle No More: Songs for Life Vol. 2](#)**[By: Marty Ballantyne](#)[Photo: Randy Murray](#)[January 24, 2013](#)[in Music](#)[Add Comment](#)We are pleased to present Idle No More: Songs for Life Volume 2. As with Volume 1, the highlights are many! Idle No More is just about 2 months old. It's hard to know for sure ...

[Native talks with the Crown challenge Canada's very existence](#)

www.theglobeandmail.com

[They imply that Parliament has no right to legislate for aboriginal people](#)

Idle No More News Group

HIDDEN FROM HISTORY - WHY THE GOVERNMENT KEPT ONLY 1 MILLION OF US ALIVE:

The Canadian government's attempted genocide was put on hold for only one reason - to keep only 1 million of us alive (down from 100 million) so they can swindle us out of our land and resources.

Had they simply exterminated us, no government in the world would've recognized Canada's legitimacy because it was based upon the complete extermination of a people. Hitler was opposed for engaging in such acts, and caused a world war.

So, the U.S and Canadian government killed off our main source of food starting in the late 1800's, immediately forcing First Nation's people to rely on government money and rations to simply survive.

This 'welfare state' was designed to create a state of dependency within our communities for a reason - focused on mere survival doesn't allow one to self-actualize and succeed, according to Abraham Maslow.

Furthermore, the American Medical Association released a report in 1999 (as well as the empirical evidence gathered by John Bradshaw, Jane Elliot, and many, many others) stating that victims of child abuse often become victimizers to their own children later in life and suffer with issues of crime and addiction.

Our people NEVER suffered from the conditions of alcohol, drugs, crime, and unemployment OTHERWISE WE WOULD'VE DIED OFF 1000'S OF YEARS AGO. We never had government funding before the arrival of the Europeans. We also never suffered the problems we do now, until the meddling Canadian government stepped in with the genocidal and abusive Residential Schools.

The resulting opinions from the Canadian public toward First Nation people was shrewdly guided to produce what we experience today. Misinformed opinions that we are "lazy", "looking for handouts", and "leech off Canadians without working" have been created as a DIRECT result of the Canadian government's dealings with us.

I can state several scientific studies which prove what the Canadian government did to us is THE CAUSE of the problems we face today, but that'll be for another time. Keep in mind, the Delancey Street Foundation has a 98% success rate in reforming criminals, addicts, and even serial murderers for the past 40 years. FACT - unheard of, because they are the first to do so. I was offered free training from them so we can replicate their results with our Nation.

SO, Canadian opinion of First Nation's people are not their own, and is a direct result of the conditions the Canadian government IMPOSED upon us to create a state of dependency and social problems. This in turn has caused many to turn against us, SO THE CANADIAN GOVERNMENT CAN SWINDLE FIRST NATIONS OUT OF OUR LAND FOR PROFIT.

The Canadian government is now using this immoral foundation as a legal platform to destroy the environment when several alternative energy solutions exist (while providing more jobs), and several solutions have been suppressed by the oil industry.

It's time to wake up Canadians so they realize there are people guiding their lives and they don't even know it.

[Toshiba developing small N-reactor / Reactor to be used to mine oil sands in Canada; initial operati](#) **www.yomiuri.co.jp** **[Daily Yomiuri News Site](#)**

http://sphotos-a.xx.fbcdn.net/hphotos-ash3/523157_10151404906586368_1606543357_n.jpg

[Forward On Climate - February 17th. Join us.](#)
[350.org](#)

[Tens of thousands of Americans are making plans to be in Washington DC on February 17th to tell President Obama to move forward on climate and reject the Keystone XL tar sands pip](#)

NNADV's Board Directors is Looking for New Members (Northern Nevadans Against Domestic Violence)

The NNADV Board of Directors is recruiting members! We have two types of Board membership: program at-large seats (individuals must be affiliated with a member program – staff, volunteer or board member) and community at-large seats (individuals who are not directly affiliated with a member program); both are three year terms. All terms begin at the January 2014 Board meeting. NNADV Board nominees must be current members of NNADV (an individual member or a volunteer or paid staff person of an organization that is currently a member) and committed to NNADV's mission, philosophy and goals. The Board of Directors is the governing body of NNADV. Directors serve as trustees on behalf of donors and are thus responsible for ensuring that the organization meets both legal and ethical standards for nonprofit, tax-exempt organizations. The Board's most important role is to provide oversight of all activities and funds.

The Board plays a critical role in ensuring that the organization has what it needs to carry out its mission, and that it does so legally, ethically, and effectively. Specific duties and responsibilities include the following: setting the vision, mission, and organizational goals; making sure the organization has the resources it needs; making sure those resources are well managed; making sure the organization carries out its mission with effective programs; hiring, supervising, and evaluating the Executive Director; establishing personnel policies and procedures; and, enhancing the organization's public image. To effectively carry out these job duties, Board members are expected to:

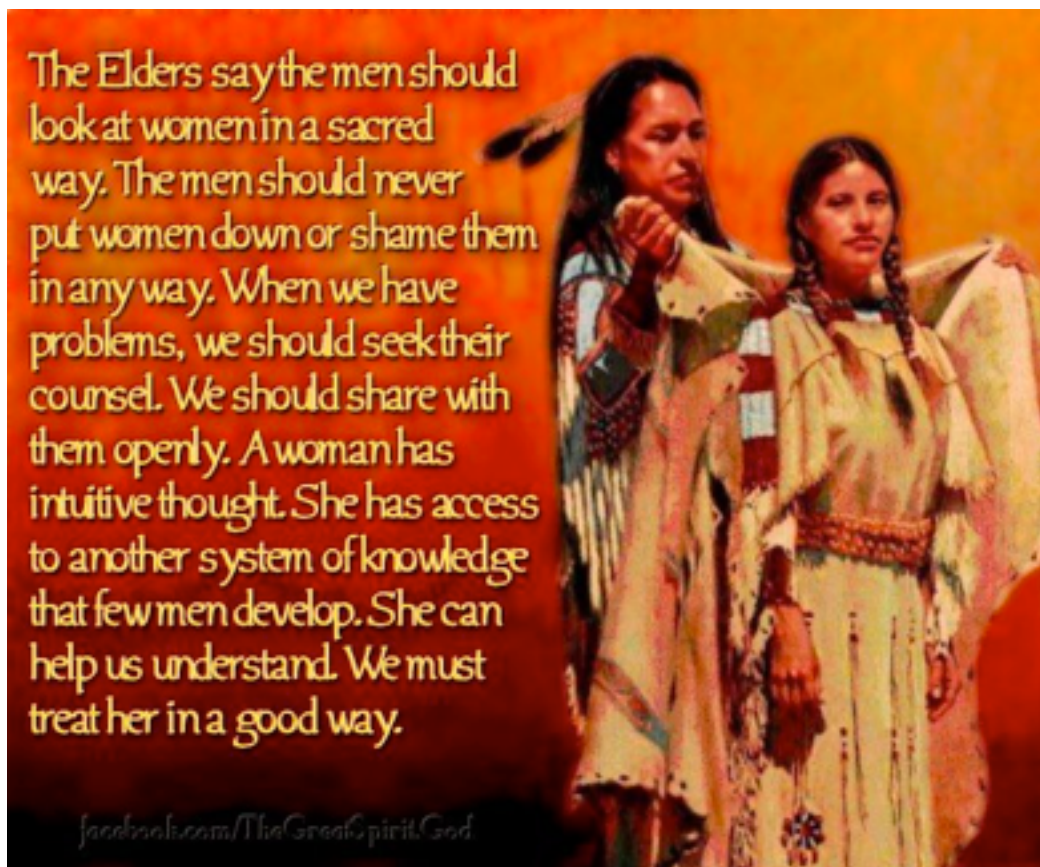
Commit four to ten hours per month to the work of this Board and of the organization, and any extra effort that may be required in relation to fundraising events or other special activities.

Attend Board meetings regularly, including all four of the Board meetings and one Planning day each year.

Review agenda and supporting materials prior to board and committee meetings.

Serve actively on at least two standing or ad hoc committees and attend committee meetings regularly, attending at least two-thirds of the scheduled committee meetings as well as special meetings as needed.

Participate in fundraising activities, including: making a personal financial contribution to the organization each year; identifying prospective donors and assisting in fundraising initiatives; buying tickets, attending, and participating in the planning and marketing of the organization's fundraising events.



For more information or if you're interested in becoming a member of NNADV's Board of Directors, please contact Sue Meuschke, Executive Director, at 775.828.1115 ext. 11.

We strongly encourage individuals who have been active members of NNADV to consider board membership. NNADV is committed to representing all victims of domestic violence and strives to have a broad range of representation.

In today's encore selection -- **medicine is beginning to turn into an information-based science**, in contrast to the hit-and-miss laboratory processes of the past. As that transition continues, success in medical treatments will begin to occur at an increasingly exponential pace:

"Today, the computer in your cell phone is a million times smaller, a million times less expensive, and a thousand times more powerful [than the computer at MIT in 1965]. That's a billionfold increase in price-performance. As powerful and influential as information technology is already, we will experience another billionfold increase in capability for the same cost in the next 25 years (rather than the 40 years or so it took for the most recent billionfold increase) because the rate of exponential growth is itself getting faster.

"The other important point to make is that this remarkable exponential growth is not just limited to computer and communication devices. It is now applicable to our own biology, and that is a very recent change. Consider, for example, the Human Genome Project. It was controversial when announced in 1990 because mainstream skeptics pointed out that with our best experts and most advanced equipment, we had only managed to complete one-ten thousandth of the genome in 1989. The skeptics were still going strong halfway through the 15-year project as they pointed out that with half of the time having gone by, only 1 percent of the genome had been completed!

"But this was right on schedule for an exponential progression. ... If you double one percent seven more times -- which is exactly what happened -- you get 100 percent, and the project was completed not only on time but ahead of schedule. Similarly, the cost for sequencing a single DNA base pair fell a millionfold over the same period, from \$10 in 1990 to less than one-thousandth of a penny in 2008.

"We have exactly doubled the amount of the genetic data collected each year since 1990, and this pace has continued since the completion of the Human Genome Project in 2003. The cost of sequencing a base pair of DNA -- the building blocks of our genes -- has dropped by half each year from \$10 per base pair in 1990 to a small fraction of a penny today. Deciphering the first human genome cost a billion dollars. Today, anyone can have it done for \$350,000. But, in case that's still out of your budget, just be patient for a little while longer. We are now only a few years away from a \$1,000 human genome. Almost every other aspect of our ability to understand biology in information terms is similarly doubling every year.

"Our genes are essentially little software programs, and they evolved when conditions were very different than they are today. Take, for example, the fat insulin receptor gene, which essentially says 'hold on to every calorie because the next hunting season may not work out

so well.' That gene made a lot of sense tens of thousands of years ago, at a time when food was almost always in short supply and there were no refrigerators. In those days, famines were common and starvation was a real possibility, so it was a good idea to store as many as possible of the calories you could find in your body's fat cells.

"Today, the fat insulin receptor gene underlies an epidemic of weight problems, with two of three American adults now overweight and one in three obese. What would happen if we suddenly turned off this gene in the fat cells? Scientists actually performed this experiment on mice at the Joslin Diabetes Center. The animals whose fat insulin receptor gene was turned off ate as much as they wanted yet remained slim. And it wasn't an unhealthy slimness. They didn't get diabetes or heart disease, and they lived and remained healthy about 20 percent longer than the control mice, which still had their fat insulin receptor gene working. The experimental mice experienced the health benefits of caloric restriction -- the only laboratory-proven method of life extension -- while doing just the opposite and eating as much as they wanted.

Several pharmaceutical companies are now rushing to bring these concepts to the human market."

Transcend: Nine Steps to Living Well Forever
by Ray Kurzweil by Rodale Books

Paperback ~ Release Date: 2010-12-21

**The Center for American Archeology presents the annual Flintknapping Workshop
with Tim Dillard May 27 to 31, 2013**

The Center for American Archaeology is pleased to offer a week-long, hands-on workshop in flaked-stone tool manufacturing technology as a part of our summer calendar in 2013. Tim Dillard, a phenomenal flintknapper with thirty years of experience, will lead the course.

Lectures on flaked-stone reduction, chert, quarrying strategies, local geology, and technical aspects of knapping will set the stage for work sessions that will include billet percussion and pressure flaking techniques. Tim is the master of the use of the traditional antler billet for percussion flaking. Chert collection trips and heat-treating sessions are also a part of the week's activities. Experienced and novice flintknappers alike are invited to take advantage of this exceptional opportunity.

Tuition is **\$550** for the week and includes room, basic field lunch (sandwiches, chips, fruit, etc.) each day, and instruction from Tim. Each person also gets a one-year membership to the Center for American Archaeology. Breakfast and dinner are on your own. Dorms are equipped with refrigerator, microwave, coffee pot, hotplate, outdoor grill, and campfire area. Also, there are two local restaurants. If you have your own tools, please feel free to bring them, but it is not required. Participants will stay at one of the bunkhouse-style dormitories on the Center for American Archaeology campus. The class is limited to 12 people.

Participants are responsible for making their own transportation arrangements. The Center can provide shuttle service to and from Lambert-St. Louis International Airport or the Alton, Illinois Amtrak station for a fee of \$20.00 each way.

If you are interested in learning more about the strategies and techniques used by prehistoric peoples to create their tools, this is the workshop for you. To enroll, complete a registration form and return it to the CAA office along with a 30% deposit (\$165.00) or the full payment (\$550.00). Upon receipt of a completed Registration Form, a confirmation letter, and a packet of additional information will be sent to you. A course syllabus will be provided upon arrival. Also, an Adult Medical Form and an Assumption of Risk/Permission to Photograph Form need to be completed before class starts. All the forms are available at the "Registration Packet" link on the Center for American Archaeology web page: <http://www.caa-archeology.org/forms/>.

The **Center for American Archeology is an independent non-profit HYPERLINK "[http://en.wikipedia.org/wiki/501\(c\)\(3\)](http://en.wikipedia.org/wiki/501(c)(3))" \o "501(c)(3)" 501(c)(3) research and educational institution located along the banks of the HYPERLINK "http://en.wikipedia.org/wiki/Illinois_River" \o "Illinois River" Illinois River in HYPERLINK "<http://en.wikipedia.org/wiki/Kampsville>" \o "Kampsville" Kampsville, HYPERLINK "<http://en.wikipedia.org/wiki/Illinois>" \o "Illinois" Illinois. The Center was and is an important institution in the in the development of archaeology in the United States. It is dedicated to the exploration of the cultures of HYPERLINK "<http://en.wikipedia.org/wiki/Prehistoric>" \o "Prehistoric" prehistoric HYPERLINK "http://en.wikipedia.org/wiki/Indigenous_peoples_of_the_Americas" \o "Indigenous peoples of the Americas" North American, particularly in the American Bottom, the region surrounding the confluence of the HYPERLINK "http://en.wikipedia.org/wiki/Mississippi_River" \o "Mississippi River" Mississippi River and the HYPERLINK "http://en.wikipedia.org/wiki/Illinois_River" \o "Illinois River" Illinois River. The Center is associated with years of excavation at the HYPERLINK "http://en.wikipedia.org/wiki/Koster_Site" \o "Koster Site" Koster Site in HYPERLINK "http://en.wikipedia.org/wiki/Greene_County,_Illinois" \o "Greene County, Illinois" Greene County, Illinois and other significant prehistoric archaeological sites in the region. The museum and store at the Center are located in an early 1900s HYPERLINK "<http://en.wikipedia.org/wiki/Mercantile>" \o "Mercantile" mercantile building listed on the HYPERLINK "http://en.wikipedia.org/wiki/National_Register_of_Historic_Places" \o "National Register of Historic Places" National Register of Historic Places. The Center is located about 90 minutes north of the city of HYPERLINK "http://en.wikipedia.org/wiki/St._Louis" \o "St. Louis" St. Louis and the famous HYPERLINK "<http://en.wikipedia.org/wiki/Cahokia>" \o "Cahokia" Cahokia Mounds.*

NWHM Launches First Online Interactive: Progressive Era Women

<http://www.nwhm.org/media/education/interactives/index.html>

Exhibits:

Through 2013

A Visit from Old Friends, Barona Cultural Center and Museum, 1095 Barona Rd, Lakeside. Rarely viewed artifacts and historic photographs from the San Diego Museum of Man's collection of Kumeyaay cultural materials (houses one of the largest collections of cultural material from the Kumeyaa/Diegueno people). Tues-Fri. noon to 5 pm. Sat 10am-4pm. 619.443=7003 or www.baronamuseum.org

Though March 8

Reflections on the Earth and Traditions: Contemporary California Indian Art, University Library Art Gallery, Sonoma State University, 1801 East Cotati Ave, Rohnert Park. A collection of outstanding contemporary work by 12 artists from across

California, curated by Frank LaPena with Carla Hills. M-F, 8-5; Sat-Sun noon-5pm.
Opening reception January 31. 707.664.4240 or library.sonoma.edu/about/gallery.php

Currently through March 15

The Weavings of DY Begay, CN Gorman Museum , UC Davis, 1316 Hart Hall, 1 Shields Ave, Davis. DY Begay, a fourth generation Navajo weaver, brings his amazing tapestries, combining traditional techniques with contemporary designs. M_F noon to 5pm; Sun 2-5. 530.752.6567 or gormanmuseum.ucdavis.edu

January 30-March 13

River as Home, Morris Graves Museum of Art, 636 F. St., Eureka. **For the first time in its history**, the entire museum will feature art from the Wiyot, Yurok, Hupa, Tsnungwe, Karuk and Tolowa cultures.

Wed-Sun noon to 5pm . Contact Chag Lowry at Humboldt Area Foundation
707.442.2993 or ChagL@hafoundation.org.

Ongoing:

Agua Caliente Cultural Museum, 219 S. Palm Canyon Dr. Palm Speings wed-Sat 10-3; Sun noon-4 Free 760.323.0151.

Antelope Valley Indian Museum, Ave M between E 150th & 170th Sts., Lancaster. Sat -Sun 110-4 Children under 12 free. 661.942.0662 www.avim.parks.ca.gov

Augustan Society Library and Museum, Villa Augusti, 36588 Santa Fe St., Daggett. Native American arts, baskets, pottery, rdference library. Call for appointment or tour 760.254.9223

Barona Cultural Center and Museum, 1095 Barona Rd., Lakeside. Tu-F noon-5pm, Sat 10-4 Museum of the Barona Band of Mission Indias. School and group tours available. Free 619.443.7003 x 219 www.baronamuseum.org

Cabazon Cultural Museum 84-245 Indian Springs Pkwy., India. W-Sat 9=5; Sun noon-5pm Exhibits on the Cahuilla Indians, the Coachella Valley and the Cabazon Tribe. Free 760.342.2593

The California Museum, 1020 O St., Sacramento. M-Sat 10-5; Sun noon-5. Free for 5 and under. Permanent exhibits include ***California Indians: Making a Difference*** which utilizes the voices and experiences of a diverse California Native Advisory Council to highlight the unique contributions of the state's Native people and represents more than 150 tribes from across the state. 916.653.7524 or www.californiamuseum.org

State Indian Museum, 2618 K St, Sacramento W-Sun 10-5. Exhibits include three of the world's tiniest baskets, traditional and contemporary Native cultural arts, and a new look at California's most famous Ishi . Free for 5 and under.

Cantor Arts Center 328 Lomita Dr., Stanford. Living Traditions: Arts of the Americas features work from diverse Native American peoples and times. W-Sun Free 650.723.4177 or museum.stanford.edu

Cham-Mix Oki (House of Our Culture) 23904 Soboba Rd, San Jancito. Cultural resource library and exhibits of material culture and pottery. M-F 8-noon; 1-5 951.654.2765 x 233.

Chaw'se Indian Grinding Rock State Historic Park, 15881 Pine Grove-Volcano Rd. Pine Grove. Basketweaving demonstrations, second Sat of month. Thurs-Mon. 11:30-2:30 pm 209.296.7488

Clarke Historical Museum 240 E. St. Eureka. Exhibits of Yurok, Karuk, Hupa, Tolowa and Wiyot basketry and regalia. W-Sat 11-4, first Sat of month 11-4. Free for 5 and under 707.443.1947

Gatekeeper's Museum and Marian Steinbach Indian Basket Museum, 130 West Lake Blvd. Tahoe City. May to September W-Sun 11-5; October-April weekends 11-3 Children under 5 and members free. 530.583.1762 or www.northtahoemuseums.org

Grace Hudson Museum, 431 S. Main St. Ukiah. Exhibits on Pomo Indian baskets and other local history/culture. W-Sat 10-4:30; Sun noon-4:30 Free 707.467.2836

Haramonkgna American Indian Culture Center Red Box Fire Station and Visitor Center, Star Route 1, La Canada. Celebrations of Native American culture and history with guest hosts. Sat 10-4 626.449.8975

Jesse Peter Native American Art Museum. Santa Rosa Junior College, Bussman Hall, 1501 Mendocino Ave, Santa Rosa. Emphasis on California cultures, featuring different artists each month. M-F noon-4pm. 707.527.4479

Kumeyaay-Ipai Intreptive Center 13104 Ipai Waaypuk Trail (formerly Silver Lake Dr.) Poway. Sat 9-11:30 a.m. 858.668.1292

Kuruvunga Springs State Historic Indian Village Site Public Tour. On the campus of University High School, 11800 Texas Ave, West Los Angeles. First Sat of the month, 10-1 Free 310.397.0180.

Maidu Museum and Historic Site, 1970 Johnson Ranch Dr. Roseville. Tu-Sat 9-4; third Sat 6-9 pm. Historic Site tours Sat 10 and 1. Free for Native Americans 916.776.5934

Marin Museum of the American Indian, 2200 Novato Blvd, Novato. Tu-Sun noon-4 pm 415.897.4064 or www.marinindian.com

Mariposa Museum and History Center. 5119 Jesse St., Mariposa Daily 190-4.
Suggested donation \$3 for adults. 209.966.2924

Mendocino County Museum, 400 E. Commercial St. Willits. W-Sun 10-4:30. Exhibits on Pomo baskets and basketweavers. Free 707.459.2739

The People's Center, 64236 Second Ave, Happy Camp. Karuk tribal museum and cultural center. Tues-Sat 10-5. 530.493.1600 x 2202 or www.karuk.us/karunk2/departments/peoples-center.

Santa Barbara Museum of Natural History, 2559 Puesta del Sol Rd, Santa Barbara. Daily 10-5 Ongoing Chumash basket exhibit. Free to Native Americans on request. 805.682.4711

Satwiwa Native American Culture Center, Santa Monica Mountains National Recreation Area, 4126 Portrero Rd. Newbury Park. Events every Sunday 10-5 310.455.1588

Sierra Mono Indian Museum, Roads 225 and 228, North Fork Tue-Sat 9-4 559.877.2115