

## **Journal #2014      from sdc      8.9.13**

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*United States water estuaries show sensitivity to climate change, says NOAA*

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**Tribe  
Blockades  
'Megaload'  
of Tar  
Sands  
Equipment**

**[www.commondreams.org](http://www.commondreams.org)**

**Over 250 protesters faced down police and a 'megaload' of tar sands equipment Monday evening on Idaho's Highway 12. (Photo: Steve Hanks/ Lewiston Tribune, AP)**

**Nez Perce leader: 'We need to be able to meet our ancestors in the spirit world and hold our heads up strong and answer them when they ask if we did all we could do to protect the people and the land.'**

In 3 days we descend on the Worlds largest biker rally to show them that we ascend to Bear Butte. We believe the land is our source of Sovereignty; we also believe Bikers are intelligent people with disposable income who have the capacity to understand why Earth peoples recognize the spiritual nature of land, sacred sites and water and who would gladly be on our side in protecting the above. We've got 3 huge pots of Indian Soup and 50 shirts to each runner who relays with us or runs the whole 16miles!

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**United States water estuaries  
show sensitivity to climate  
change, says NOAA  
WNN Earth Watch**

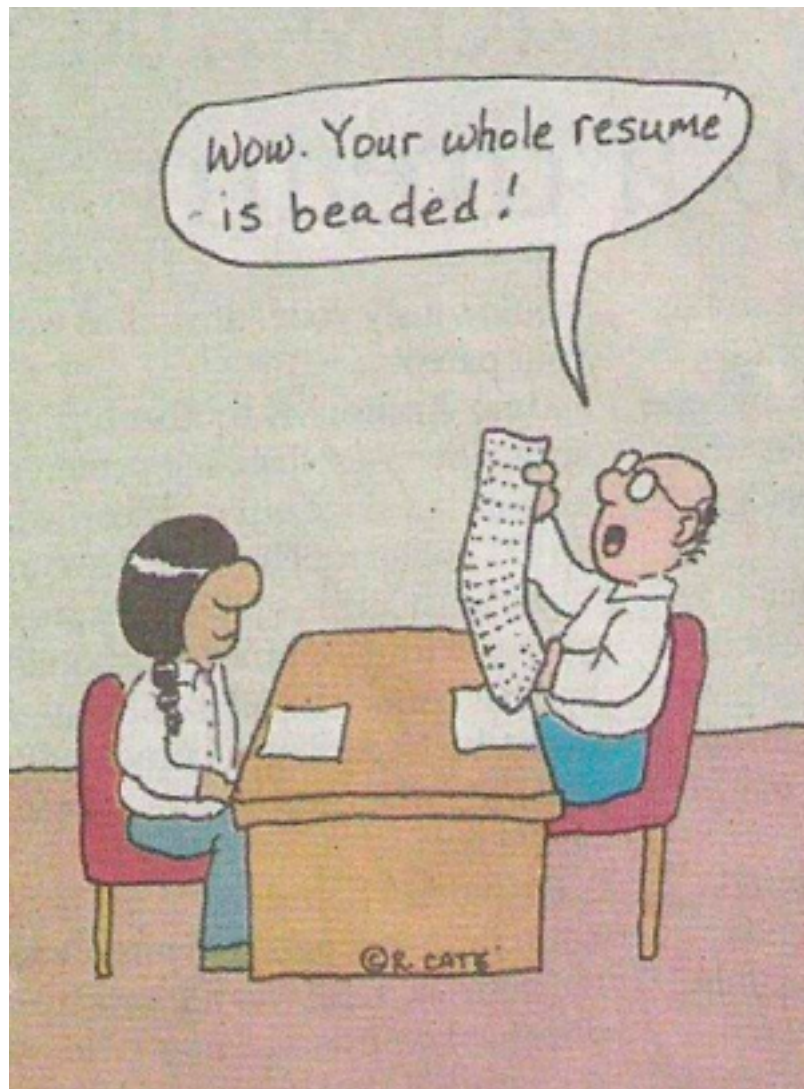
The nation's 28 [National Estuarine Research Reserves](#) (NERR) are experiencing the negative effects of human and climate-related stressors according to a new NOAA – National Oceanic and Atmospheric Administration research report from the [National Ocean Service](#).

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**Feds to supplement Klamath  
River to aid salmon: Hoopa  
Valley Tribe calls plan 'too  
little, too  
late'**

Catherine  
Wong, Eureka Times-  
Standard

Hoopa Valley Tribe officials are calling the federal government's plan to release water from the Trinity Reservoir into the Lower Klamath River to protect what is expected to be a large return of salmon "too little, too



late

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## Coastal waters off the coast of california are getting more a acidic

KNBC Los Angeles

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**[Top Stories: Going all out at Fort Hall's 50th Annual Indian Festival](http://m.localnews8.com)**  
[m.localnews8.com](http://m.localnews8.com)

[Aug 7, 2013 10:52 p.m. The Shoshone and Bannock tribes of Fort Hall are celebrating their 50th annual festival this week. The festival is one of the most popular in the entire northwest region, and brings tribes from all over the nation and Canada. They're celebrating not just their past and present...](#)

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## Hunting The Rez

Join Hunting The Rez as we promote the vast hunting, fishing, and outdoor recreational opportunities that exist in Indian Country. For more, go to: [www.huntingtherez.com](http://www.huntingtherez.com)

## Mission

The mission of Hunting The Rez is to promote the vast hunting, fishing, and outdoor recreational opportunities that exist in Indian Country for all outdoors sports enthusiasts, regardless of race, creed, color, or national origin, while respecting the traditions, cultures and sovereignty of Indian Nations.

Hunting the Rez recognizes the need for wildlife management and conservation efforts in Indian Country and will serve to support individual tribes in any way possible in those efforts.

## Company Overview

Hunting The Rez was conceived from the love of outdoors, respect for nature and the responsibility it carries.

Hunting the Rez has identified the existence of great opportunities for tribal entities as well as Native and Non-Native enthusiasts in regard to hunting, fishing and other outdoor recreational activities and will continue to educate, inform, assist and act as a liaison for the positive ...See More

## Description

Hunting the Rez is a Native American owned and operated multi-media and outdoor adventure company. Through our various entities, we strive to bring you the best outdoor adventures that Indian Country has to offer.

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**[Earth. We are one.](http://www.ewao.net)** [www.ewao.net](http://www.ewao.net)

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**[Tears of Goodbye-Devin Whirlwind Soldier](http://www.youtube.com)** [www.youtube.com](http://www.youtube.com)

[A Northern Lights pt.III sneak peak song! I used my "I am T-Pain 2" App so don't hate...listen and enjoy!](#)

<http://thehomesteadsurvival.com/26-mosquito-repellent-plants-plant-yard/#.Ue4M9VfHa3g>

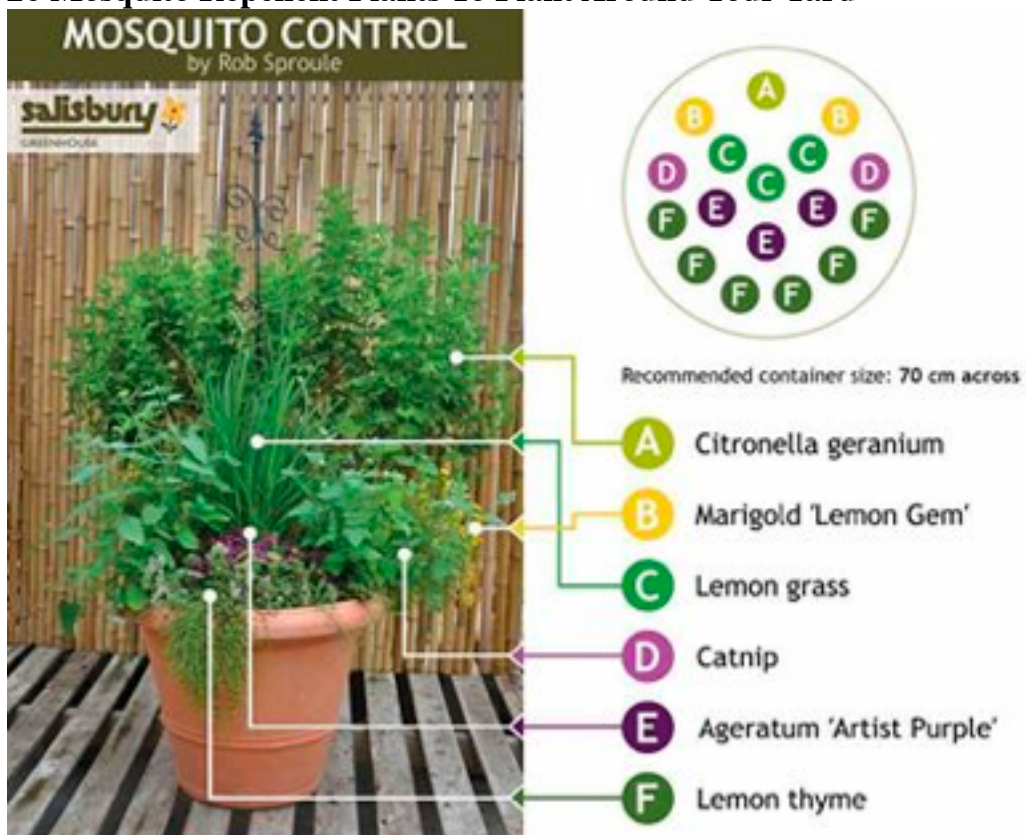
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## SIT Study Abroad welcomes applications

- [http://www.sit.edu/studyabroad\\_admissions.cfm#.UTjjcqD50ZR](http://www.sit.edu/studyabroad_admissions.cfm#.UTjjcqD50ZR)
- [Arts, Media, and Social Change](#)
- [Development, Urban Studies, and Entrepreneurship](#)
- [Global Health](#)
- [Multiculturalism, Migration, and Indigenous Peoples](#)
- [Natural Resource Management, Biodiversity, and Environmental Policy](#)
- [Post-Conflict Transformation](#)
- [Social Movements, Education, and Human Rights](#)
- 
- [Africa, South of the Sahara](#)
- [Asia and the Pacific](#)
- [Europe](#)
- [IHP/Comparative](#)
- [Latin America](#)
- [North Africa and the Middle East](#)

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## 26 Mosquito Repellent Plants To Plant Around Your Yard



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## Daily global water news... from The Stream

### United States

Candidates who ran for the Norman City Council or mayor in the last election [all identified water as the city's most important problem](#), *The Norman Transcript* reported. With treatment increasing aluminum content in the city's drinking water to five times the recommended limit of the Environmental Protection Agency (EPA), citizens are constantly embroiled in water-related dialogues.

Today lawyers will debate whether the Texas Commission on Environmental Quality (TCEQ) [violated the Endangered Species Act when it did not allow enough fresh water from the San Antonio and Guadalupe rivers to flow into the Aransas Refuge](#), home to 60 percent of the only wild whooping crane flock in the world, *The Texas Tribune* reported. Officials fear that a decision in favor of the Aransas will force them to divert already scarce water supplies from the rivers into the environment and away from demanding customers.

### Tar Sands

Growing numbers of scientists and economists believe the [tar sands industry has already reached a tipping point in its dependence on surface and groundwater](#), *Yale Environment 360* reported. In Alberta, companies siphoned nearly 370 million cubic meters (97.7 billion gallons) of water from the Athabasca River in 2011 for heating and steam production, the same amount the city of Toronto draws each year but at none of the cost.

### Contamination

The crippled Fukushima nuclear plant in Japan [still leaks up to 300 tonnes \(150,000 liters\) of highly radioactive water](#) into the ocean each day, enough to fill an Olympic sized swimming pool in a week, *Reuters* reported. "Rather than relying on Tokyo Electric, the government will take measures," said Prime Minister Shinzo Abe, after ordering the government for the first time after the incident to aid TEPCO in handling the contamination.

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*Including this to demonstrate some of the state-of -the-art display technology one can use for digital museums. sdc*

<http://www.allaroundnevada.com/pipers-opera-house/>

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### HELLER ASKS DOE CHIEF TO CLEAR UP DISCREPANCIES OVER NUCLEAR WASTE

U.S. Sen. Dean Heller wants Energy Secretary Ernest Moniz to clear up discrepancies in his Senate hearing testimony when the energy chief said he thought he had a deal with Nevada to allow shipments of highly radioactive uranium waste from Tennessee to the Nevada National Security Site.

<http://erj.reviewjournal.com/ct/uz3688753Biz17983858>

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Aug 7, 2013 1:11pm

Heat two Length: 4:13

You gotta watch this - Ft Hall Indian Relay Racing

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## HYDROGEN PEROXIDE MAGIC!

Ever since I started using Hydrogen Peroxide to get rid of armpit stains, to clean cookie sheets, as a miracle cleaner in my kitchen and bathroom, and to make my own “oxi clean”...I ALWAYS have at least one bottle of the stuff under my kitchen sink, under my bathroom sink, AND in the laundry room. This stuff is amazingly versatile!

But it wasn't until recently, after doing some IN DEPTH research on the subject, that I came to realize what a “miracle substance” hydrogen peroxide really is! It's safe, it's readily available, it's cheap, and best of all, it WORKS! It works for a LOT of stuff!

Hydrogen peroxide should really be called oxygen water, since it is basically the same chemical make up as water but with an extra oxygen atom ( $H_2O_2$ ). Because of this it breaks down quickly and harmlessly into oxygen and water.

Some other interesting facts about hydrogen peroxide:

It is found in all living material.

Your white blood cells naturally produce hydrogen peroxide ( $H_2O_2$ ) to fight bacteria and infections.

Fruit and vegetables naturally produce hydrogen peroxide. This is one of the reasons why it is so healthy to eat fresh fruit and vegetables.

It is found in massive dosages in the mother's first milk, called colostrum, and is transferred to the baby to boost their immune system.

It is found in rain water because some of the  $H_2O$  in the atmosphere receives an additional oxygen atom from the ozone ( $O_3$ ) and this  $H_2O_2$  makes plants grow faster. Next to Apple Cider Vinegar, hydrogen peroxide ranks up there as one of the best household remedies.

Besides the obvious (cleansing wounds), did you know that it is probably the best remedy to dissolve ear wax? Brighten dingy floors? Add natural highlights to your hair? Improve your plants root systems? The list goes on and on!

There are SO many uses for this stuff that I've started replacing the cap on the hydrogen peroxide bottle with a sprayer because it's easier and faster to use that way.

I have compiled a rather impressive list of uses for 3% hydrogen peroxide that I hope will have you as thrilled and bewildered as I was!

Wash vegetables and fruits with hydrogen peroxide to remove dirt and pesticides. Add 1/4 cup of H<sub>2</sub>O<sub>2</sub> to a sink of cold water. After washing, rinse thoroughly with cool water.

In the dishwasher, add 2 oz. to your regular detergent for a sanitizing boost. Also, beef up your regular dish soap by adding roughly 2 ounces of 3% H<sub>2</sub>O<sub>2</sub> to the bottle.

Use hydrogen peroxide as a mouthwash to freshen breath. It kills the bacteria that causes halitosis. Use a 50/50 mixture of hydrogen peroxide and water.

Use baking soda and hydrogen peroxide to make a paste for brushing teeth. Helps with early stages of gingivitis as it kills bacteria. Mixed with salt and baking soda, hydrogen peroxide works as a whitening toothpaste.

Soak your toothbrush in hydrogen peroxide between uses to keep it clean and prevent the transfer of germs. This is particularly helpful when you or someone in your family has a cold or the flu.

Clean your cutting board and countertop. Let everything bubble for a few minutes, then scrub and rinse clean. (I've been using it for this a LOT lately!)

Wipe out your refrigerator and dishwasher. Because it's non-toxic, it's great for cleaning places that store food and dishes.

Clean your sponges. Soak them for 10 minutes in a 50/50 mixture of hydrogen peroxide and warm water in a shallow dish. Rinse the sponges thoroughly afterward.

Remove baked-on crud from pots and pans. Combine hydrogen peroxide with enough baking soda to make a paste, then rub onto the dirty pan and let it sit for a while. Come back later with a scrubby sponge and some warm water, and the baked-on stains will lift right off.

Whiten bathtub grout. First dry the tub thoroughly, then spray it liberally with hydrogen peroxide. Let it sit — it may bubble slightly — for a little while, then come back and scrub the grout with an old toothbrush. You may have to repeat the process a few times.

Clean the toilet bowl. Pour half a cup of hydrogen peroxide into the toilet bowl, let stand for 20 minutes, then scrub clean.

Remove stains from clothing, curtains, and tablecloths. Hydrogen peroxide can be used as a pre-treater for stains — just soak the stain for a little while in 3% hydrogen peroxide before tossing

into the laundry. You can also add a cup of peroxide to a regular load of whites to boost brightness. It's a green alternative to bleach, and works just as well.

Brighten dingy floors. Combine half a cup of hydrogen peroxide with one gallon of hot water, then go to town on your flooring. Because it's so mild, it's safe for any floor type, and there's no need to rinse.

Clean kids' toys and play areas. Hydrogen peroxide is a safe cleaner to use around kids, or anyone with respiratory problems, because it's not a lung irritant. Spray toys, toy boxes, doorknobs, and anything else your kids touch on a regular basis.

Help out your plants. To ward off fungus, add a little hydrogen peroxide to your spray bottle the next time you're spritzing plants.

Add natural highlights to your hair. Dilute the hydrogen peroxide so the solution is 50% peroxide and 50% water. Spray the solution on wet hair to create subtle, natural highlights.

According to alternative therapy practitioners, adding half a bottle of hydrogen peroxide to a warm bath can help detoxify the body. Some are skeptical of this claim, but a bath is always a nice way to relax and the addition of hydrogen peroxide will leave you – and the tub – squeaky clean!

Spray a solution of 1/2 cup water and 1 tablespoon of hydrogen peroxide on leftover salad, drain, cover and refrigerate. This will prevent wilting and better preserve your salad.

Sanitize your kids' lunch boxes/bags.

Dab hydrogen peroxide on pimples or acne to help clear skin.

Hydrogen peroxide helps to sprout seeds for new plantings. Use a 3% hydrogen peroxide solution once a day and spritz the seed every time you re-moisten. You can also use a mixture of 1 part hydrogen peroxide to 32 parts water to improve your plants' root system.

Remove yellowing from lace curtains or tablecloths. Fill a sink with cold water and add 2 cups of 3% hydrogen peroxide. Soak for at least an hour, rinse in cold water and air dry.

Use it to remove ear wax. Use a solution of 3% with olive or almond oil. Add a couple drops of oil first then H<sub>2</sub>O<sub>2</sub>. After a few minutes, tilt head to remove solution and wax.

Helps with foot fungus. Spray a 50/50 mixture of hydrogen peroxide and water on them (especially the toes) every night and let dry. Or try soaking your feet in a peroxide solution to help soften calluses and corns, and disinfect minor cuts.

Spray down the shower with hydrogen peroxide to kill bacteria and viruses.



Use 1 pint of 3% hydrogen peroxide to a gallon of water to clean humidifiers and steamers.

Wash shower curtains with hydrogen peroxide to remove mildew and soap scum. Place curtains in machine with a bath towel and your regular detergent. Add 1 cup full strength 3% hydrogen peroxide to the rinse cycle.

Use for towels that have become musty smelling. 1/2 cup Peroxide and 1/2 cup vinegar let stand for 15 minutes wash as normal. Gets rid of the smell.

Use hydrogen peroxide to control fungi present in aquariums. Don't worry, it won't hurt your fish. Use sparingly for this purpose.

De-skunking solution. Combine 1 quart 3% H<sub>2</sub>O<sub>2</sub>, 1/4 cup baking soda, 1 teaspoon Dawn dish detergent, 2 quarts warm water.

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<https://secure.defenders.org/site/Advocacy?cmd=display&page=UserAction&id=2627>

The **U.S. Fish and Wildlife Service (FWS)** has just quietly barred **16 of the world's most respected wolf experts** from advising on the agency's misguided proposal to delist most gray wolves in the Lower 48

So what got these scientists barred? They sent a letter to Secretary Jewell asserting that the proposal contained no sound scientific rationale to support delisting of wolves. Put simply, these men and women are guilty of nothing more than telling the truth and defending their integrity.

Though the majority of evidence is clearly against delisting, FWS is now cherry picking who gets to review the proposal and has decided to ignore those experts who truly know the most and could provide an objective evaluation of this premature delisting proposal.

**Shameful.**

To add insult to injury, the letter that these 16 prominent scientists originally sent was written to express their concern **that their own research was being distorted in order to justify the delisting.**

**[This is outrageous – insist that FWS reverse this irresponsible decision immediately and allow scientists with the most expertise to review the wolf delisting plan!](#)**

The U.S. Fish and Wildlife Service is stacking the deck to make sure that wolf experts are not heard. This makes a mockery of science, puts wolves at risk and weakens the integrity of the Endangered Species Act.

**[Please, time is of the essence – take action today! Thank you for all you do.](#)**

Sincerely, **Jamie Rappaport Clark**, President, Defenders of Wildlife

*Defenders of Wildlife is a national, nonprofit membership organization dedicated to the protection of all native wild animals and plants in their natural communities.*

Defenders of Wildlife can be contacted at 1130 17th Street, NW, Washington, DC 20036

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### **The perfect living situation? Germans have a word for it (of course)**

David Roberts wants to live in a baugruppe. Here's what that is -- and why you'll want to live in one, too.

BY DAVID ROBERTS

[http://grist.org/cities/i-want-to-live-in-a-baugruppe/?](http://grist.org/cities/i-want-to-live-in-a-baugruppe/?utm_campaign=daily&utm_medium=email&utm_source=newsletter&sub_email=shayne@sprintmail.com)

[utm\\_campaign=daily&utm\\_medium=email&utm\\_source=newsletter&sub\\_email=shayne@sprintmail.com](http://grist.org/cities/i-want-to-live-in-a-baugruppe/?utm_campaign=daily&utm_medium=email&utm_source=newsletter&sub_email=shayne@sprintmail.com)

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### **NATIONAL ASSOCIATION OF TRIBAL HISTORIC PRESERVATION OFFICERS Updates and Deadlines for Tribal Preservation Conference**

Friday, August 9, 2013

The 15th National Tribal Preservation Conference to be held in Billings, Montana, is only a little more than one week away.

Today is the deadline for:

-- Pre-registration: <http://www.nathpo.org/PDF/RegistrationForm13.pdf>

-- Guaranteed hotel rate: <http://www.nathpo.org/PDF/15Transportationpagerevised.pdf>

A detailed agenda is now on the NATHPO website:

<http://www.nathpo.org/PDF/15DetailedAgenda8-9-13.pdf>

All conference information may be found on the NATHPO website:

<http://www.nathpo.org/>

Questions? Please send an email message to [bambi@nathpo.org](mailto:bambi@nathpo.org) or call (202) 628-8476.

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### **The Keystone XL pipeline alternative you've never heard of is probably going to be built**

As the Keystone XL pipeline has been mired in controversy, a competitor is speeding through plans for a pipeline that would do the exact same thing.

BY THOMAS STACKPOLE

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## Electric roads could make plugging in your EV a thing of the past

This week, South Korea debuted the world's first electric road, equipped with underground cables that charge EVs parked or driving above.

BY CLAIRE THOMPSON

