

## ***Journal #3124      from sdc      5.30.14***

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## Veterans Issue Marching Orders to Get Kids in Shape

Troy Wilde, Public News Service-NV

<http://www.publicnewsservice.org/2014-05-23/health-issues/veterans-issue-marching-orders-to-get-kids-in-shape/a39546-1>

(05/23/14) CARSON CITY, Nev. [A] A group of retired military leaders says it's a matter of national security to improve the health and education of children.

[Mission: Readiness](#) is a group of some 400 retired senior military leaders, including U.S. Air Force Brig. Gen. Denny Schulstad.

"And what we are trying to do is encourage young people to, number one, get a good education,[A] he explains. [A] Stay out of trouble with the law and stay in some reasonable physical shape so that you are eligible to join the military."

Schulstad says the growing number of young people who are overweight or obese is of great concern to the military because many potential recruits are not healthy enough to enlist.

Schulstad says one way to reverse the trend and help get children moving toward a healthier lifestyle is promote and support programs that help provide them with safe routes to school.

"Today only 13 percent of the young people either ride their bike or walk to school,[A] he points out. [A] We would like very much to see that number increase because that is a very easy way to encourage kids to get outside, to walk, to run, to ride their bicycles."

According to the [Centers for Disease Control and Prevention \(CDC\)](#), over the past 30 years obesity among adolescents has quadrupled.

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### Joseph Galata

*After zumba went to get results of check up medical tests - everything 100% excellent!!! Arteries, heart, weight, blood pressure, muscles, bones, etc. Excellent! Then was asked " at the age of 61 what's your secret? You ought to market it and make some \$\$\$.* I replied - " 15 months with NO SUGAR, NO CORN SYRUP, and NO WHITE CARBS!" Yep - getting diagnosed as having diabetes 15 months ago was a blessing! Then someone there asked me if I thought there was any possible connection to my getting diabetes and getting struck by that lightning bolt 2 1/2 years ago ...and I said " my diabetes was 10000 times more connected to eating decades of sugar, pasta, and drinking soda...But maybe the lightning bolt woke me up and knocked some common sense into me!" ...a 144,000 mph lightning bolt couldn't kill me but decades of sugar nearly did!!!!!!

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*Any tribal oral history?*

### [Humboldt State researchers discover remnants of historic tsunamis](#)

National study seeks to prepare West Coast for future disasters  
Will Houston, Times Standard

A group of Humboldt State University researchers and graduate students aided in the discovery of the first tactile evidence of a historic tsunami at Half Moon Bay as part of a national study aimed at increasing the state's understanding and defenses against the aqueous natural disaster.

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**When the Hoover Dam was built, this worker had the dirtiest job**

JOHN M. GLIONNA, LOS ANGELES TIMES

Nobody could recall his real name. Instead, he was known simply as Alabam, probably a riff off his Southern roots. But they all knew him, the old man who played a gritty and all-but-thankless role in the Depression-era building of Hoover Dam.

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*Really important to read:*

**In her own words: Pat Mulroy: "Water management in the Wild West: Lessons Learned"**  
**Maven, Maven's Notebook**

Here is Pat Mulroy, former General Manager of the Southern Nevada Water Authority, in her own words, speaking at the 2014 spring conference of the Association of California Water Agencies (ACWA):

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*"A man who takes away another man's freedom is a prisoner of hatred; he is he is locked behind the bars of prejudice and narrow-mindedness. I am not truly free if I am taking away someone else's freedom, just as surely as I am not free when my freedom is taken from me." Nelson Mandela*

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**Della Lynn Morrison's video: MENS FANCY.**

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Federal Water Tap:

**Both sides of Congress passed a \$US 12 billion water infrastructure package last week.**

The 532-page [Water Resources Reform and Development Act](#) is a doozy. It hands out money, defines policies, and orders new studies. The highlights:

- Project planning assessments, called feasibility studies, will be capped at three years and \$US 3 million dollars, codifying Army Corps guidance issued in 2012. Exceptions for complex studies are possible.
- The corps will prepare a report on how drought affects the reservoirs it operates.
- The corps is prohibited from charging a fee for "surplus" water in the upper Missouri River Basin. North Dakota and South Dakota objected to earlier plans to charge for water supplies the corps did not need.
- Congress urges states that share rivers to sign water compacts. This non-binding request is directed at Alabama, Florida, and Georgia, which have struggled for decades over water releases from corps dams.
- The corps will close the Upper St. Anthony's Falls lock on the Mississippi River in Minnesota within a year. The closure will help prevent carp from getting a fin-hold in the state.
- The National Academy of Sciences will prepare a study on reducing risk from extreme weather.

- The Government Accountability Office, a watchdog, will review corps policies on floods, storms, and droughts.
- The bill authorizes final feasibility studies for 34 harbor, coastal restoration, and navigation projects, the largest of which are in Gulf Coast states. The most expensive project is a \$US 10 billion levee-and-lock system in southern Louisiana called Morganza to the Gulf, which will reduce flood risk.

### **California Drought Bill**

Hours before leaving town for the holiday weekend, the Senate passed [legislation aimed at getting more water to farmers in California's San Joaquin Valley](#) and storing more water in Colorado River reservoirs. The bill must now be reconciled with legislation that passed the House in February and garnered a veto warning from President Obama.

Sponsored by Dianne Feinstein, a California Democrat whose state is in the throes of its worst ever drought, the bill includes a number of changes to the operation of federal water supply projects, such as keeping open as much as possible diversion gates in the Sacramento-San Joaquin delta.

The bill quickens the approval process for water transfers and for temporary dams in the delta. For environmental reviews, it orders federal agencies to work with the White House to find "alternative arrangements" – undefined by the bill – to comply with federal law and move water more quickly.

The bill also urges that water for wildlife refuges in the Central Valley be obtained from conservation or groundwater wells and that a portion of those savings be transferred to farmers.

These provisions expire when Governor Jerry Brown lifts the state's drought emergency declaration.

Two items, both of which involving the Colorado River Basin, do not expire. One is the federal funding to increase water volumes in the basin's reservoirs. Most likely this will take the form of payments to farmers for conservation or land fallowing.

The second is a National Academy of Sciences study on the water-saving effects of removing salt cedar from river banks. Kill the plant and it no longer uses water.

### **EPA Water Rule**

The House Small Business Committee will hold [a hearing](#) on May 29 to discuss the U.S. Environmental Protection Agency's recent rule that defines which water bodies are subject to federal regulation.

Then on June 19 the EPA's science advisory board will hold [a public teleconference](#) to talk about its review of the rule. To sign up, email [armitage.thomas@epa.gov](mailto:armitage.thomas@epa.gov).

### **Clean Water Act Violations**

Chevron, an oil major, will pay a [\\$US 875,000 fine](#) for a crude oil spill in 2010 and a diesel fuel spill in 2013, both in Utah.

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### **~Welcome to the Lac Vieux Desert Tribal Website~**

The tribe originally lived on South Island in Lac Vieux Desert until they moved to the south shore of the lake around 1880.

Fishing, hunting and gathering natural foods has sustained the members of the Lac Vieux Desert Band for years.



After the treaty of 1854, a large portion of the Lac Vieux Desert Band returned to this village from the established reservation at L'anse. When the ceded Indian lands were placed on public sale, the Indian of Katikitegoning pooled part of the yield of their winter hunting, and took the furs to the Public Land Office in Marquette to purchase the land they were living on.

<http://www.lvdtribal.com/default.html>

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## **FEDERAL COMMUNICATIONS COMMISSION | EXTENDED DEADLINE to July 3, 2014: Seeking Nominations for the Native Nations**

Broadband Task Force: To View the Updated Public Notice Click Here. Members of the Task Force assist the FCC in development of tribal recommendations to improve and promote broadband deployment and adoption on tribal lands. Applications must be emailed to Robert Finley at [robert.finley@fcc.gov](mailto:robert.finley@fcc.gov), Lyle Ishida at [lyle.ishida@fcc.gov](mailto:lyle.ishida@fcc.gov), and also to [native@fcc.gov](mailto:native@fcc.gov).

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**Attachments:** [CN Policy Brief - FY2014 USDA Community Connect Grant Program.pdf](#)

The USDA recently released a Notice of Funding Availability for the Fiscal Year 2014

**Community Connect Grant Program**, which can provide as much as \$3 million in grants to deploy broadband to rural, unserved areas. There's a total of \$13 million available in this grant cycle, and there is an **application deadline of July 7, 2014** for any interested grant applicant.

This Policy Brief summarizes the grant opportunity and requirements.

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**More for the Calendar** (compliments of [www.newsfromnativecalifornia.com](http://www.newsfromnativecalifornia.com))

**Through You, Our Ancient Leaders, We Became: Birth of the Agua Caliente Band – EXHIBIT**  
**October 30, 2013 - November 9, 2014**



Agua Caliente Cultural Museum,  
219 S. Palm Canyon Dr., Palm  
Springs, CA 92262 United States  
[+ Google Map](#)

The 19th and 20th centuries ushered in some of the most challenging events in Cahuilla history. This new exhibition explores the external and internal pressures that six influential Cahuilla leaders faced during the transformation of three autonomous clans into one tribal band. Learn how Juan Antonio, Cabazon, Manuel Largo, Pedro Chino, Francisco Patencio, and John Joseph

**Animals Speak: Native American Creation Tales – EXHIBIT**     **January 1 - June 16**

Marin Museum of the American Indian,  
2200 Novato Blvd., Novato, CA United States [+ Google Map](#) [Find out more »](#)

**37th Annual Gathering of Honored Elders**     **June 7 @ 10:00 AM - 3:00 PM**

State Indian Museum, 2618 K St., Sacramento, CA 95816 United States  
Come join elders keeping tradition and the language alive through storytelling, native dances,  
and guest speakers. 10 a.m. to 3 p.m. (916) 324-0971.

[Find out more »](#)     **\$6.00**     [+ Google Map](#)

**Rock Art Mysteries**     **June 21 @ 8:00 PM - 9:00 PM**

Maidu Museum and Historic Site, 1970 Johnson Ranch Dr., Roseville, CA 95661 [+ Google Map](#)

A tour of the museum's petroglyphs by lantern light. 8 to 9 p.m. \$6. (916) 774-5934 [or](#)  
[www.maidumuseum.org](http://www.maidumuseum.org).     [Find out more »](#)

**Flute Making Workshop with Marvin and Jonette Yazzie and Ernest Siva – CLASS**

**June 26 - July 29**

Idyllwild Arts, 52500 Temecula Road, Idyllwild, CA     [+ Google Map](#)  
Summer Native American Arts Program runs June 26 through July 7. Scholarships available for  
Native American educators, community leaders, and youth. Registration required for workshops.  
[Find out more »](#)

**24th Annual California Indian Basketweavers' Association Gathering**     **June 27 - 29**

Morongo Indian Reservation, 13000 Malki Rd., Banning, CA United States [+ Google Map](#) Friday  
events open to CIBA members only. Saturday–Sunday, 9 a.m. to 5 p.m. (805) 688-7997. [Find](#)  
[out more »](#)

**Native American Arts Festival Week**     **June 29 - July 6**

“Reimagining Our Stories: Storytelling in the 21st Century” Performances, films, lectures,  
exhibits. Festival guests include Cahuilla birdsingers, Ernest Siva, Gerald Clarke, Joe Baker,  
Freddie Bitsoie, Phillip Espinoza, Jessica Metcalfe, and more. Free and open to the public. Visit  
[www.idyllwildarts.org](http://www.idyllwildarts.org) or call (951) 659-2171, ext. 2365, for full schedule of events.

[Find out more »](#)

**Cahuilla Basketry Workshop with Rose Ann Hamilton – CLASS**     **June 30 - July 4**

Idyllwild Arts, 52500 Temecula Road, Idyllwild, CA United States [+ Google Map](#) Summer  
Native American Arts Program runs June 26 through July 7. Scholarships available for Native  
American educators, community leaders, and youth. Registration required for workshops. [Find](#)  
[out more »](#)

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**Students in ‘at-risk youth’ program discover 7,000-year-old mummy in Chile**

By Agence France-Presse Monday, May 26, 2014 16:55 EDT

A group of students discovered a 7,000-year-old mummy during a trip to northern Chile, local media reported Monday.

La Tercera newspaper reported that the find was made by chance Saturday during a visit to the Morro de Arica site by local students.

The children, at-risk youths enrolled in an archeology workshop, were performing excavation work when one found a strange shape under dog droppings.

Ancient archeological artifacts have been forced toward the surface following the powerful 8.2 earthquake that rocked the region in April, reports say.

Trip organizer Hans Neira said the discovery of the mummy, part of the Chinchorro culture, showed that the area should be declared a protected zone. Andreas fought to preserve sovereignty and assert the band's legal rights. Tuesday–Friday, 12 noon to 5 p.m. Saturday and Sunday, 12 noon to 4 p.m. \$5 adults,... [Find out more](#)

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#### ANKOLE-WATUSI CATTLE

Description: "The lineage of the Ankole-Watusi breed can be traced to before 4000 B.C. as proved by rock paintings in the Sub-Sahara, the Egyptian and Meroetic pyramids, before the first pharaohs ruled Egypt. The breed lived along the Nile particularly prevailing around the shores of lake Victoria and Tanganyika. The majestic animal was a result of an African Buffalo Hybrid."

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#### **New Film Destroys TransCanada's Sunny Keystone PR Campaign**

Bill Moyers

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#### **Pageant of America Photograph Archive : NYPL Digital Gallery**

URL: [http://digitalgallery.nypl.org/nypldigital/explore/dgexplore.cfm?topic=all&col\\_id=187](http://digitalgallery.nypl.org/nypldigital/explore/dgexplore.cfm?topic=all&col_id=187)

Digital images of 7,000 "photographs from 1860s–1920s, curated for the 15-volume series The Pageant of America: A Pictorial History of the United States commemorating the nation's sesquicentennial in 1926."



SEARCH TERM: Indian

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**Food's Big-Picture Guy** By MARK BITTMAN

A "special rapporteur on the right to food" confirms how mainstream what once seemed like radical thinking about diet has become.

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[http://www.doi.gov/ost/records\\_mgmt/records.cfm](http://www.doi.gov/ost/records_mgmt/records.cfm)

AIRR contains **retired Indian Affairs records** from BIA agencies and OST offices all over the nation. Records—from as far back as the 1700s—include trust, education and other historic Indian Affairs records. The only Indian records not stored at AIRR are active records at DOI offices and those that have become legal property of [NARA](#) and will remain at NARA facilities around the nation.

The facility continues to receive boxes from the field as active records become inactive. A total of over **200,000 indexed boxes** had been sent to AIRR for permanent storage by the end of fiscal year 2012. In the past three years, the monthly average of boxes received has been 1,157. Each standard records center box holds one cubic foot of material; one cubic foot holds approximately 2,500 sheets of paper.

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This incredible short film shares an **Indigenous Native American Prophecy** that links all of life and the future of our planet. Please watch and share!

We want t... [See More](#)

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Dear Colleague,

On May 19, the Institute of Museum and Library Services (IMLS) released an updated list of active museums in the U.S. The findings were significant for the field of history, showing that [over half of active museums in America are History Organizations](#).

With this groundbreaking information fresh in our minds, AASLH brings to your immediate attention the work of the **National Coalition for History** (NCH)—of which AASLH is a proud partner—and its efforts to create a new [Congressional History Caucus](#).

The purpose of the caucus is to provide a forum for members of Congress to share their interest in history and to promote an awareness of the subject on Capitol Hill.

NCH leadership felt it was important for the historical community to be perceived as a resource by Congress instead of just another constituent seeking funding. This effort includes establishing relationships between Members of Congress and history professionals at institutions in their districts.

Recently a "[Dear Colleague](#)" letter was circulated by the co-chairs soliciting other Members of Congress to join. The letter explains the Caucus in more detail and outlines its goals and planned activities.

NCH, working through its member organizations, is asking historians and humanities advocates across the country to encourage their representatives to join the caucus.



AASLH is asking all members and professionals in the field of state and local history to contact their representative. Please ask them to join the Congressional History Caucus, and reference the above IMLS findings in your message.

[Send a message now to your Representative!](#)

Terry Davis AASLH President & CEO

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USGBC Nevada June Breakfast Meeting - Urban Gardening's influences on LEED Certified Buildings

**Location:** Las Vegas Springs Preserve - Desert Living Center Conference Room 333 S. Valley View Blvd., Las Vegas, 89107

**Date:** 10 Jun 2014 7:00 AM PDT

### **Urban Gardening's Influences on LEED Certified Buildings**

Agriculture continues to gain traction here in the state in both the North as well as the Southern parts of the state with continued focus on urban gardening. Did you know that Las Vegas was voted the #2 city in the nation for urban farming?

Join us for a panel discussion led program focused on resource efficiency, educational and social benefits of urban gardening and their potential contribution to a LEED-certified facility.

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**Verita Black Prothro**

I need two voluptuous models for a fashion show on June 26, Size 16 up, the show is strolling. Thanks! (Reno)

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### **About Nevada Performance Academy**

The stage is set for an entirely new educational experience. For a select number of northern Nevada students with passion to perform, in or out of the spotlight, the Nevada Performance Academy (NPA) is their stage.

Within a free, public, charter-school, highly qualified teachers and performance mentors create academic and extracurricular programs centered on teamwork and participation, delivering a bright and uplifting school culture.

Project-based learning through the visual, performing, literary, digital, and fine arts informs and structures student learning in language, civics, science, technology, design, and math. This builds critical thinking, creativity, problem solving and relevant workforce skills, as well as stand-out college readiness. Students adeptly toggle between virtual and face-to-face instruction, which models the 21st century workplace. And, our Performance Series of electives allow students to earn academic credit for the performing they do outside of school as well.

Aggressive local partnerships with Western Nevada College (including opportunities for dual credit, individual lessons, and scholarships), the Brewery Arts Center, and the Carson City

Library broaden the NPA campus and leverage college professors, local artists, librarian-educators and the infrastructure of local learning institutions. The integration of academics, arts-based lessons and school-wide projects creates a rich collaborative community stage that embraces the region's diverse natural assets, its rich history, and expert performers and instructors.

**PAT HICKEY**  
ASSEMBLYMAN  
District No. 28  
MINORITY FLOOR LEADER

COMMITTEES:  
Member  
Health and Human Services  
Legislative Operations  
and Elections  
Taxation  
Ways and Means



**State of Nevada**  
**Assembly**  
**Seventy-Seventh Session**

**DISTRICT OFFICE:**  
1580 Forest Street  
Reno, Nevada 89509-9707  
Office: (775) 329-6663  
Cell: (775) 752-8006  
Fax No.: (775) 329-7902  
Email: [phickey@nvtado.net](mailto:phickey@nvtado.net)

**LEGISLATIVE BUILDING:**  
101 South Carson Street  
Carson City, Nevada 89701-4747  
Office: (775) 684-6627  
Fax No.: (775) 684-6633  
Email: [Pat.Hickey@leg.state.nv.us](mailto:Pat.Hickey@leg.state.nv.us)  
[www.leg.state.nv.us](http://www.leg.state.nv.us)

Dear Parents and businesses in the Reno-Sparks community,

Greetings. I urge you to attend, as I will be--Ace High School's community **Campus Tour Day**, on Saturday, May 31st, between 11:00AM-1:00PM, 2800 Vassar Street, in Reno.

It is projected that there will be 47 million job openings in the U.S. between now and 2018, and nearly all will require the kind of foundational tools that ACE's **core curriculum** of career training provides.

The Campus Tour Day will open your eyes to what bright and motivated students in a high expectation learning environment, can accomplish!

If you are an employer in the Truckee Meadows, looking for some of the "best and brightest" of potential graduates, or you are a parent looking for a school to both challenge and prepare your students for future success-- you should come see for yourself, ACE's proven model of an **"education that works."** on May 31st.

I hope you will join me and other community leaders in taking pride in a homegrown experiment in academic excellence that is producing college and career-ready students in a most remarkable fashion.

I look forward to joining you for an exciting day of practical achievement in action. Expect to be impressed!

Yours truly,

Pat Hickey  
Nevada Assembly Minority Leader

Whether on the stage, on the podium, or at the helm, the spotlight shines on the students of the Nevada Performance Academy!

- <http://www.npacharter.org>

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<http://www.npr.org/templates/search/index.php?searchinput=native+american>

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## SAVE THE DATE

### **National Day of Prayer for the Protection of Native American Sacred Places**

**Native American Rights Fund  
Friday, June 20, 2014**

**Please plan on joining us** for a sunrise ceremony that will be held at 7:00 a.m., Friday, June 20, on the front lawn of the Native American Rights Fund in Boulder, Colorado. The program and prayer service will last about one hour, followed by a potluck breakfast. Speakers will include Ute elder Kenny Frost, and NARF Attorneys involved in sacred places work. Speakers will be followed by a moment of silence in honor of the many sacred places that are being threatened, damaged, and destroyed today.

As part of its mission, the Native American Rights Fund has long advocated for sacred site protection, religious freedom efforts and cultural rights. Recently, NARF expanded its efforts to protect lands that are sacred and precious to Native Americans. As Suzan Shown Harjo (Cheyenne & Hodulgee Muscogee), a national leader in the protection of sacred places and partner with NARF in its efforts in the area, explains, "Native and non-Native people gather at this Solstice time for ceremonies and events to honor sacred places... Observances are necessary because Native Peoples are engaged in myriad struggles with developers that endanger or destroy Native sacred places".

Please show your support for the protection of sacred places by joining us for the June 20th program. We ask you to please bring food and/or beverages to share at the completion of the program. Sharing of nourishment together is part of the ceremony. joining us for a sunrise ceremony.

More information will be sent out as we get closer to Prayer Day.