

Journal #4851

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Salmon Spawn in Upper ColumFirst Time in Over 80 Years

Indigenous symbols rise as colonial monuments fall in New Mexico

Tribes Halt Copper Mine on Ancient Sacred Ground



[N8vz In Regalia](#)

The Cayaditto Brothers (Logan and Garrett)

Mark Lawson photo -MEL-2015

NATIVE HEALTH's Indigenous Cook-Off

The objective of the Indigenous Cook-Off Challenge is to encourage and explore healthier cooking alternatives during this pandemic where quarantining at home is now the new normal.

NATIVE HEALTH kicked off our first Indigenous Cook-Off Challenge with the focus on utilizing Indigenous ingredients. There were three challenges and each of them included an Indigenous ingredient.

The first challenge was the appetizer round. Participants received Ramona Farms Wheat Berries. The second challenge was an entree and they used Crazy Chile Farm's Blue Cornmeal. The third and final challenge was to incorporate Prickly Pears into a dessert.

Participants received the Indigenous ingredient and a \$25.00 gift card to help offset the cost of participating in the challenge.

Each contestant submitted two photos (left) and a one minute video of their entry. Videos and photos were posted on NATIVE HEALTH's Facebook page where they were viewed and voted for First, Second, and Third Places. Each of the three winners received gift cards.

We did it! NATIVE HEALTH's Indigenous Cook-Off has come to a close. Let's take a moment to recognize the winners of each round and the dish they made. To recap, Round One featured Ramona Farms Wheat Berries.

The winners were: Lillian Beach who made a cranberry apple salad, Heather Billie who made wheat balls, and Laura Medina who made an exotic wheat berry salad

The second round, featured Crazy Chile Farms BlueCornmeal. The winners were: Liv Clarke who made Blue Corn ala mode, Bobbi Nez who made the Blue Corn Dumpling Stew with frybread, and Denella Belin who made Blue Corn Marbles over Tepary Coulis.

For the final round, chefs featured prickly pears. The winners were: Tyria Heath who made Prickly Pear Sugar Cookies with Cream Cheese Frosting, Asia Tsosie who made Prickly Pear Orange Shortbread Cookies, and Roxanne Wilson who made Prickly Pear Creme Brulee.

We hope you were able to learn how to make some new healthy dishes with Arizona Indigenous ingredients! We would also like to thank each of the chefs for participating in this event whether you were a cook or voter, you all made this possible.

You can also view the creative and innovative videos and recipes on NATIVE HEALTH's YouTube page <https://youtu.be/M6A2Yi8--vQ>.

For more information contact Mallory at (602) 279-5262 x 3134 or [email her](#).



weforum.org

[The US is building a bike trail that runs coast-to-coast across 12 states](#)

[The Great American Rail-Trail will stretch over 6,000km and allow cyclists, hikers and riders to traverse the entire length of the US.](#)

GRANTSTATION

[Emergency Grants Aid Pueblo Communities in New Mexico](#)

Through the COVID-19 Emergency Relief Funding program, the Chamiza Foundation is supporting organizations that serve Pueblo communities throughout New Mexico. visit our [COVID-19 Related Funding](#) page.

National Opportunities

[Support for After-School Programs for Middle Schoolers](#)

The Aim High grant program, funded by the New York Life Foundation and administered by the Afterschool Alliance, supports out-of-school programs serving middle school youth nationwide.

[Programs for People With Spinal Cord Injury in the U.S. and Canada Funded](#)

The Craig H. Nielsen Foundation is dedicated to supporting both programs and scientific research to improve the quality of life for those affected by and living with spinal cord injury.

[Fellowships to Address Criminal Justice Issues Offered](#)

Soros Justice Fellowships, an initiative of the Open Society Foundations, funds outstanding individuals to undertake projects that advance reform, spur debate, and catalyze change on a range of issues facing the U.S. criminal justice system.

[Grants Enhance School Libraries Serving Disadvantaged Students](#)

The Snapdragon Book Foundation seeks to foster children's literacy by providing support to school libraries serving disadvantaged children.

Regional Opportunities

[Health Care Initiatives in North Carolina Supported](#)

The Kate B. Reynolds Charitable Trust works to improve the health and quality of life of the residents of North Carolina.

Funds for Oregon Organizations Benefiting the Public

The Reser Family Foundation supports nonprofit organizations in Oregon that benefit the residents of the state, creating a brighter future for all.

Grants Promote Educational Programs for D.C. Area Residents

The Herb Block Foundation is committed to defending the basic freedoms guaranteed all Americans, combating all forms of discrimination and prejudice, and improving the conditions of the poor and underprivileged.

Support for Efforts to Improve the Lives of Colorado's Children and Families

The grantmaking program of the Caring for Colorado Foundation is rooted in its purpose of achieving equity, health, and well-being for Colorado's children and families.

Federal Opportunities

Funds Available to Address Youth Opioid Use

The Opioid Affected Youth Initiative supports programs and strategies that identify, respond to, treat, and support children, youth, and families impacted by the opioid epidemic to ensure public safety.

Awards Highlight Environmental Protection

The People, Prosperity, and the Planet (P3) Award Program provides support to research, develop, design, and demonstrate solutions to real world challenges.



Classroom Energy Diet Challenge

The Classroom Energy Diet Challenge, presented by Canadian Geographic and Shell Canada, is a competition among Canadian kindergarten to grade 12 classrooms (virtual, hybrid, or face-to-face) that aims to increase energy awareness. [Learn more](#) about the competition guidelines and application process.

sltrib.com

New film chronicles environmental ‘outlaw’ Ken Sleight’s fight to restore Glen Canyon
A 45-minute documentary about legendary southern Utah wilderness guide and environment provocateur Ken Sleight that premiered at the Wild and Scenic Film Festival last year is being screened this week by the Utah Film Center. The film will be livestreamed Tuesday at 7 p.m. by the Utah Film Center.

Arctic Refuge Lease Sale Goes Bust, as Major Oil Companies Skip Out

Tegan Hanlon and Nathaniel Herz, Alaska Public Media

Excerpt: "One of the Trump administration's biggest energy initiatives suffered a stunning setback Wednesday, as a decades-long push to drill for oil in Alaska's Arctic National Wildlife Refuge ended with a lease sale that attracted just three bidders - one of which was the state of Alaska itself." [READ MORE](#)

"The data is lacking. How do you expect us to address education and seek that improvement that has never ever really been a focus if we don't have accurate information?"

—Lance West, principal of Schurz Elementary School on the Walker River Indian Reservation



Elementary school teacher Kellie Harry's classroom includes two students learning in person and eight others connected virtually from home. (Joey Lovato/The Nevada Independent)

thenevadaindependent.com

[In a small, rural school reside big hopes for Nevada's Native students](#)

[Lance West returned home several years ago to serve as principal of Schurz Elementary School, which sits on the Walker River reservation. He has made it his mission to improve education for Native students. But the pandemic has added a new wrinkle to that quest.](#)

Mark Trahant ·

The Shoshone-Bannock Tribes can resume charging food and chemical conglomerate FMC Corp. a fee of \$1.5 million a year for storing hazardous waste on reservation land.



indiancountrytoday.com

[Tribes prevail in fight with chemical company](#)

[The US Supreme Court has declined to hear a challenge by FMC Corp., meaning the Shoshone-Bannock can regulate cleanup, charge \\$1.5M waste fees](#)

How Ancient DNA Unearths Corn's A-maize-ingsHistory

December 14th / BY [Erin Malsbury](#)



Sequencing entire genomes from ancient tissues helps researchers reveal the evolutionary and domestication histories of species. (Thomas Harper, The Pennsylvania State University) https://www.smithsonianmag.com/blogs/national-museum-of-natural-history/2020/12/14/how-ancient-dna-unearths-corns-maize-ing-history/?utm_source=smithsoniandaily&utm_medium=email&utm_campaign=20201215-daily-responsive&spMailingID=44108685&spUserID=OTYyNTc5MzkyMTQyS0&spJobID=1901376045&spReportId=MTkwMTM3NjA0NQS2



NATIVE HEALTH invites Maricopa County Native American/Alaska Natives to walk into the NEW YEAR with your tribal moccasins in celebrating life and reflect on what our ancestors have endured for us to be here.

We look forward to you and your family in participating in our Virtual 5K Walk In Your Mocs event on Saturday, January 16, 2021. Moccasins not required to participate

Please register for January's Walk in Your Mocs by clicking [here](#).

To receive Incentives, you will have to email documentation/proof of your mileage to **Kayleen**. You may do this by taking a snapshot of your screen on your phone to show how many miles you walked. You may utilize any fitness app you use or have on your phone and/or watch to track your mileage. Once we receive your email, we will mail out your incentive. Deadline to email proof of mileage Sunday, January 17, 2021. For more information about the virtual event, please contact Kayleen Wilson at (602) 279-5262 x 3304 or [email her](#).

Calendar

January 31, 2021 Deadline - 1994 Tribal Land-Grant Colleges and Universities Program USDA Scholarship. Full tuition, employment, employee benefits, fees, books, room and board for each year up to four years to selected students pursuing a Bachelor's degree in agriculture, food science, natural resource science or related field. For more information click [here](#).

January 31 Deadline - Daughters of the American Revolution Scholarship. \$4,000 one time scholarship awarded to Native American college and technical students of any age, any tribe, and in any state. Preference for undergraduate applicants. For more information click [here](#).

February 10 Deadline - Dorrance Scholarship Programs. For Arizona's eligible first generation college students. Up to 36 scholarships first generation Arizona high school seniors. For more information [check the website](#).

February 15 Deadline - Border Latino and American Indian Summer Exposure to Research (BLAISER). Open to UA and non-UA students. For Junior status or beyond. For more information click [here](#).

February 17 Deadline - Native American Summer Research Internship (NARI) University of Utah, Department of Pediatrics. Undergraduate Junior & Senior Students. 10 week internship. For more information: [click here](#).

February 12 Deadline - University of Arizona Fall 2021 Cohort Indigenous Teacher Education Program (ITEP). For more information click [here.](#)

February 26 Deadline - NAU's Institute for Tribal Environmental Professionals 2021 Student Summer Internship. For more information click [here.](#)

March 1 Deadline - Arizona Community Foundation scholarships for high school seniors, current college students, or adult re-entry students. For more information check the [website.](#)

March 2 Deadline - Postbaccalaureate Research Education Program at University of Arizona. Biomedical Ph.D. programs. For more information click [here](#)

Resources

Vision Maker Media - Native storytelling and content. For more information click [here.](#)

AZ Tribal Health Listserv - University of Arizona's Mel and Enid Zuckerman College of Public Health. [Email them to be added to the Listserv.](#)

My Native Plate - Two page nutrition education tool, designed as a placemat. Easy to understand and shows balanced meals with reasonable portion sizes. For more information click [here.](#)

Native American Children's Literature Recommended Reading List - Click [here to view the list.](#)

EduMed- Scholarships and Resources for Native American and Alaskan Native Students. For more information click: [here.](#)

National Indian Child Welfare Act's (NICWA) AI/AN Grandfamilies: Helping Children Thrive Through Connection to Family and Cultural Identity, click [here.](#)

Native American Storytelling: Culture is Prevention. National American Indian and Alaska Native Addiction Technology Transfer Center webinar series will explore how traditional Tribal storytelling can be incorporated by Tribal providers into their work with patients. September 2, at 1:00 p.m. ET. For more information click [here.](#)

Tribal Lifeline - Customers living on Federally Recognized Tribal Lands **can receive up to \$34.25 off phone or internet. For AI/AN urban members they could still benefit \$9.24 subsidy per month.** For more information [click here.](#)

Spring Semester Starts January 11 - Tohono O'odham Community College - FREE tuition for individuals with a Tribal ID or CIB. For more information or to register check their [website](#) or email Jiivik at jsiiki@tocc.edu or call (520) 993-3023.

Native American Fatherhood and Families Association's Strengthening All Families Effectively Parent Resource Center in Mesa. Workshops, ongoing drop-in groups, family law and child support clinic. For more information click [here](#).

Strong Hearts Native Helpline - StrongHearts Native Helpline is a safe, anonymous and confidential domestic, dating and sexual violence helpline that offers culturally-appropriate support and advocacy for American Indians and Alaska Natives. If you or someone you love is experiencing domestic, dating or sexual violence or if you have questions about your behavior, help is available. For one-on-one advocacy, click on the Chat Now icon at <https://www.strongheartshelpline.org/> or call 1-844-7NATIVE (762-8483). Advocates are available daily from 5 a.m. to 18 p.m. PT.

New Native Film podcasts recorded in Phoenix, AZ; Available on Spotify, Apple Podcasts, and YouTube. For more information visit www.nativefilmtalk.com.

University of Arizona's Virtual Indigenous Governance Program. Fee. Limited to 30 students per session. For more information click [here](#).

Volunteers needed at PIMC Gift Shop. For more information call (602) 263-1576

[New Study Predicts Amazon Rainforest Will Collapse by 2064](#)

<https://www.ecowatch.com/amazon-rainforest-collapse-2649776959.html>

[3:07 Now playing](#)

[Mimbres Pottery-Princeton University Art Museum](#)



[Vickie Simmons](#)

Took a picture of Eagle on Mountain, while working today as Tortoise Monitor for our Solar Project bringing 250 mega watts of Clean Energy to substation at Nevada Energy Reid Gardner, now done with coal. These are the Navajo activist I went to Washington DC with, to replace coal with solar, 8 years ago. Proud of the work soooo many people did to get to this point, especially those who did not live to see this day.



[mlive.com](#)

[Muskegon-area libraries reviving bookmobile ‘dear to the hearts’ of residents
It's designed to reach those living in rural areas of the community.](#)

[The curious case of a rare plant's destruction raises further questions about the extinction crisis,
climate change and the role of humans](#)

By Daniel Rothberg

[returntonow.net](#)

[Salmon Spawn in Upper Columbia River First Time in Over 80 Years](#)

[A dam has blocked salmon from the upper Columbia River for almost a century, but Native American tribes carried them back, and now they’re having babies! The Grand Coulee Dam has kept salmon out of the upper portion of the Columbia River, in Washington State, since its construction in the \[...\]](#)

[Sheldon King](#)

· [Crow Agency, MT](#) ·



Seen this truck on the interstate today a Native American Woman
owns her own trucking company that’s awesome I say.



STATEWIDE LIBRARY ELECTRONIC DOORWAY

INFORMATION RESOURCES FOR, ABOUT, AND BY ALASKANS

[Introducing SLED - Alaska State Libraries, Archives, & Museums](#)

[lam.alaska.gov > sled > about](#)

Dec 11, 2020 — Introducing *SLED*. *SLED*, the Statewide Library Electronic Doorway, is an easy-to-use website that connects people to high quality *Alaska* ...

[Tundra Times Photograph Project - TCL at Tuzzy ...](#)

[tuzzy.org > TundraTimes](#)

Nov 21, 2020 — Our thanks too, to the *Arctic Slope* Regional Corporation and the ... for their continuing support of *projects* at the Tuzzy Consortium *Library*.

[Advocacy Archive - Arctic Slope Regional Corporation](#)

[www.asrc.com > issues](#)

Advocacy has brought the people of the *Arctic* together with like-minded tribes of the Lower 48 states on issues from Indian energy development and ...

Missing: ~~digital~~ project

[Catalog - North Slope Science Initiative](#)

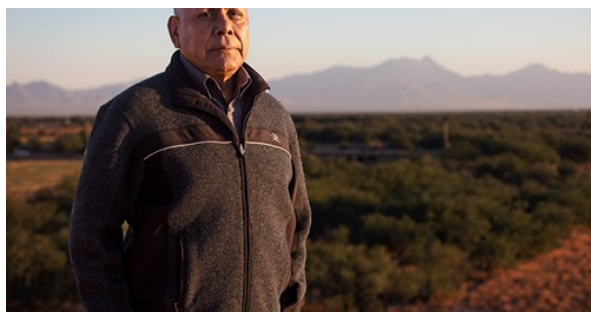
[northslopescience.org > catalog](#)

The North Slope Science Catalog facilitates the discovery, distribution and preservation of ... will inform continuing analysis and data *collection* efforts by stakeholders. ... The *project* was a collaborative effort by Alaska Department of Natural ... nests of greater white-fronted geese with *digital* cameras and periodic nest visits ...

Indigenous symbols rise as colonial monuments fall in New Mexico

A decades-long fight to honor Pueblo Nations history is spurring an arts movement and a return to ancestral knowledge.

Read in National Geographic: <https://apple.news/AMuD4AOP4R2qj3TZvc-YG-A>



Tribes Halt Copper Mine on Ancient Sacred Ground

https://www.google.com/search?source=hp&ei=ytf9X8uqOie4tQWqxK-gDQ&q=copper+mine+defeated+by+tribe&oq=copper+mine+defeated+by+tribe&gs_lcp=CgZwc3ktYWIQAzIICCEQFhAdEB46DggUELEDEMcBEKMCEJMCoggIABCxAXCDAToFCAAQsQM6CAguELEDEIMBOgsILhCxAXDHARCjAjoICC4QxwEQrWE6AggAOhQILhCxAXCDARDHARCjAhDJAXCTAjoFCC4QsQM6CAgAELEDEMkDOgIILjoOCC4QxwEQrWEQyQMqkwI6CwgAELEDEIMBEMkDOgUIABDJAZoGCAAQFhAeOgkIABDJAXAWEb46BwghEAoQoAE6BQghEKABOgUIIRCRAICNQ1iH7QFguPABaAFwAHgBgAHIBIgBwzeSAQwwLjM0LjQuMS4wLjGYAQCgAAQGqAQdn d3Mtd2l6&scient=psy-ab&ved=0ahUKEwjLt_Cv8ZbuAhUHxK0KHSriC9QQ4dUDCAg&uact=5