

Journal #5053 from sdc 10.21.21

A Meaningful Life

Earth's Population Statistics in Perspective

Women's Self Defense Class

Promoting Access to Voting

One Small Step/Story Corps

Knowledge is Power

"We Don't Exist Out There Without Subsistence"

*'Digital Farm Technology Is Not the Climate Panacea Corporations Want You to Think It Is
The Trouble with Truth, Reconciliation, Peace and Friendship Treaties: Indigenous Land/Resources*

Hundreds of weird three-eyed 'dinosaur shrimp' emerge after heavy rain

Untaming a river: The stakes behind America's largest dam removal

'Climate change is fundamentally altering the Colorado River,' congressional panel hears

Las Vegas, we have a (water) problem - A MUST READ

Dale Barr, Sr.



Your spirit speaks for you
-Stand Up Straight
-Be a Good Relative
HAGD My Luvz.. make it count
..*CrazyGoodLife*

Wambli Itancan Kangi Nunpa is 🙏 feeling peaceful.

A meaningful life..

is not about being rich, being popular, being highly educated, or being perfect. It is about being real, being humble, being strong, and being able to share ourselves and touch the lives of others

Earth's Population Statistics in Perspective

The population of Earth is around 7.8 Billion.

For most people, it is a large figure. However, if you condensed 7.8 billion into 100 persons, and then into various percentage statistics the resulting analysis is relatively much easier to comprehend.

Out of 100 :

11 are in Europe

5 are in North America

9 are in South America

15 are in Africa

60 are in Asia

49 live in the countryside

51 live in cities

12 speak Chinese

5 speak Spanish

5 speak [English](#)

3 speak Arabic

3 speak Hindi

3 speak Bengali

3 speak Portuguese

2 speak Russian

2 speak Japanese

62 speak their own language.

77 have their own dwellings.

23 have no place to live.

21 are over-nourished.

63 can eat full.

15 are under-nourished

1 ate the last meal but did not make it to the next meal.

The daily cost of living for 48 is less than 2 USD (US Dollars).

87 have clean drinking [water](#)

13 either lack clean drinking [water](#) or have a [water](#) source that is polluted.

75 have [mobile](#) phones

25 do not.

30 have internet access

70 do not have the availability to go online

7 received [university](#) education

93 did not attend [college](#).

83 can read
17 are illiterate.

33 are Christians
22 are Muslims
14 are Hindus
7 are Buddhists
12 are other religions
12 have no religious beliefs.

26 live less than 14 years
66 died between 15 - 64 years of age
8 are over 65 years old.

If you have your own home,
Eat full meals & [drink](#) clean [water](#),
Have a [mobile](#) phone,
Can surf the internet, and
have gone to [college](#),
You are in the miniscule privileged lot.
(in the less than 7% category)

Amongst 100 persons in the world, only 8 live or exceed the age of 65.

If you are over 65 years old, be content & grateful. Cherish life, grasp the moment.

If you did not leave this world before the age of 64 like the 92 persons who have gone before you, you are already the blessed amongst mankind.

Take good care of your own [health](#). Cherish every remaining moment.

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If you think you are suffering memory loss.....

Anosognosia, very interesting...

In the following analysis the [French Professor](#) Bruno Dubois, Director of the Institute of Memory and Alzheimer's Disease (IMMA) at La Pitié-Salpêtrière - Paris Hospitals, addresses the subject in a rather reassuring way:

"If anyone is aware of their memory problems, they do not have Alzheimer's."

1. forget the names of families.
2. do not remember where I put some things .

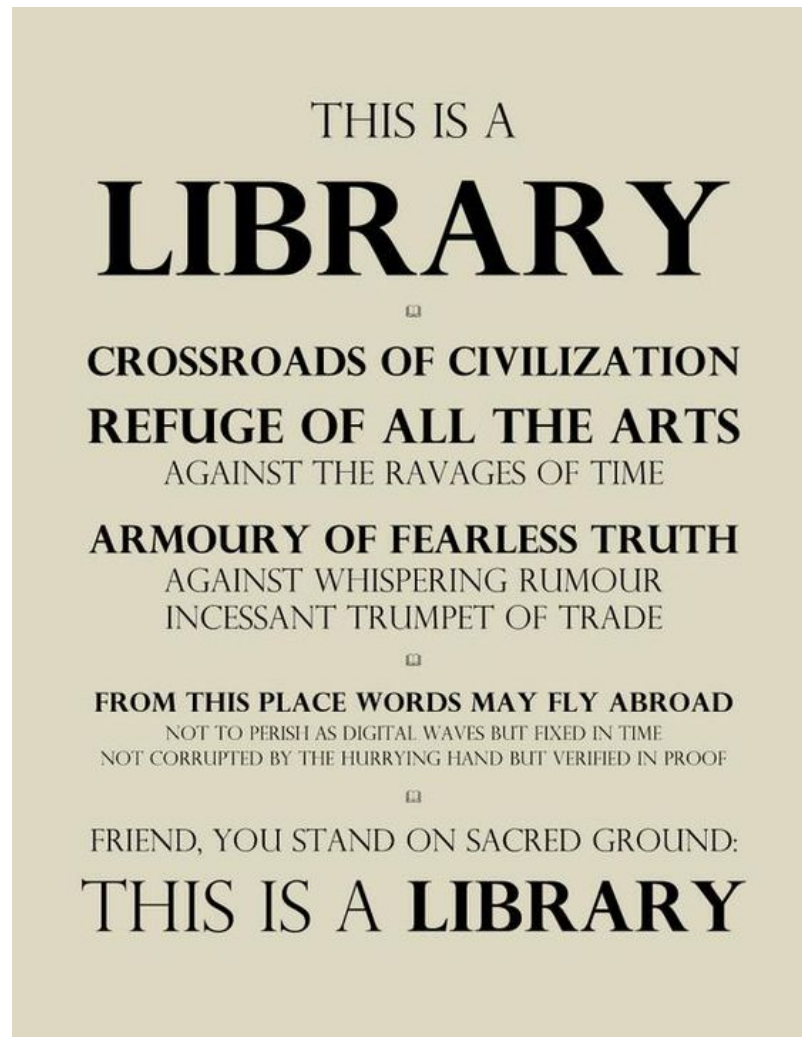
It often happens in people 60 years and older that they complain that they lack memory. "The information is always in the brain, it is the "processor" that is lacking."

This is "Anosognosia" or temporary forgetfulness.

Half of people 60 and older have some symptoms that are due to age rather than disease. The most common cases are:

- forgetting the name of a person,
- going to a room in the [house](#) and not remembering why we were going there,
- a blank memory for a movie title or [actor](#), an [actress](#),
- a waste of time searching where we left our glasses or keys ..

After 60 years most people have such a difficulty, which indicates that it is not a disease but rather a characteristic due to the passage of years ..



Many people are concerned about these oversights hence the importance of the following statements:

1. "Those who are conscious of being forgetful have no serious problem of memory."
2. "Those who suffer from a memory illness or Alzheimer's, are not aware of what is happening."

[Professor](#) Bruno Dubois, Director of IMMA, reassures the majority of people concerned about their oversights:

"The more we complain about memory loss, the less likely we are to suffer from memory sickness."

•

**Billions in environmental justice funds hang in the balance**

Tens of billions of dollars for U.S. environmental justice initiatives originally proposed in a \$3.5 trillion domestic spending

package now hang in the balance as Democrats decide how to trim the bill down to \$2 trillion. Investments in a wide range of these projects were proposed in the Build Back Better plan, but Senators Joe Manchin of West Virginia and Krysten Sinema of Arizona demanded that the bill be reduced, with Manchin asking for it to be cut by as much as half. With Republicans in lockstep against President Joe Biden's proposal, Democrats must hold together slim House and Senate majorities to pass it. —AP

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WOMEN'S SELF DEFENCE CLASS@UFC GYM. NOV 13TH@12PM 4875 KIETZKE

Contact: 775.285.9340

Cost: We ask for a minimum of a \$5 donation

Come learn a set of awareness, assertiveness, verbal confrontation skills, safety strategies, and physical techniques that enable someone to successfully escape, resist, and survive violent attacks.
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## **Promoting Access to Voting**

As the right to vote is the foundation of American democracy, on March 7, 2021, President Joe Biden signed [Executive Order 14019](#) (E.O. 14019) entitled "Promoting Access to Voting" to protect and promote that right for all Americans who are legally entitled to participate in elections. E.O. 14019 is in response to the fact that many Americans, especially people of color, confront significant obstacles to exercising that fundamental right. These obstacles include difficulties with voter registration, lack of election information, and barriers to access at polling places. For generations, Black voters and other voters of color have faced discriminatory policies and other obstacles that disproportionately affect their communities.

E.O. 14019 calls on all federal agencies to expand education about voter registration and election information, and find ways to promote and expand access to voter participation for multilingual voters. EPA is proud to be a part of this important initiative as it is integral to our mission to support equity and justice for all. It is our duty to ensure that registering to vote and the act of voting be made simple and easy for all those eligible to do so.

Please visit <https://vote.gov/> to **register to vote** and **access information on the election process in your state or territory**, including:

- Polling locations for early/election day voting
- Instructions on how to vote by mail (where available)
- Dates for upcoming elections
- Sample ballots for election days
- Any voter ID requirements

You can also follow [vote.gov](https://vote.gov) on twitter: <https://twitter.com/votegov>.

## **Modern Smoke Signals**



**One Small Step** is an effort to reconnect Americans, one conversation at a time.

In collaboration with national nonprofit [StoryCorps](#) and other community organizations throughout Northern Nevada and Eastern California, we invite you to meet someone new — a fellow resident with different views from you, who you might never come across otherwise — for a simple, personal, 50-minute conversation in English or Spanish, whichever language you prefer.

**Tested and safe, One Small Step conversations are:**

- Hosted virtually or in person by a trained facilitator
- Seamless, powerful and respectful
- Archived as part of American history at the Library of Congress, if you choose
- And importantly, never shared without your permission

**Do you believe we have more in common than what divides us? Have a conversation, and see for yourself.**

One Small Step conversations are not debates or meant to convince. They're simply a chance to break the ice: to talk about who we are as people, what we care about, and our dreams for the future. Ask and answer questions like:

**“Who has been the most influential person in your life? What did they teach you?”**

**“Is there someone you disagree with but still love or respect?”**

**“What are your fears or concerns about the future of our country?”**

One Small Step helps us move beyond labels like “Democrat” and “Republican” and into the life experiences that shaped how each of us sees our world.

KUNR, in partnership with [Noticiero Móvil](#), is one of just six stations selected nationally to host One Small Step in 2021 and the first to offer the program in both English and Spanish.

We will team up with civic organizations, churches, and other community groups and leaders to spread the word and connect Northern Nevada and Eastern California residents from all backgrounds ready to take One Small Step. Do you want to get your group or organization involved in the effort? Contact KUNR's community engagement coordinator [Natalie Van Hoozer](#) for more details.

Our One Small Step facilitators will match participants and host recorded conversations throughout 2021.

**How Does One Small Step Work?**

**Matching Partners And Preparing:**

- For people interested in getting matched for a conversation, the first step is to fill out the [One Small Step Questionnaire](#).
- We'll read your answers carefully to pair you with someone with a perspective different from your own. Fruitful matching takes time, so we thank you in advance for your patience. When matching pairs, we will also keep in mind if you would prefer to have your conversation in English or Spanish (or even Spanglish!)
- If we find a match for you, we'll reach out to hear more about your goals. When we schedule the One Small Step conversation, we'll share materials to help you prepare.
- Many One Small Step conversations take place virtually, with some happening in person. Requirements for virtual participants: reliable internet connection, and a computer with a video camera and a microphone.
- For virtual meetings, the facilitator will do a short “tech check” with you a day or two before the recording appointment to make sure the StoryCorps virtual recording platform works on your device.



### **The One Small Step Experience:**

- At your One Small Step appointment, you meet your conversation partner, and a facilitator provides an orientation, ground rules and suggested questions.
- When ready, the facilitator starts the recording and helps you begin the conversation by prompting four kick-off questions.
- The conversation lasts about **50 minutes**, and the whole process takes **75-90 minutes** (including time for addressing tech issues, the orientation, and a post-conversation debrief and paperwork).

### **Participant Agency And Privacy:**

- Your comfort level and consent in this process is **our first priority**.
- You drive the conversation. You choose what questions to discuss, and you can decide to conclude the conversation at any time. The facilitator's chief role is to ensure you and your partner both feel comfortable, respected and in control during the discussion. They may suggest follow-up questions, but all questions are optional.
- After the recording ends: you decide whether you want to share it with KUNR, Noticiero Móvil, StoryCorps and the Library of Congress. **There is no obligation to share.** You can keep the conversation private if you wish. You can also share the conversation, but **keep your name/identity anonymous**.
- Regardless of your decision, you and your conversation partner receive a digital copy of the recording.
- The recording can be preserved in the StoryCorps collection at the [American Folklife Center](#) at the Library of Congress in Washington, D.C. — only if both participants agree to share it.

### **How KUNR And Noticiero Móvil Work With These Recordings:**

- Some conversations, with participants' permission, will be edited for brevity and broadcast on the radio, as well as published on the websites for KUNR and Noticiero Móvil.
- If your conversation is selected for editing/broadcast by KUNR and Noticiero Móvil, we will notify you, and preview the edited clip for you to ensure you're comfortable with it before it's broadcast and published digitally.

### **Frequently Asked Questions**

#### **If I sign up, am I guaranteed to participate?**

Unfortunately with limited capacity, KUNR and Noticiero Móvil can't guarantee a conversation for every person who applies. You may hear from us any time throughout the year. Thank you for your patience!

If you're not matched locally this year, you'll still be eligible to participate through StoryCorps' national program next year. StoryCorps receives all applications and will continue matching participants across all parts of the country in 2022. Visit [www.storycorps.org/onesmallstep](http://www.storycorps.org/onesmallstep) to learn more about StoryCorps' One Small Step programs.

#### **Should I try to find my own partner for a One Small Step conversation? What if I already have a partner in mind?**

The program is designed to help you meet with someone new and different, and we take care of matching you with a partner. However, if you already have a specific partner in mind, that works too. You can let us know when you fill out page one of the [One Small Step Questionnaire](#).

**How should I prepare for a One Small Step conversation?** The single most important thing is to come with an **open mind, curiosity, and a genuine desire to listen to and connect with someone new.** It also helps to reflect on what your goals for the experience are.

We provide suggested questions, and you're welcome to bring your own. Spend some time beforehand thinking about which questions you want to explore (as well as anything you'd prefer to keep off-limits). You may find it helpful to think about some of your own answers, and reflect on any particular stories and experiences from your life that might help illustrate them. But ultimately, there's no need to over-prepare. These conversations are meant to be unscripted. You are not expected to have all the answers, or to be a "spokesperson" for any particular point of view. Simply come ready to be yourself.

**What does it mean to "give permission" to share my recorded conversation?**

You grant permission by signing a Release Form (we provide a copy in advance of your appointment to review). Signing a Release Form allows StoryCorps to archive the recording with the American Folklife Center at the Library of Congress in Washington, D.C., as well as add your conversation to their Online Archive Collection. It also allows KUNR and Noticiero Móvil to receive a copy of the recording and potentially publish/broadcast a portion of it. If you (or your conversation partner) decide not to sign the release form, the recording will not be archived or broadcast. StoryCorps will not keep a copy, and the station will not receive a copy. Regardless of your decision, you and your conversation partner will both receive the audio of the conversation to share with family and friends.

**When and how do I get a copy of my recording?**

It takes about 4-6 weeks to process StoryCorps recordings. Once your recording is processed, you'll receive an email from StoryCorps with a link to a digital copy of it.

**Does it cost anything to participate?**

No, participation is free of charge.

*Do you have additional questions? Please contact KUNR's community engagement coordinator [Natalie Van Hoozer](#).*

**UNDER SCORE**

**Salmon Lessons:**  
Indigenous knowledge  
in the news

What can media coverage of Indian Country tell us about our vital connection to a warming world. Join this provocative conversation with two Indigenous writers who explore the power of a changing media.

5:30pm / Thursday, October 21, 2021

**Beth Platote**, Associate Professor, University of California, Berkeley

**Mark Trahant**, Editor, Indian Country Today

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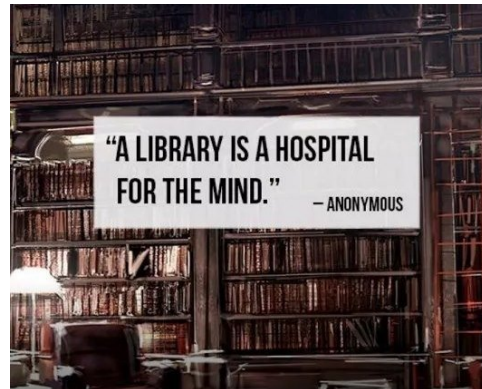
The Salmon, print by Dale Fautsch, Master Carver, Jewett Indian Tribe, 1990.



[‘We don’t exist out here’ without subsistence](#)

**By Meghan Sullivan**

‘Subsistence is absolutely critical to our survival.’ Can Indigenous subsistence rights still be protected in Alaska? #ANCSA50 ... [continue reading](#)



## **FOOD FOR THOUGHT | 5-MINUTE READ**

### **Growing Crops Under Solar Panels? Now There’s a Bright Idea**

**BY MATT SIMON**

In the new scientific (and literal) field of agrivoltaics, researchers are showing how panels can increase yields and reduce water use on a warming planet.

### **The Trouble with Truth, Reconciliation, Peace and Friendship Treaties: Indigenous Land and Resource Rights Among the Mi’kmaq**

*by Rachel Herrington*

Honoring the history of the treaties is not just about the past but also about the present and future of indigenous Canadians.

<https://historynewsnetwork.org/article/181565>

## Hundreds of weird three-eyed 'dinosaur shrimp' emerge after heavy rain

The miniature pink critters basically look like Pokemon, and evolve from eggs like them, too.



*The front view of a longtail tadpole shrimp, or triops longicaudatus, shows its third eye. The species is called a living fossil as it's had the same morphology for 70 million years.* Getty Images

Tourists roaming Wupatki National Monument, an ancestral Puebloan site in Arizona, recently stumbled upon some unlikely fellow visitors -- hundreds of pre-dinosaur-era three-eyed shrimp. The little critters presumably infested a ball court at the park after a monsoon filled it to the brim.

Formally named triops, the gentle beasts that roamed Earth hundreds of millions of years ago literally have a third eye. It's smack in the middle of their two compound buggy ones that peer straight ahead. The creatures, also called tadpole shrimp, are an inch or two long and their peachy pink bodies have a crest-shaped torso that tapers off into a dangly tail.

They're the epitome of creepy, yet somehow adorable. They basically look like Pokemon.

It's not uncommon to find a few of these guys in the wild, and some pet stores even sell them, claiming triopses are [low-maintenance](#) friends -- they only live up to about 90 days. But for tourists to find hundreds of the alien-like creatures at the site of a national monument is definitely... new.

Puebloan farmers [fled from from modern-day Flagstaff](#) to the region of Wupatki National Monument following the eruption of Sunset Crater Volcano 900 years ago. Within the area, now protected by the state and open for tourism, there's a circular ball court that used to be the site where cultural ideas got exchanged. The court measures about 105 feet (32 meters) in diameter.

In late July, however, these whimsical shrimp filled the former intellectual meeting spot. Lauren Carter, lead interpretation ranger at Wupatki National Monument "just scooped it up with [her] hand and looked at it and was like 'What is that?'" she said [in a statement](#).

Presumably, the triple-eyed shellfish abruptly emerged in the triple digits due to Arizona's late-July monsoon. These shrimp can lay eggs that remain dormant until enough water is present. A monsoon's downpour could've easily activated a bunch of their already-laid eggs to hatch. Carter said she first learned of the critters' presence in the rainwater pond by a tourist wandering the park. Eventually, she and the rest of the staff concluded these strange-looking shrimp could be freshwater versions of triops called triops longicaudatus. They note that further scientific analysis is needed to confirm that hypothesis.

The exceptionally astute organisms -- visually, that is -- were apparently spotted by birds in the area and promptly turned into an avian dinner. But who's to say they didn't lay a few more eggs in their chosen breeding grounds at Wuptaki?

<https://www.cnet.com/news/hundreds-of-weird-three-eyed-dinosaur-shrimp-emerge-in-arizona-after-heavy-rain/>

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### **Untaming a river: The stakes behind America's largest dam removal**

By The Christian Science Monitor, 10/18/21

They have been waiting for three years, growing fat and long in the tumult of the Pacific Ocean. Now the salmon turn, inexorably, driven by some ancient smell, into the mouth of a river along the wild Northern California coast. For millennia, Native Americans watched the fish enter the Klamath River. The tribes celebrated them as a gift from the gods, but the fish numbers dwindled. Once the water teemed with millions of fish; last year, only 46,000 chinook salmon migrated successfully.

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### **'Climate change is fundamentally altering the Colorado River,' congressional panel hears**

By Colorado Newswire, 10/17/21

States in the Colorado River Basin are adjusting to the reality that their rights outstrip the available water by nearly one-third, state and tribal leaders told a congressional panel Friday. The situation is likely only to worsen as the climate changes, leaving states and tribes in competition for their most vital resource.

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***This article is too long to print in entirety, but is a MUST READ***

### **Las Vegas, we have a (water) problem**

By Mark Silverstein



"Then there's Arizona, which receives one-third of that state's total water budget from the Colorado River via something called the Central Arizona Project. Phoenix, Tucson, dozens of suburbs, and the small towns dotting the region, which contain most of the state's population, receive a good portion of their water from the CAP. Arizona's cotton industry is a prime water consumer. While it is not a straightforward calculation with respect to the variables, if you take the number of acres dedicated to the production of cotton in Arizona using CAP water and multiply it by the amount of water needed to grow one acre of cotton in arid lands, Arizona consumes perhaps 200,000-AFY (and likely much more) of Colorado River water just to grow cotton in the desert. Yes, folks, this one crop drinks up two-thirds or more of the total amount of Colorado River water allocated to the entire state of Nevada."

— Longtime environmental manager Mark Silverstein in [a special column](#) on who takes how much (and for what) from the Colorado River.

*Funeral Services for*

*Dale Barr Sr.*

*(Dao'-tze)*

*02/18/1954 – 10/14/2021*

*Son of Justine Barr and the late Donald Barr Sr.*



*Thursday, October 21, 2021*

*At 11:00 am (PST)*

*Fort McDermitt Tribal Gym*

*Dinner Prior to Burial*

*Fort McDermitt Youth Center*

*Viewing on Wednesday, October 20, 2021 – 3 PM (PST)*

*#20 North Road - Fort McDermitt, Nevada*

*Interment at Fort McDermitt Cemetery*

*Food Donations Appreciated*