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Monsheeda (aka Dust Maker/Peter C. Mitchell) w/ wife, Mehunga (aka Cora Standing Buffalo) First Nation welcomes bison herd back after 150 year absence

Ellison Brown

Sound familiar?

Speak up when you see an injustice

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California Indian Spoken Word

Dale Malotte



"Knowledge makes a man unfit to be a slave"

Tribes seek to secure their water rights as Colorado River dries

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A moving, deeply personal journey of discovery from the world's leading forest ecologist. "Promises to change our understanding about what is really going on in the forest" Michael Pollan





December 12

In 1876, Sitting Bull's granddaughter Zitkala Sa was born on the Yankton Indian Reservation in South Dakota. She would go on to write several books, including American Indian Stories, cowrite the first Native American opera, and found the National Council of American In.





Native Hope Monsheeda (aka Dust Maker, aka Peter C. Mitchell) with his wife, Mehunga (aka Cora Standing Buffalo), in Oklahoma - Ponca - circa 1900. https://ntvho.pe/3DsUTPy



regina.ctvnews.ca

Sask. First Nation welcomes back buffalo herd after 150 year absence
After a 150 year absence, a herd of buffalo has returned to the Cote First Nation.

Albert Relivo

Ellison Brown

Born in 1913, Ellison Brown was the fifth of eight children to Otis Brown and Grace Ethel Babcock. As a child, Ellison earned the nickname "Tarzan" for his love of climbing and swinging from trees. His traditional Narragansett name was "Deerfoot." At 12, Ellison left school to help provide for his family, working as a manual laborer at Woods River Junction railroad. Following in the Narragansett tradition, Ellison's father taught him stonemasonry. At 16, Brown started formal marathon training with Tippy Salimeno as his trainer. He ran his first Boston Marathon in 1933. In 1935, Brown ran with the support of his tribal community, finishing in 13th place only two days after his mother's passing. One of his mother's last wishes was that he run the race. Ellison showed up wearing an outfit made out of one of her dresses and

finished the last 6 miles barefoot, after complaining about his shoes. Brown was often a

showman-sometimes racing ahead so he had time to rest or eat.

Brown took first place in both the 1936 and 1939 Boston Marathons. Heartbreak Hill got its name in the 1936 race, when Johnny Kelley reportedly hit Ellison on the backside, which spurred him to victory, breaking Kelley's heart. After this win, Tarzan headed to Berlin with the U.S. Olympic team. He could not finish the race due to an injury and unfortunate disqualification. Although making the 1940 Olympic team, the games were cancelled due to WWII. Brown was the first runner to break the 2-hour-30-minute mark for the marathon. In 1936, Brown won back to back marathons: the first in New York, followed by a race in New Hampshire, to which he hitchhiked overnight. These races took a toll and Brown suffered a double hernia later that week. Ellison often pushed himself beyond the breaking point because his winnings helped provide for his family.

In 1973, Tarzan was inducted into the National Indian Athletic Hall of Fame in Lawrence, Kansas. The following year, a dinner was hosted in his honor in Rhode Island. Hundreds came to celebrate, including many people from his marathon days. Even Johnny Kelley didn't miss the event!

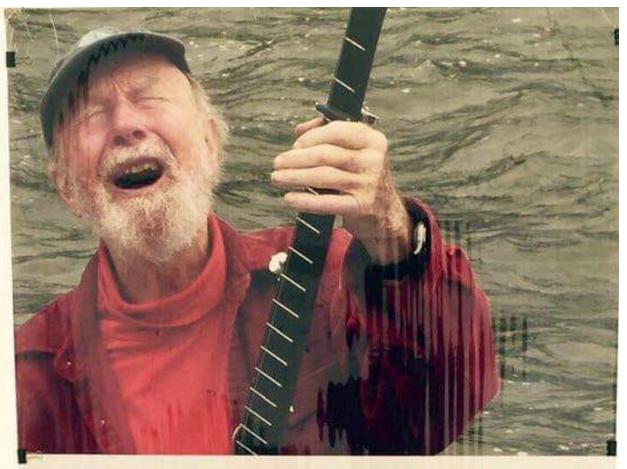
Tragically, Brown was murdered in Westerly in August of 1975. He was struck by a vehicle while outside a bar in Misquamicut. Charges were filed against the driver, a young Connecticut man who had argued with Brown in the parking lot. Although gone, Brown will never be forgotten.



I heard someone say kids are just different these days.

I disagree...kids are the same. What's changed is a society with lowered expectations, lack of discipline, and acceptance of disrespect.

Give kids boundaries, expectations, rules, limits, rewards, and consequences - they will rise to the challenge and exceed your expectations every time.



"In the 1970s, Pete Seeger was invited to sing in Barcelona, Spain. Francisco Franco's fascist government, the last of the dictatorships that started World War II, was still in power but declining. A pro-democracy movement was gaining strength and to prove it, they invited America's best-known freedom singer to Spain. More that a hundred thousand people were in the stadium, where rock bands had played all day. But the crowd had come for Seeger.

As Pete prepared to go on, government officials handed him a list of songs he was not allowed to sing. Pete studied it mournfully, saying it looked an awful lot like his set list. But they insisted: he must not sing any of these songs.

Pete took the government's list of banned songs and strolled on stage. He held up the paper and said, "I've been told that I'm not allowed to sing these songs." He grinned at the crowd and said, "So I'll just play the chords; maybe you know the words. They didn't say anything about *you* singing them."

He strummed his banjo to one song after another, and they all sang. A hundred thousand defiant freedom singers breaking the law with Pete Seeger, filling the stadium with words their government did not want them to hear, words they all knew and had sung together, in secret circles, for years.

Speak up when you see an injustice. See something, say something.

Donna Sherrie ·

"First day of class, the law teacher walked in." The first thing he did was ask for the name of a student sitting in the front row:

- What's your name?
- My name is Nelson.
- Get out of my class and never come back! he ordered him.

Nelson was confused . The teacher was heading towards him, he got up quickly, packed his stuff and left the classroom.

Everyone was scared and outraged but no one was talking.

- Very Good! Let's get it started. What are laws for? asked the teacher.

The students were still scared, but slowly they started answering the question.

- To have order in our society.
- No! No!
- So that the wrong people pay for their actions.
- No! No! Does anyone know the answer to this question?
- For justice to be done, spoke shyly a young girl.
- Finally ! Justice! But what is justice?!!

Everyone was starting to get mad at the teachers attitude. However, they kept answering.

- To protect the rights of the people...
- Okay. But still?
- To differentiate good from evil, to reward those who do good...
- Okay... so answer this question, did I act right when I kicked Nelson out of class?

Everyone was silent, no one responded.

- I want an unanimous answer!
- NO!

They answered with one voice.

- Could we say I did an injustice?
- Yes.
- And why has nobody done anything about it? Why do we want laws and rules if we don't have the will to practice them? Each of you is obliged to speak up when you witness an injustice. All of them! All of them! Don't ever keep quiet again!

Go get Nelson. After all, he is the teacher, I'm from another period.

You know, when we don't stand up for our rights, dignity is lost, and dignity can't be negotiated. - ~Doris Carrier

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Yakama Nation Seeks Food Sovereignty In New Farming Venture With Weighty History

More last minute book/gift suggestions from southwestindian;com



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