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Living Through a Polar Night

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Tribal groups trying to remove dairy from USDA dietary guidelines

Jonathan Nez sees firsthand every day how federally promoted diet is devastating Indian Country

Dairy industry contends removal won't improve Native Americans' health

Native American Practices And Traditions We Didn't Know About

Cortez Masto's bill would improve Indian Health Service recruitment, Senate panel told

Rosen pushes to revitalize tribal housing funding program

Ancient cities discovered in the Amazon are the largest yet found

Reminder/Repeat: Library of Congress Literacy Awards Program accepting nominations

"Our ancestors' survival depended on listening to nature. Here's what we can learn from them

Construction Workers Discover Indigenous Burial Ground in Toronto

How land-back movement is unraveling manifest destiny

His prison sentence was 60-150 years. But Native American Efrain Hidalgo is finally free Hosting International Visitors

Understand the links between the ancient and present worlds - natgeostudenttravel.org

Seeking leaders committed to conservation!

Demand for lithium a gold rush

Scholarships with March 1 Deadlines



LIVING THROUGH A POLAR NIGHT

You have heard of the infamously endless nights that characterize the winter season near Earth's icy polar regions—but what exactly is a 'polar night'? While a consistent lack of daylight may sound morose, **many residents of these polar regions find ways to embrace the long night.** (Pictured above, the Tataopik family poses for a portrait near Arctic Bay, Nunavut.)

READ NCAI President Mark Macarro's State of Indian Nations Address https://news.yahoo.com > read-ncai-president-mark-macarros-195435696.html

Today WASHINGTON — National Congress of American Indians (NCAI) President Mark Macarro, who also serves as the chairman of the Pechanga Band of Luiseño Indians located in Temecula, California, gave...

The commentary by US Congresswoman Paul and the UNITY Co-chairs has not yet been posted.

However, you may enjoy information about the UNITY 2024 Midyear Conference speakers:



"Supaman" Christian Takes Gun Parrish – As a member of the "Apsaalooke Nation", Supaman makes his home on Apsáalooke lands in Montana. "Supaman", a Native American dancer and innovative hip hop artist who has dedicated his life to empowering and spreading a message of hope, pride and resilience through his original art form. He has been the recipient of the 2017 MTV VMA award for "Best Fight Against the System"! He is also a Nammy "Native American Music Award" winner, "North American Indigenous Image Award winner, and 7 "Tunney Award winner. He was awarded The Aboriginal Peoples Choice Music Award in Canada for best video and was voted MTV's new Artist of the Week! His nominations brought him home awards for Best Hip Hop Album and Best Producer for the Indigenous Music Awards. His videos have received millions of views on youtube and facebook which has put him in high demand touring extensively throughout the U.S.A and internationally. He has performed for Google at the Google headquarters in San Francisco. He recently was asked to audition for America's Got Talent and the Broadway play Hamilton. He is currently on tour around the country spreading the good medicine of resiliency, love, laughter and inclusion.

Kiowa Gordon – Kiowa is a Hualapai actor with award winning film and television credits. He stars as "Jim Chee" in the series DARK WINDS for AMC, based on the book series from Tony Hillerman, and produced by George R. R. Martin and Robert Redford. Born in Berlin, Germany, Kiowa moved to the States shortly thereafter to live on the Hualapai Indian Reservation in Peach Springs, AZ and moved around quite a bit growing up until settling down in Phoenix, AZ where he landed the role of Embry Call in THE TWILIGHT SAGA. In 2013, Kiowa won Best Supporting Actor at the American Indian Film Festival in San Francisco for his role in the indie film, THE LESSER BLESSED. On the small screen, Kiowa had a Series Regular role in the Sundance original series, THE RED ROAD, starring Jason Momoa, Julianne Nicholson and Martin Henderson and Guest Starred on the Netflix series FRONTIER. In 2019, Kiowa starred in 2 features which premiered at the Toronto International Film Festival –

BLOOD QUANTUM (multiple festival nom and winner) from director Jeff Barnaby and CASTLE IN THE GROUND (TIFF nominated for best Canadian feature) from director Joey Klein. That year he also had roles in the Netflix comedy LADY DYNAMITE, a recurring in the technologically groundbreaking series THE LIBERATOR from A+E Studios for Netflix, and a recurring role on the CW series ROSWELL. More recent work includes a lead in the feature TWO EYES, directed by award winning filmmaker Travis Fine which was the closing film at Outfest 2020, and guest starred in Taika Waititi's RESERVATION DOGS (FX).

Ralámuli, and Yoeme tribes, Tomás Karmelo Amaya, Native Wellness Institute – Born for the A:shiwi, Ralámuli, and Yoeme tribes, Tomás Karmelo Amaya co-owns a creative agency and production company named KANION (@kanionpro), founded in 2018, with his wife Siera Begaye (@siera.amaya). He is also a creative director, film director, writer, visual artist, and wellness educator whose work focuses on creating opportunities for healing by embracing intentionality and Indigenous teachings. He was raised in West Phoenix, AZ on the ancestral homelands of The O'odham, Yavapai, Piipaash, and Yaqui tribes. His work has been published in Vogue, The LA Times, The New York Times, The Guardian, and Complex among several others. His client work includes collaborations with Born x Raised, Nike, Apple, Levi's and Adobe. In addition to his roles as a creative professional, he also is a facilitator/trainer with The Native Wellness Institute, a non-profit who works to heal communities from the lasting impacts of intergeneration and historical trauma."When we think of visual medicine, we think of healing through stories. There's intentionality, there's a healthy collaboration with those that we work and co-create with. There's that element of not only being trauma-informed but, as my mentor Jillene Joseph from The Native Wellness Institute explains, 'we can be healing-informed as well."



Charley Hogan – Charley is T'odiichiinii (The Bitter Water Clan) and Akohni Dine (Acoma Pueblo). She is a member of the Navajo Nation. Her maternal family is originally from Nazlini, Arizona and her paternal grandparents are from the Wheatfields, Arizona. Charley grew up on the Navajo Nation and in the urban city of Phoenix, Arizona. Her dual lifestyle of traditional and urban living, has provided her with Dr. Evan Adams's motto: "Be excellent in Both Worlds". Charley's journey of becoming a professional actor began with her love of entertaining others. Charley's first lead role is the Netflix feature Film 'Frybread Face and Me', where she is the title character. The film debuted at #4 in the top 10 of Netflix movies. Charley is not only an actor, but she is also a multimedia artist; her skills include drawing, painting, photography and music. She

has developed quite a collection of her most memorable works of art, including writing and producing three mini amateur guitar and electric ballads. Her choice to become an artist has motivated her to continue to explore her creativity and skills. She not only has a keen eye for details in her art, but also details in the characters she portrays. Charley has become an inspiration for the Indigenous Youth in Native America, advocating for Environmental Justice, Missing and Murdered Indigenous Relations and Indian Residential School trauma. Charley believes storytelling begins with our youth and society needs to learn to listen to our children. Charley Hogan is definitely a name to remember.



DJ and Stage Manager Shawn Martinez "DJ Tribaltouch"

Shawn Martinez finished up his third season as Senior Director of Live Presentation for the Phoenix Suns and Mercury. He oversees the strategy and execution of all in-game live production and entertainment elements for the organizations. Martinez's leadership elevated the game day experience at the recently renovated Footprint Center, creating the best homecourt advantage in the NBA and WNBA.

Martinez played a pivotal role in the two-and-a-half-year development of the Suns' ORIGINATIV platform, a symbolic turquoise City Edition uniform and basketball court honoring and celebrating Arizona's 22 federally recognized indigenous tribes. The program and uniform details pay homage to the rich histories and cultures of the state's Tribal Nations and celebrate their shared love of basketball.

Martinez grew up in Fort Defiance, Arizona, in the Navajo Nation and is an enrolled member of the Diné/Navajo Tribe. An athletic standout from Window Rock High School, Martinez continued his basketball journey at Fort Lewis College. He received his bachelor's degree in communications and fine arts and launched an entertainment career under the stage alias DJ Tribal Touch.

Before joining the Suns and Mercury, his home state teams, Martinez spent 12 years with the Denver Nuggets and six years with the Detroit Pistons. An NBA veteran, Martinez has supported the strategy and execution of four NBA All-Star Games and produced both the 2021 NBA Finals and 2021 WNBA Finals in 90 days. Beyond basketball, Martinez regularly mentors Native youth and shares his indigenous roots and career journey at various events across the country. In 2022, Martinez performed at the Smithsonian National Museum of the American Indian to celebrate Native veterans and the official dedication of the National Native American Veterans Memorial in Washington D.C. As DJ Tribal Touch, Martinez has performed coast to coast at some of sports and entertainment's biggest events.

2023 State of Indian



Nations (click on pic)

Humans Responsible for 1,400 Bird Species Extinctions, Double Previous Estimates

UK Center for Ecology and Hydrology, SciTechDaily

Excerpt: "A new study reveals that human activities have led to the extinction of approximately 1,400 bird species, a figure that is double the earlier estimates. This has significant consequences for the current biodiversity crisis."

READ MORE

Tribal groups trying to remove dairy from USDA dietary guidelines because of lactose intolerance

Story by Frank Vaisvilas, Milwaukee Journal Sentinel

<u>Jonathan Nez</u>, former president of the <u>Navajo Nation</u>, sees firsthand every day how a federally promoted diet is devastating Indian Country.

For thousands of years, the <u>Three Sisters</u> diet of corn, beans and squash was a staple for many Indigenous tribes in North America.

More: https://www.msn.com/en-us/health/other/tribal-groups-trying-to-remove-dairy-from-usdadietary-guidelines-because-of-lactose-intolerance/ar-BB1hUYJ9

Dairy industry contends removal won't improve Native Americans' health

Amy Winters, executive director of the <u>Wisconsin Dairy Products Association</u>, explained that the federal dietary guidelines are recommendations based on scientific studies identifying where there are nutritional deficits in American society and the types of foods or beverages that are best-suited to provide those nutrients.

Native American Practices And Traditions We Didn't Know About - https://www.msn.com/en-us/news/us/native-american-practices-and-traditions-we-didn-t-know-about/ss-BB1gYncC?cvid=e3dcd7f9174b453a89362355058701c6&ocid=socialshare&ei=12&sc=shoreline

Cortez Masto's bill would improve Indian Health Service recruitment, Senate panel told

Rosen pushes to revitalize tribal housing funding program

Ancient cities discovered in the Amazon are the largest yet found

Researchers reveal that a mysterious civilisation built a network of cities and roads in the rainforest between 3000 and 1500 years ago, and then vanished, finds Michael Le Page Read in New Scientist: https://apple.news/AE8M0wQoeQpyLKaYOsQ-gvQ

Reminder/Repeat:

I am reaching out to you because the **Library of Congress Literacy Awards Program** will begin accepting applications for the 2024 award year between January 8, 2024, and February 19, 2024. The purpose of the Literacy Awards Program is to raise awareness about the

importance of improving literacy around the world as well as to draw attention to outstanding literacy programs. I have served on the Literacy Awards Advisory Board since the program started in 2013 and am the Chair of the International Prize Committee. I would dearly love to see recognition of Native language literacy programs.

Literacy Awards winners can receive up to \$150,000 in cash awards (no stipulations) and public recognition by the Library of Congress for their outstanding literacy initiative and join a network over 180 previous award recipients from around the world.

Here's info about the program: <u>About the Library of Congress Literacy Awards</u> Here's how to apply: <u>How to Apply for a Library of Congress Literacy Award</u>

Here are the past winners: Past Winners and Honorees

Here is a video about the program: YouTube of Recent Winners

Press release for the 2024 Awards: Press Release for 2024 Library of Congress Literacy

Awards

Register for the 16 January (1 PM Central Time) webinar! Register for 16 January Webinar, 1 PM Central Time

The webinar will be recorded.

The deadline to apply is February 19, 2024 at 11:59PM EDT. I hope you'll consider applying and/or encouraging other literacy organizations you know to apply. Please don't hesitate to send any questions to me or directly to literacyawards@loc.gov.

Loriene Roy, White Earth Anishinaabe Ph.D., Distinguished Service Professor Emerita The University of Texas at Austin | School of Information loriene@ischool.utexas.edu | loriene@utexas.edu

"Our ancestors' survival depended on listening to nature. Here's what we can learn from them," says Gillian Burke

| COLUMNS | OPINION

Read in BBC Wildlife Magazine: https://apple.news/A5BYo4AuMTAenoCrbtmkurw

Construction Workers Discover Indigenous Burial Ground in Toronto

Researchers who investigated the site estimate that it's about 700 years old Read in Smithsonian Magazine: https://apple.news/AAqZ2ix72TZOi8HljsepIkA

How land-back movement is unraveling manifest destiny https://www.sierraclub.org/sierra/2023-3-fall/feature/how-land-back-movement-unraveling-manifest-destiny

His prison sentence was 60-150 years. But Native American Efrain Hidalgo is finally free.

A USA TODAY investigation in 2021 and questions of judicial prejudice in sentencing people of color led to Hidalgo's release, lawyers say.

Read in USA TODAY: https://apple.news/A N ith6lRSOMbXWSUSSLxA

Hosting international visitors in your home for dinner or an overnight stay is an excellent way to learn about the world and how people think, talk, laugh and mourn. Here are some upcoming opportunities.

Contact **Dominique Stedham** at <u>dstedham@nnic.org</u> for more information or to sign up:

- A group of 12 visitors from Argentina, Bolivia, Chile, Mexico and Peru are visiting Reno to learn about regional lithium cooperation. They would like to be hosted for **dinner on February 19**.
- A group of five visitors from India, Portugal, Thailand and Zimbabwe are visiting Reno to learn about social entrepreneurship in the United States. They would like to be hosted for dinner on either Saturday or Sunday March 9 or 10.
- A delegation of six individuals from around the world is visiting Reno to learn about Promoting Human and Civil Rights of Minorities. They would like to be hosted for **dinner on April 27** or 28.



natgeostudenttravel.org
2024 Summer Programs | Apply Today

<u>Understand the links between the ancient and present worlds, communities, and traditions, encountering traces of past civilizations and experiencing vibrant traditions that exist today.</u>

"Far and away the best prize that life has to offer is the chance to work hard at work worth doing." – <u>Theodore Roosevelt</u>

Seeking leaders committed to conservation!

As a leader of our team, you'll strategize, fundraise, and advocate for Great Basin National Park. Your commitment will shape initiatives for its preservation. Share your skills, knowledge, and dedication. We are accepting applications through March - submit an interest form today! https://bit.ly/greatbasinleadership

#VolunteerOpportunity #ConservationChampion

docs.google.com

Great Basin National Park Foundation Interest Form

Join Us in Preserving the Great Basin! Are you passionate about conservation and seeking an opportunity to make a tangible difference? Great Basin National Park Foundation, the nonprofit partner of Great Basin National Park, is searching for enthusiastic individuals to join our Advisory Board, Board...

Archaeologists discover 11,000-year-old stone wall believed to have been a corral trap for reindeer; find sheds light on group hunting practices during the end of the Stone Age (More)

The demand for lithium is fueling a modern-day gold rush. Lithium is essential for batteries in electric cars, storing renewable energy, and even smartphones. Demand for lithium is projected to soar 20x by 2040, creating a massive opportunity for investors. Elon Musk didn't hold back when talking about the potential here: "Do you like minting money? Well, the lithium business is for you."

Enter EnergyX. Their patented LiTAS™ technology can extract up to 300% more lithium than traditional methods. They've already inked deals with top lithium producers, secured a partnership and strategic investment from General Motors, and earned a \$5M Department of Energy grant.



"We call her Grandmother. She is all things to us. She gives us a place to live. She provies us with the water of life. The air we breathe, the warmth to make life grow. The light that keeps us all warm."

> — Dr. Henrietta Mnn Board Chair, Seventh Generation Fund for Indigenous Peoples

Yuba-Sutter Vots of FUN dances! Winter Pow Wow. Student WORKSHO

February 17, 2024

11 AM to 6 PM
Marysville Youth Center

dba Tri Counties Community Center 1830 B Street, Marysville, CA

MC: Val Shadowhawk

Arena Director: Eugene Newman

Host Northern Drum: Northern Eagle Host Southern Drum: So Ex Styles

Head Man: Tatanka Horse

Head Woman: Davenique Perez

Head Boy: Marcelino Mora

Head Girl: Lyla Wilson

All Drums Welcome
All Dancers Welcome
Public Welcome
No Admission Fee

For more information, please call: (530) 749-6196, or email: pbennett@mjusd.k12.ca.us

Open Gourd @ Noon Grand Entry @ 1 PM Craft Vendors Team Dance Contest Indian Tacos!!!

Sponsored By: American Indian Education Program, Marysville Joint Unified School District-seving Yuba and Sutter Schools and Sutter Yuba Pow Wow

This Pow Wow does not support the recreational use of Tobacco! No smoking, drugs or alcohol!

Scholarship Title	Amount	Due Date
A Voice for Animals Contest	\$500	March 01, 2024
A. F. Zimmerman Scholarship	\$1,250	March 01, 2024
a/e ProNet David W. Lakamp Architect Scholarship	\$5,000	March 01, 2024
Abdo Diverse Accounting Student Scholarship & Internship	\$5,000	March 01, 2024
ACHE Military Educational Benefits	\$11,704	March 01, 2024
ACS Scholars Program	\$5,000	March 01, 2024
Aero Club Foundation of Washington Scholarship	\$5,000	March 01, 2024
AIFS Scholarships	\$10,000	March 01, 2024
Al Neuharth Free Spirit and Journalism Conference	\$1,000	March 01, 2024
ALA Christopher J. Hoy/ERT Scholarship	\$5,000	March 01, 2024
ALA David H. Clift Scholarship	\$3,000	March 01, 2024
ALA LITA/Christian Larew Memorial Scholarship	\$3,000	March 01, 2024
ALA Mary V. Gaver Scholarship	\$3,000	March 01, 2024
ALA Miriam L. Hornback Scholarship	\$3,000	March 01, 2024
ALA Tom & Roberta Drewes Scholarship	\$3,000	March 01, 2024
ALA Tony B. Leisner Scholarship	\$3,000	March 01, 2024
Alaska Bar Association Law School Scholarships	Varies	March 01, 2024
Alisa's Angels Scholarship	\$5,000	March 01, 2024
ALSC Frederic G. Melcher Scholarship	\$8,000	March 01, 2024
Ambassador of Aloha Scholarships	\$3,500	March 01, 2024
American Board of Funeral Service Education - National Scholarship	\$2,500	March 01, 2024
American Legion Auxiliary Scholarship Program	\$10,000	March 01, 2024
American Library Association Spectrum Scholarship	\$5,000	March 01, 2024
Anchor Endowed and Administered Scholarships	\$20,000	March 01, 2024
Andrew Q. Peschard Memorial Scholarship	\$1,000	March 01, 2024
Anna V. Waters Scholarship	\$2,000	March 01, 2024
Arnold W. Fritz Scholarship	\$1,000	March 01, 2024
Arthritis Champions Scholarship	\$20,000	March 01, 2024
Association of California Water Agencies Scholarship	\$3,500	March 01, 2024
Aubrey Lee Brooks Scholarships	\$12,000	March 01, 2024
AWS Airgas Jerry Baker Scholarship	\$2,500	March 01, 2024

Scholarships with March 1 Deadlines

AWS Airgas Terry Jarvis Memorial Scholarship	\$2,500	March 01, 2024
AWS Arsham Amirikian Welding Scholarship	\$2,500	March 01, 2024
AWS Barbara and Richard Couch Hypertherm Scholarship	\$2,500	March 01, 2024
AWS Donald F Hastings Scholarship	\$2,500	March 01, 2024
AWS Edward J. Brady Memorial Scholarship	\$2,500	March 01, 2024
AWS Howard E. and Wilma J. Adkins Memorial Scholarship	\$2,500	March 01, 2024
AWS James A Turner Jr Memorial Scholarship	\$3,500	March 01, 2024
AWS John C. Lincoln Memorial Scholarship	\$3,500	March 01, 2024
AWS Praxair International Scholarship	\$2,500	March 01, 2024
AWS William B. Howell Memorial Scholarship	\$2,500	March 01, 2024
Baxter International Foundation Scholarship Program	\$1,500	March 01, 2024
BBB Life Lessons Essay Contest	\$2,500	March 01, 2024
Beauty & Wellness Professionals Scholarship	\$2,500	March 01, 2024
Big Game Conservation Association Scholarship	\$1,000	March 01, 2024
Bill & Shireen Kirk Scholarship	Varies	March 01, 2024
Binhi At Ani Scholarship	\$1,000	March 01, 2024
Bound to Stay Bound Books Scholarship	\$8,000	March 01, 2024
BPW Illinois Educational Foundation Scholarships	Varies	March 01, 2024
BPWI Educational Foundation Incoming Freshman Scholarship	\$2,000	March 01, 2024
BPWI Educational Foundation Returning Student Scholarship	\$2,000	March 01, 2024
Brian Kershaw Memorial Scholarship	Varies	March 01, 2024
Brown Hudner Navy Scholarship	\$3,800	March 01, 2024
Cancer Unwrapped Teen Writing Contest	\$1,000	March 01, 2024
Carolina Panthers Graduate Scholarship	Varies	March 01, 2024
CCU Music Scholarships	Varies	March 01, 2024
Ceiba Diversity Scholarship	\$5,000	March 01, 2024
Central New York STEM Scholarship	\$20,000	March 01, 2024
Clair A. Hill Scholarship	\$5,000	March 01, 2024
Classic Center Cultural Foundation Visual Arts Scholarship	\$2,000	March 01, 2024
Co-Alliance Scholarship	\$1,000	March 01, 2024
Colonial Agricultural Educational Foundation Scholarships	\$6,500	March 01, 2024
Connecticut Building Congress Scholarships	\$20,000	March 01, 2024
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