

## ***Journal #5667 from sdc 2.28.24***

***Why Do They Call It "Death Valley"?***

***Congratulations to Jennifer Fragua***

***Tanning Hides 1885***

***Nevada State High School***

***Do you know any American high school students looking for adventure?***

***All Residents Of Whittier, Alaska Live Inside One Building***

***Cheyenne Dog Soldiers***

***Medicaid unwinding draws scrutiny from state lawmakers***

***State warns of 'major' vacancies in agency overseeing services for vulnerable population***

***Dentist shortage prompts advice for NV parents about kids' teeth***

***How to Be A Better Thinker***

***Report: A look at Nevada's push for critical mineral mining***

***Northwest Portland Area Office Releases NativeHealthResources.org***

***We are looking for heroes in our SOUTHERN PAIUTE Territory***

***Scholarships (C-P) with March 31 Deadline***

***California's project: California Forever will impact climate change***

***Mt. Everest is plagued by garbage; Nepali women are transforming it into crafts***

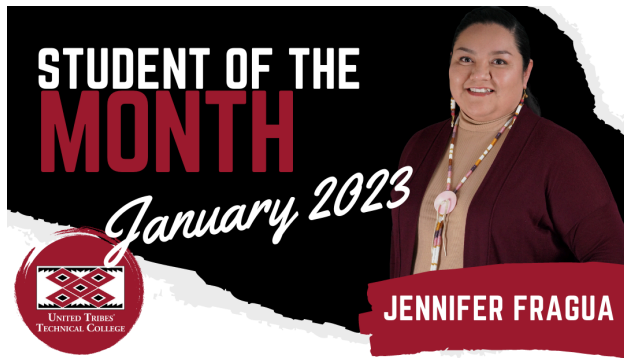
***When decluttering makes a global impact***

***NDOT Rural & Tribal Liaison Recruitment***

***Assessment and Treatment Techniques for Racial Trauma***



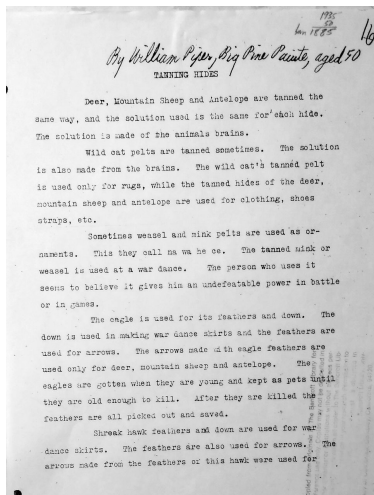
***Bucky Harjo:*** *Why do they call it, "Death Valley?" To as I witnessed a moment in the early morning so much beauty as this place came to life. I didn't go to take a thousand or so photos, but to take a few. There are moments of light that I had missed but seen with my eyes, it was as if the creator had shown me so much mystical beauty. There is so much water at Badwater Basin, that is drawing people so visit but also it is bringing kayakers and paddle boarders, to me they are a disturbance to such a place that is not dead, but asleep with life, ancient life. Water, is sacred, the land is sacred, beauty is sacred, It wasn't my first time to visit this valley but this time I was enjoying the morning and seeing all the colors and in awe of it all! I snuck in a few selfies and had not any coffee on this morning, which was yesterday. Badwater Basin is 282 feet below sea level.*



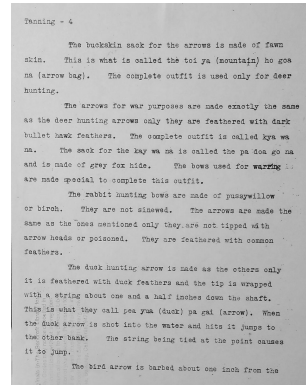
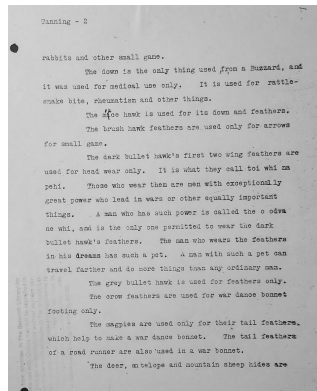
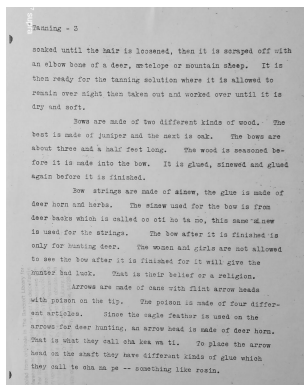
"Jennifer is a great student and she is active in the UTTC community. She is an active member of AISES, as the SGA Student Representative. She is on the powwow committee, which I know from experience is a huge commitment. She volunteers to help me, her peers, and with outreach events. She is the team lead on UTTC's First Nation Launch high-powered rocket team, she has worked on projects for the optimization of drones with Los Alamos National Laboratory, and with me on a project with UND on the development of 3D printed space suits. She is supportive of her peers and of the college, in general."

## Deer Tanning 1885

Dee Numa: This was a Gift from Mrs. Marguerite Sprague, and we Thank You, Marguerite



Enlarge pics by clicking and pulling on lower right corner





**YLPA 2024**  
APPLICATION DEADLINE IS MARCH 17

**FRESHMAN, SOPHOMORES, & JUNIORS!**

Don't miss your chance to be a part of this once-in-a-lifetime leadership and cultural exchange opportunity from the Northern Nevada International Center (NNIC).

SCAN TO APPLY



### WHAT IS YLPA?

The Youth Leadership Program with Algeria (YLPA) is a U.S. Department of State sponsored program for high school students from Algeria and the United States that are interested in leadership and personal project development. YLPA includes team building ropes courses in Portola, CA, leadership workshops in Reno, NV, and a five-day trip to Washington, D.C. YLPA 2024 takes place July 1 - 24, 2024.

### REQUIREMENTS

- Be a U.S. citizen or permanent resident
- Be a high school freshman, sophomore, or junior that is 15, 16 or 17-years-old on the program start date of July 1, 2024
- Be able to work cooperatively in groups and value the opinions of others
- Be able to commit to the full 4-week program
- Must want to help make the world a better place!

This program directly supports the U.S. foreign policy goal of youth empowerment and development by equipping exchange participants with the knowledge and skills to become active and responsible members of their communities and by fostering greater understanding and respect, and deepening trust between the people of the United States and Algeria.



This program is sponsored by the U.S. Department of State's Bureau of Educational and Cultural Affairs and is administered by the Northern Nevada International Center.

### Northern Nevada International Center

Do you know any American high school students looking for adventure? Ask them to apply to the Youth Leadership Program with Algeria (YLPA).

[A marvelous opportunity to meet and build relationships with international student](#)

### All Residents Of Whittier, Alaska Live Inside One Building

There was a whole BP post about this. A rail company owns most of the land so no-one can do anything. Between 80% and 90% of the 300 or so Whittier, Alaska, residents live in the 196-apartment Begich Towers. However .....The remainder of the city's residents live in a second condo building





## Native American Culture

## **Cheyenne Dog Soldiers**

Of all the typical Plains tribes, the Cheyenne were most distinguished for warlike qualities. Few in number, they overcame or held in check most of the peoples who opposed them, and when the westward movement of European civilization began, they made more trouble than all the rest combined. In short, they were preeminently warriors among peoples whose trade was war. As in other Plains tribes, the warriors of the Cheyenne were organized into societies or orders. These societies were fraternal, military, and semi-religious organizations with special privileges, duties, and dress, usually tracing their origin to some mythical culture hero or medicine man. Each society had its own songs and secret ritual and exacted certain observances and standards of its members. Of these organizations, none played such a part in the history of the Plains as the “Dog Soldiers” of the Cheyenne.



[Medicaid unwinding draws scrutiny from state lawmakers](#)

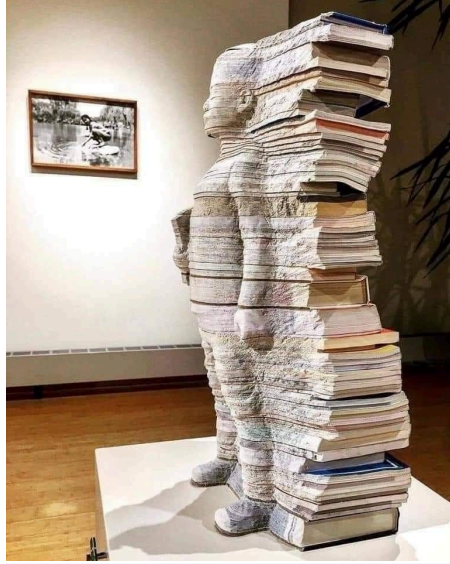
[State warns of ‘major’ vacancies in agency overseeing services for vulnerable population](#)

[Dentist shortage prompts advice for NV parents about kids' teeth](#)

February 23, 2024 - Alex Gonzalez, Public News Service (NV)

[According to the Nevada Department of Health and Human Services, all 17 counties across the state don't have enough health-care professionals, including dentists.](#)





**Paper sculpture, which represents the strength of a mind built by reading.  
By Chinese Artist: Li Hongbo.**

Brain food, delivered daily

This is a hand-curated series of 10 time-tested articles about how to be a better thinker. Anne-Laure Le Cunff will guide you through, one article per day in your email inbox.

Join 250,000 people on Refind who learn something new every day. Rated 4.9/5 stars....

See more

Day	Article Title	Read Time
Day 1	The Making of an Expert by Harvard Business Review	11 min read
Day 2	The Map Is Not the Territory by Farnam Street	15 min read
Day 3	It Takes a Good Map to Find Answers	3 min read
Day 4	The Crucial Thinking Skill Nobody Ever Taught You	20 min read
Day 5	Knowledge Is Not a Thing by Lawrence Yeo	5 min read
Day 6	The power of thinking inside the box by Ness Labs	10 min read
Day 7	12 Cognitive Biases Explained	4 min read
Day 8	How can we develop transformative tools for thought?	15 min read
Day 9	Why you think you're right - even if you're wrong	2 min read
Day 10	Critical Thinking	13 min read

### **Report: A look at Nevada's push for critical mineral mining**

Nevada is going 'all in' on critical minerals to boost its economy, bolster rural communities and take charge of the burgeoning electric vehicle market. Not everyone is on board. <https://sierranevadaally.org/2024/02/20/report-a-look-at-nevadas-push-for-critical-mineral-mining/>

## Healthy Native Youth

With resources from Native Health Resources, you can spread the word about native health topics in eye-catching ways and make a difference in your community.



[nativehealthresources.com](http://nativehealthresources.com)

[Home | Native Health Resources](#)

[New Release! The Northwest Portland Area Indian Health Board launched NativeHealthResources.com, a one-stop shop for Indigenized health education materials. The materials on the website can bolster health education efforts for various clinicians, health educators, and others serving Tribes and Tribal organizations. Check out our special E-Newsletter issue announcing NativeHealthResources.com: <https://conta.cc/49IRhtq>](#)



From the Nevada Indian Commission

**We are looking for heroes in our SOUTHERN PAIUTE Territory...**Do you know someone who is great inside and out and who the Fab 4 could make them even better? What Native warriors do you know who have big personalities and radiate joy? Is there someone in Indian Country who is hitting a new milestone---age, new job, empty nester---who deserves a little extra special celebration? If so, please consider nominating them for this show. Just email the address below and tell the casting producers about your nominee. To be chosen, candidates must live with-in 1-hour radius of Downtown Las Vegas.

**Scholarships (C-P) with March 31 Deadline**

<a href="#"><u>Campus Safety Health &amp; Environmental Management Association Scholarship</u></a>	\$3,000	March 31, 2024
<a href="#"><u>CAMS Scholarship</u></a>	\$5,000	March 31, 2024
<a href="#"><u>Captain James J. Regan Memorial Scholarship</u></a>	\$2,500	March 31, 2024
<a href="#"><u>Carl Tapp Technician Scholarship</u></a>	\$7,500	March 31, 2024
<a href="#"><u>Chahta Foundation Scholarships</u></a>	\$100,000	March 31, 2024
<a href="#"><u>Chicago Metropolitan High School Scholarship</u></a>	Varies	March 31, 2024
<a href="#"><u>Claire Taylor Memorial Scholarship - Colorado Residents</u></a>	\$2,500	March 31, 2024
<a href="#"><u>CMP Scholarship</u></a>	\$20,000	March 31, 2024
<a href="#"><u>Cobell Scholarship</u></a>	Varies	March 31, 2024
<a href="#"><u>Community Foundation of Western Massachusetts</u></a>	Varies	March 31, 2024
<a href="#"><u>CPCU Society NextGen Scholarship</u></a>	\$5,000	March 31, 2024
<a href="#"><u>CPI Charles Lewis Fellowship</u></a>	\$214,511	March 31, 2024
<a href="#"><u>Curtis E. Huntington Memorial Scholarship</u></a>	\$3,000	March 31, 2024
<a href="#"><u>Dan Whitworth Memorial Scholarship</u></a>	Varies	March 31, 2024
<a href="#"><u>Districts Make the Difference Video Contest</u></a>	\$2,000	March 31, 2024
<a href="#"><u>Don't Mess with Texas Scholarship Contest</u></a>	\$5,000	March 31, 2024
<a href="#"><u>Dr. W. Wesley Eckenfelder Scholarship</u></a>	\$5,000	March 31, 2024
<a href="#"><u>Eden Green Diversity in Agriculture Award</u></a>	\$2,500	March 31, 2024
<a href="#"><u>Eden Green General AgTech Award</u></a>	\$2,500	March 31, 2024
<a href="#"><u>Environmental Studies/Natural Science Scholarship Program</u></a>	\$1,500	March 31, 2024
<a href="#"><u>Fayetteville Friends Peace Scholarship</u></a>	\$1,000	March 31, 2024
<a href="#"><u>Folds of Honor Higher Education Scholarship</u></a>	\$5,000	March 31, 2024
<a href="#"><u>Foundation for Seminole State College of Florida Scholarship</u></a>	Varies	March 31, 2024
<a href="#"><u>Galvanize the Future Richard L. Brooks Memorial Scholarship</u></a>	\$2,500	March 31, 2024
<a href="#"><u>GKCCF 1,000 Dreams Scholarship</u></a>	\$1,000	March 31, 2024
<a href="#"><u>Go Red For Women Healthcare and Science Scholarship</u></a>	\$10,000	March 31, 2024
<a href="#"><u>Gr. Kansas City NAWIC Scholarship</u></a>	Varies	March 31, 2024
<a href="#"><u>GRHS Youth Essay Contest</u></a>	\$1,000	March 31, 2024
<a href="#"><u>Hearthstone Housing Foundation Scholarship</u></a>	\$5,000	March 31, 2024
<a href="#"><u>HGP Essay Contest</u></a>	\$3,000	March 31, 2024
<a href="#"><u>IFDAEF Scholarships</u></a>	\$4,000	March 31, 2024
<a href="#"><u>Indiana Engineering Scholarships</u></a>	\$2,000	March 31, 2024



<a href="#">James T. and Rose M. Perryman Family Foundation Scholarships</a>	\$15,000	March 31, 2024
<a href="#">Jim Boyce Memorial Scholarship</a>	Varies	March 31, 2024
<a href="#">Kappa Zeta's Josie Washington Memorial Scholarship</a>	\$1,500	March 31, 2024
<a href="#">Kappa Zeta's Juanita Buchanan Undergraduate Academic Scholarship</a>	\$1,500	March 31, 2024
<a href="#">L. Ron Hubbard Illustrators of The Future Contest</a>	\$5,000	March 31, 2024
<a href="#">L. Ron Hubbard Writers of The Future Contest</a>	\$5,000	March 31, 2024
<a href="#">LAHC Scholarship Program</a>	Varies	March 31, 2024
<a href="#">Lighthouse Guild Scholarship Program</a>	\$10,000	March 31, 2024
<a href="#">Lockheed Martin Vocational Scholarship</a>	\$5,000	March 31, 2024
<a href="#">Make STEM 100 Percent Scholarship</a>	\$2,000	March 31, 2024
<a href="#">Matthew E. Minor Memorial Scholarship</a>	Varies	March 31, 2024
<a href="#">Mercer Family Foundation</a>	\$7,500	March 31, 2024
<a href="#">MGA Foundation Women's Scholarship</a>	\$12,000	March 31, 2024
<a href="#">Michael Burke Sr. Memorial Scholarship</a>	\$5,000	March 31, 2024
<a href="#">Minority Teachers of Illinois Scholarship</a>	\$7,500	March 31, 2024
<a href="#">Mississippi Higher Education Legislative Plan for Needy Students</a>	Varies	March 31, 2024
<a href="#">MNLA Foundation for Educational Excellence Scholarship</a>	\$1,000	March 31, 2024
<a href="#">Monarch Awards Foundation, Inc. Illinois College or University Scholarship</a>	Varies	March 31, 2024
<a href="#">Monk's Service Scholarship</a>	\$2,000	March 31, 2024
<a href="#">Morgan State Actuarial Scholarship</a>	\$20,000	March 31, 2024
<a href="#">NFB Scholarships</a>	\$8,000	March 31, 2024
<a href="#">NTAEE Energy Engineering Scholarship</a>	Varies	March 31, 2024
<a href="#">Nuts, Bolts &amp; Thingamajigs (NBT) Scholarships</a>	\$2,500	March 31, 2024
<a href="#">NVMS American Indian Music Scholarship</a>	\$500	March 31, 2024
<a href="#">NWCA Scholarship Foundation</a>	\$1,500	March 31, 2024
<a href="#">Oakwood Masonic Lodge 1444 Scholarship</a>	\$1,000	March 31, 2024
<a href="#">Ohio News Media Association Scholarships</a>	\$1,250	March 31, 2024
<a href="#">Oregon Community Leadership Scholarship</a>	\$5,000	March 31, 2024
<a href="#">Palumbo Family Foundation Scholarships</a>	\$10,000	March 31, 2024
<a href="#">Parada's Scholarship</a>	\$2,500	March 31, 2024
<a href="#">Paul S. Mills Scholarship</a>	\$1,000	March 31, 2024
<a href="#">Peter Agris Memorial Journalism/Communications Scholarships</a>	\$5,000	March 31, 2024

Billionaire investors want to build a new 55,000-acre city in Solano County, California. Named "California Forever," this development would worsen the climate crisis, harm existing communities and threaten approximately 130 rare animal and plant species, including California tiger salamanders, vernal pool fairy shrimp and Delta smelt.

The Center for Biological Diversity believes Solano County is worth fighting for, so we are pushing back against this disastrous project.

**[Join us for a webinar on Thursday, March 7, at 6 p.m. PST to learn more.](#)**

In this webinar, staff from the Center's Urban Wildlands program will describe the harms this potential development poses to local wildlife, nearby residents, groundwater supply, air quality and California's commitment to fighting the climate crisis. We'll talk about how we're advocating for smarter land-use policies that prioritize community and environmental health.

**[We hope to see you there.](#)**

**RSVP**

## **Mt. Everest is plagued by garbage; Nepali women are transforming it into crafts**


They're turning cast-off climbing ropes into handmade crafts. It's part of a fledgling effort in Nepal to repurpose mountain waste and provide economic opportunity.

***<https://www.wwno.org/npr-news/2024-02-25/mt-everest-is-plagued-by-garbage-these-nepali-women-are-transforming-it-into-crafts>***



**When decluttering makes a global impact:** Cleaning out the linen closet can help others in need thanks to groups such as knitting circles. They turn materials headed for landfills into useful blankets that go to disaster areas or war-torn regions. **[Here's how to help.](#)**

## **NDOT Rural & Tribal Liaison Recruitment**

	<b>Guinevere Hobdy</b>
	<b>Assistant Chief Multimodal Program Development and, Department Tribal Liaison</b>
	Nevada Department of Transportation
	m 775.430.3868   o 775.888.7219
	e <a href="mailto:ghobdy@dot.nv.gov">ghobdy@dot.nv.gov</a>   w <a href="http://dot.nv.gov">dot.nv.gov</a>



**Assessment and Treatment  
Techniques for Racial Trauma  
LIVE WEBINAR**

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**March 8, 2024  
9:00 AM - 11:00 AM Pacific Time**

**REGISTER HERE**

Dr. Monnica T. Williams is a board-certified licensed clinical psychologist and Professor at the University of Ottawa, in the School of Psychology, where she is the Canada Research Chair in Mental Health Disparities. She is also the Clinical Director of the Behavioral Wellness Clinic in Connecticut, where she provides supervision and training to clinicians for empirically-supported treatments. Prior to her move to Canada, Dr. Williams was on the faculty of the University of Pennsylvania Medical School (2007-2011), the University of Louisville in Psychological and Brain Sciences (2011-2016), where she served as the Director of the Center for Mental Health Disparities, and the University of Connecticut (2016-2019) where she had appointments in both Psychological Science and Psychiatry. Dr. Williams' research focuses on BIPOC mental health, culture, and psychopathology, and she has published over 150 scientific articles on these topics. Current projects include the assessment of race-based trauma, barriers to treatment in OCD, improving cultural competence in the delivery of mental health care services, and interventions to reduce racism. This includes her work as a PI in a multisite study of MDMA-assisted psychotherapy for PTSD for people of color. She also gives diversity trainings nationally for clinical psychology programs, scientific conferences, and community organizations.

**Learning Objectives:**

1. Assess the clinical implications of racial experiences leading to trauma symptomology.
2. Evaluate how historical, cultural, and individual trauma may or may not fit into a DSM-5 framework.
3. Employ interventions that address traumatic experiences with racism in trauma treatment session

**Continuing Education Units: 2 CEUs**

**Cost:**

\$40.00 Regular

\$38.00 Licensed Professional

\$32.00 Certified Paraprofessional

\$20.00 Student/Intern/Retired





### Native History

Time is running out for me too,  
And life has left scars on my face.  
Though my body is growing old,  
My soul will always stay young.  
    The day will come,  
    When I too will cross the bridge,  
    And leave this earthly life behind.  
But as long as you remember me, I'll live in your heart.  
    My soul will stay with you,  
You will see my face in the rising sun.  
    My eyes in the stars,  
    That look down on you every night.